

SACRED HEART

202 Maple Avenue West

(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686

* does not receive text messages

Clergy

Fr. Adam Hamness

ahamness@crookston.org

Deacon Pete Bellavance

deaconpete.shfre@arvig.net

Deacon Trevor Pikula

deacontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch

christined.shfre@arvig.net

Office Days: She will be out of the office until January 27th. She will never ask you for any money via text or email. If you get one it is a scam.

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark

music.shfre@gmail.com

On this Second Sunday in Ordinary Time, the readings prompt us to look closely at who Jesus is and what it means to recognize Him in our midst. In the Gospel, John the Baptist points to Jesus and declares, "Behold, the Lamb of God, who takes away the sin of the world." This is not a dramatic miracle or a public sign, but a moment of witness. John teaches us that faith often begins simply by noticing and **naming** the presence of Christ.

In moments of stress or trouble, being able to name or acknowledge the presence of Jesus is the very first step. When we are in distress or danger, if we can just realize or remember that Jesus is with us, and that **he wants to help us**, and that **he wants to be with us**, that is the best thing we can do. From there, Jesus can take over the situation and act through us, but first we have to remember that he is with us and that he wants to help us. This is sometimes hard to do, so we need to train ourselves to do this when we encounter small, little troubles, so that it will be more automatic when the trouble is great.

Give yourself this assignment this week. When some little, irritating thing happens, think to yourself that Jesus is with you, that he wants to be with you, and that he wants to help you, and just see how the irritating situation is changed now that you have brought it into the presence of the Lord. Try it and be amazed! Say to yourself, "Behold the Lamb of God!" Notice that he is with you.

	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESIONS
St Anthony	Saturday	January 17	9:00 am	No Mass:	8:30 am
	Saturday	January 17	4:00 pm	Mass: Ayden Grossman	3:30 pm
	Sunday	January 18	8:30 am	Mass: † LeRoy Peichel	8:00 am
St. Agnes	Sunday	January 18	12:15 pm	Mass: Pro Populo (Latin N.O.)	
	Monday	January 19	9:00 am	Communion Service	
	Wednesday	January 21	9:00 am	Mass: † Henry Schreiner	8:30 am
	Thursday	January 22	9:00 am	Mass: John Buschette	8:30 am
	Thursday	January 22	9:30 am	Adoration--Benediction 6:40pm	
	Thursday	January 22	10:00 am	Mass: For the Sick (Care Center)	
	Friday	January 23	9:00 am	Mass: † Arlene Schreiner	8:30 am
St. Francis de Sales	Saturday	January 24	9:00 am	Mass: David Buschette	8:30 am
	Saturday	January 24	4:00 pm	Mass: † George Altstadt	3:30 pm
	Sunday	January 25	8:30 am	Mass: Hudson Baumgart	8:00 am
	Sunday	January 25	12:15 pm	Mass: † Mona Matuska (Latin N.O.)	

MONDAY

January 19

Weekday

1 Sm 15:16-23

Mk 2:18-22

TUESDAY

January 20

Weekday

1 Sm 16:1-13

Mk 2:23-28

WEDNESDAY

January 21

*St. Agnes, Virgin and Martyr*1 Sm 17:32-33,
37, 40-51

Mk 3:1-6

THURSDAY

January 22

*Day of Prayer for the Legal Protection of Unborn Children*1 Sm 18:6-9;
19:1-7

Mk 3:7-12

FRIDAY

January 23

Weekday

1 Sm 24:3-21

Mk 3:13-19

SATURDAY

January 24

*St. Francis de Sales, Bishop and Doctor of the Church*2 Sm 1:1-4,
11-12, 19, 23-27

Mk 3:20-21

SUNDAY

January 25

Third Sunday in Ordinary Time

Is 8:23-9:3

1 Cor 1:10-13, 17

Mt 4:12-23

or 4:12-17

In 2025, your contributions to FACC were used to fund the following:

—Donations to 8 parishioners with catastrophic medical issues

—Donations to the Becker

County Food Pantry

—Donation of 30 Christmas Gift Cards for Frazee Family Foods administered by

Mahube in Frazee from the Angel tree

—Donations of over 500 clothing and personal items for the Care Corner at Frazee High School from the Angel tree

—Funding the food vouchers administered through the parish office

Thanks for your selfless support of these Corporal Works of Mercy!!

“Now the Lord has spoken who formed me as his servant from the womb...” ISAIAH 49:5

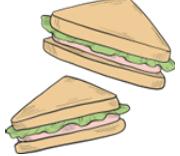
God have given each of us different gifts. In order for God’s plan to work, you have to do what God is calling you to do, and I have to do what God is calling me to do. And guess what? God has given each of us a different plan!

So, stop comparing yourself to others. Don’t let envy and jealousy enter your life. Be thankful for the gifts God has given you and become the saint that God is calling you to be.



Please join the Sacred Heart family for a free soup and sandwich meal on Sunday January 25th from 11:30am to 1:30pm.

Hope to see everyone there!!

**Ministry Schedule**

	Saturday-Jan. 24th	Sunday-Jan. 25th	Sunday-Jan. 25th
	4:00 pm	8:30 am	12:15 pm
Altar Server	Paul S Jonah S	John H Ronin M	Dominic P Andrew P
Eucharistic Minister	Jim J Kathy P	Roxie R Tracy R	
Lector	Jim C	Mary F	Chris P
Greeter	Jill M	Monica F	
Ushers	Daniel A Tom M Bruce C Long N	Daniel G Terry T John S Glen R	Greg Z
Sacristan	Dave G	Mark B	Chris P

January's Second Collections: 4th — Roof, 18th—Solidarity of the Church in Africa, 25h—FACC

1-11-2026 **2 weeks** Attendance 572—6 Masses
 Collection Income \$ 10,916.00 FACC \$ 1,600.00
 Roof Loan \$ 2,939.00 Children’s Project \$ 54.00

Ministry Schedule

	Saturday-Jan. 31st	Sunday—Feb. 1st	Sunday—Feb. 1st
	4:00 pm	8:30 am	12:15 pm
Altar Server	*Need* *Need*	Nora A Thomas A	William C Leo N
Eucharistic Minister	Russ K Marlys J	Rose R Becca G	
Lector	Mary Ann K	Bev R	Rob D
Greeter	Wanda B	Sharon H	
Ushers	John M Ross K Roger S Mike S	Robert S Bruce H Chris S Jason H	Josh N
Sacristan	Jim J	Fred D	Rob D

January's Second Collections: 4th — Roof, 18th—Solidarity of the Church in Africa, 25h—FACC

Upcoming Events

Mon. Jan. 19th—FACC meeting at 6pm
Tue. Jan. 20th—Let's talk Jesus 7pm to 8:30pm
Thur. Jan. 22nd—Adoration 9:30am-Benediction at 6:40pm
Sun. Jan. 25th— Sacred Heart's soup and sandwich meal from 11:30am-1:30pm
Tue. Jan. 27th—Let's talk Jesus 7pm to 8:30pm
Thur. Jan. 29th—Adoration 9:30am-Benediction at 6:40pm
Mon. Feb. 2nd—Knights of Columbus meeting at 7pm
Tue. Feb. 3rd—Let's talk Jesus 7pm to 8:30pm
Thur. Feb. 5th—Adoration 9:30am-Benediction at 6:40pm



The 2026 Knights of Columbus Free Throw Championship will be held on Sunday, January 18th, at 1 p.m. at the Frazee High School Main Gym. All boys and girls ages 9 to 14 are invited to participate in the competition, with the winners advancing to the district level competition later in February. For additional information, please contact Mike Sharp at (320) 220-1538.

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

Parish Members and Family:

Stacy Moe—Lisa Flynn—Eloise George—
Gary Young—Jeanne Riley—Noah
Goeddertz—Dallas Flynn—Maureen
Foley—Father Ilanga—Scott King—
Roger Moe—Jim Henn—Mike Hofer—Jeff
Sorlein—Russ Karasch—RIP Florence Jenson

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

Youth

Wed. Jan. 21st—Release Time grades 1st-6th
Wed. Jan 21st—Evening RE grades 7th-11th 6:30pm to 7:30pm
Wed. Jan. 28th—Release Time grades 1st-6th
Wed. Jan 28th—Evening RE grades 7th-11th 6:30pm to 7:30pm
Wed. Feb. 4th—Release Time grades 1st-6th
Wed. Feb. 4th—Evening RE grades 7th-11th 6:30pm to 7:30pm
Wed. Feb. 11th—Release Time grades 1st-6th
Wed. Feb. 11th—Evening RE grades 7th-11th 6:30pm to 7:30pm

Christmas Flower Memorial Donations:

Eugene (Pete) Schaffer—Richard Krieg—Georgia Krieg—Veronica Schaffer—Jim and Bonnie Wallace—Ray Wothe—James Coufal—Arlene Coufal—Frances Larson Bakken—Bernard Larson—Ingvald Bakken—Keith Larson—Bernie Larson—Joni Larson—Luann Larson—Karen Coufal Wilson—Scott Schermerhorn—Debbie Coufal—Maud Haas—Betty Nebosis—Irene and Anthony Peichel—Gladys Thom—John and Frieda Herold—Ray Meyhoff—Henry Schreiner—Arlene Schreiner—Cecil Hensel—Thomas Hensel—April Stenger—Cecil and Betty Cook—Cecil and Laura Cook—Cameron and Rose Olson—Chad Jutz—Ray Buschette—Lillian Buschette—Kim Johnson—Joe and Margaret Stenger—Terry and Claire Courneya—Richard and Lois Kunz—LeRoy Peichel—Hien Nguyen—Berger and Winter loved ones—The Deceased Riewer family members—Rodger Palmer—Verne and Sarah Hunt—Robert and Rosemary LaPlante—Eunice Clarey

Cursillos

Would you like to deepen your faith and let Jesus become more involved in your life? Let the Spirit lead you on a Cursillo. The Diocese of Crookston is offering a Men's Cursillo on the weekend of February 19-22 and the Women's Cursillo on the weekend of March 19-22 at the Nazareth Retreat House in Crookston. Applications are available at <https://crookstoncursillo.weebly.com/>.

Healing Service at Cathedral of the Immaculate Conception, Crookston, MN. January 25, 2026, from 1 pm-3 pm Bishop Andrew Cozzens will be presiding.

SACRED HEART CATHOLIC CHURCH

MONDAY

January 26

Sts. Timothy and

Titus, Bishops

2 Tm 1:1-8

or Ti 1:1-5

Mk 3:22-30

TUESDAY

January 27

Weekday

2 Sm 6:12b-15,

17-19

Mk 3:31-35

WEDNESDAY

January 28

St. Thomas Aquinas,

Priest and Doctor

of the Church

2 Sm 7:4-17

Mk 4:1-20

THURSDAY

January 29

Weekday

2 Sm 7:18-19,

24-29

Mk 4:21-25

FRIDAY

January 30

Weekday

2 Sm 11:1-4a,

5-10a, 13-17

Mk 4:26-34

SATURDAY

January 31

St. John Bosco,

Priest

2 Sm 12:1-7a,

10-17

Mk 4:35-41

SUNDAY

February 1

Fourth Sunday

in Ordinary Time

Zep 2:3; 3:12-13

1 Cor 1:26-31

Mt 5:1-12a

	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESIONS
St. Francis de Sales	Saturday	January 24	9:00 am	Mass: David Buschette	8:30 am
	Saturday	January 24	4:00 pm	Mass: † George Altstadt	3:30 pm
	Sunday	January 25	8:30 am	Mass: Hudson Baumgart	8:00 am
	Sunday	January 25	12:15 pm	Mass: † Mona Matuska (Latin N.O.)	
St. Timothy and St. Titus	Monday	January 26	9:00 am	Communion Service	
St. Thomas Aquinas	Wednesday	January 28	9:00 am	Mass: Paul Buschette	8:30 am
	Thursday	January 29	9:00 am	Mass: † James and Geraldine Johnson	8:30 am
	Thursday	January 29	9:30 am	Adoration--Benediction 6:40pm	
	Thursday	January 29	10:00 am	Mass: For the Sick (Care Center)	
	Friday	January 30	9:00 am	Mass: Pro Defunctis	8:30 am
St. John Bosco	Saturday	January 31	9:00 am	Mass: Michael Szepieniec	8:30 am
	Saturday	January 31	4:00 pm	Mass: In Thanksgiving	3:30 pm
	Sunday	February 1	8:30 am	Mass: † LeRoy Peichel	8:00 am
	Sunday	February 1	12:15 pm	Mass: † Julie Hall (Latin N.O.)	

Ecclesia Domestica is beginning our 2026 Retreat Year with our upcoming Women's

Retreat - Women of Valor: Courageous - Wise - Patient - Strong, January 30 to February 1, 2026 at the Sisters of St. Francis Retreat Center in Hankinson, ND. One of the great things about Ecclesia Domestica, is the fellowship with other Catholics as you encounter Jesus Christ together. Most people who come to an Ecclesia Domestica retreat for the first time do so because they were personally invited by a friend.

When: Jan 30 - Feb 1, 2026--Begins 8:00am Friday--Ends about noon Sunday

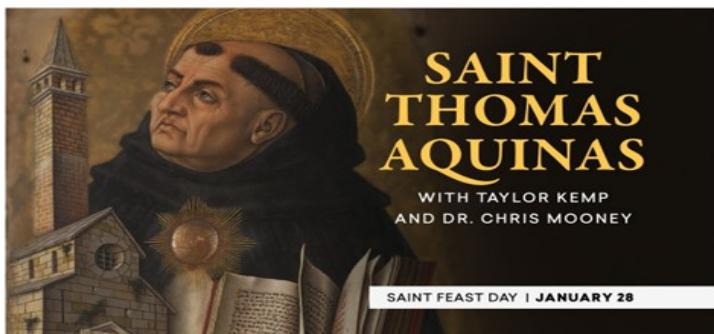
Where: Sisters of St. Francis Retreat & Conference Center

102 6th Street Southeast- Hankinson, ND

Cost: \$300 - Inc. accommodation & meals

\$250 - Students rate

For More Info Contact: Deacon Thane Barnier @ (605) 929-2551 or Email EcclesiaRetreats@ecclesiadomestica.net



St. Thomas Aquinas | Catholic Saints

St. Thomas Aquinas was given one of the greatest minds in history. He devoted his life to studying God. Not only did St. Thomas cover almost all of theology, but he also did it while maintaining theological accuracy.

Our parish has a free Formed subscription for you! Simply scan the QR code or visit formed.org/signup to create your account and select our parish to get free access to this content and much more!

