# SACRED HEART



## CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

202 Maple Avenue West

(218) 334-4221

Sacramental Emergency Line\*: (218) 209-2686

\* does not receive text messages

Clergy

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Deacon Pete Bellavance deaconpete.shfre@arvig.net

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Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net
Office Days: Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@qmail.com

Advent is a time to "make straight the way of the Lord." That means it is a time to prepare to welcome Lord at his birth. We prepare to greet him when we put up festive decorations and Christmas lights, along with wreaths and mistletoe, but the most important preparations are from within. We need to make our hearts into hospitable homes to receive Jesus. There are many ways to do this by prayer, fasting, and almsgiving, but there is still one essential component: reconciliation. Make a good confession before Christmas! Clean out the cobwebs and dust of sin and make your soul sparkling and fresh.

Remember, there is confession before most every Mass, and there is an extended period on Saturday afternoons from 3:00-4:00 in Frazee, but there are other opportunities as well at neighboring parishes, so check their websites and bulletins. Moreover, the priests of our region have committed helping with to a "Day of Grace" at Holy Rosary in Detroit Lakes on Thursday, December 18. This is a day when a priest will be available to hear your confession from 11:00 a.m. until 6:00 p.m. I have signed up to take a couple of hours and the other hours will be filled by other priests from the surrounding towns. This is for anyone from any parish, not just Holy Rosary parishioners.

To help you prepare, I am including an Examination of Conscience as an insert in this bulletin. If you have forgotten how to go to confession, the "procedure" along with an Act of Contrition is on the back side of the insert.

|   | WEEKDAY   | DATE        | TIME     | Service/Intention                  | Confessions |
|---|-----------|-------------|----------|------------------------------------|-------------|
|   | Saturday  | December 6  | 9:00 am  | Mass: † Father Ben Hadrich         | 8:30 am     |
|   | Saturday  | December 6  | 4:00 pm  | Mass: Katie Courneya               | 3:30 pm     |
| Second Sunday of Advent                         | Sunday    | December 7  | 8:30 am  | Mass: † Frank Stegmaier            | 8:00 am     |
|   | Sunday    | December 7  | 12:15 pm | Mass:† Sherrie Winters(Latin N.O.) |             |
| The Immaculate Conception of the Blessed Virgin | Monday    | December 8  | 7:00 pm  | Mass: Pro Populo                   |             |
|   | Wednesday | December 10 | 9:00 am  | Mass: † Debbie Larson              | 8:30 am     |
|   | Thursday  | December 11 | 9:00 am  | NO Mass:                           |             |
|   | Thursday  | December 11 | 9:30 am  | NO Adoration                       |             |
|   | Thursday  | December 11 | 10:00 am | NO Mass: (Care Center)             |             |
| Our Lady of Guadalupe                           | Friday    | December 12 | 9:00 am  | Mass: Pro Defunctis                | 8:30 am     |
| St. Lucy  | Saturday  | December 13 | 9:00 am  | Mass: † Julie Hall                 | 8:30 am     |
|   | Saturday  | December 13 | 4:00 pm  | Mass: Pro Populo                   | 3:30 pm     |
| Third Sunday of Advent                          | Sunday    | December 14 | 8:30 am  | Mass: † Paul Guck                  | 8:00 am     |
|   | Sunday    | December 14 | 12:15 pm | Mass:† Fred Hall (Latin N .O.)     |             |

#### MONDAY

December 8
The Immaculate
Conception of the
Blessed Virgin
Mary
Gn 3:9-15, 20
Eph 1:3-6, 11-12
Lk 1:26-38

#### **TUESDAY**

December 9 Advent Weekday Is 40:1–11 Mt 18:12–14

#### WEDNESDAY

December 10 Advent Weekday Is 40:25-31 Mt 11:28-30

#### **THURSDAY**

December 11 Advent Weekday Is 41:13–20 Mt 11:11–15

#### **FRIDAY**

December 12 Our Lady of Guadalupe Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab Lk 1:26-38 or Lk 1:39-47

#### **SATURDAY**

December 13 St. Lucy, Virgin and Martyr Sir 48:1–4, 9–11 Mt 17:9a, 10–13

#### **SUNDAY**

December 14 Third Sunday of Advent Is 35:1-6a, 10 Jas 5:7-10 Mt 11:2-11

## Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill.

### Parish Members and Family:

Stacy Moe—Lisa Flynn—
Eloise George—Gary
Young—Jeanne Riley—
Noah Goeddertz—Dallas
Flynn—Maureen Foley

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com.

"Therefore, every tree that does not bear good fruit will be cut down and thrown into the fire."

MATTHEW 3:10

Do you bear good fruit for Jesus? Do you spend time in prayer or do you waste it with mindless activity? Do you use your talent to help others or are you too busy? Do you use your treasure to support the Church or do you buy more things that go unused. Our time, talent, and treasure are gifts from God. What we do with these gifts is our gift back to Him. What gifts are you planning to give to the Lord during this upcoming Christmas season?



## **Advent Carols and Vespers**

A peaceful Holy Hour with Adoration and Singing to stir up our longing for the coming of the Lord.

Sacred Heart Church in Frazee Sunday, December 21<sup>st</sup> 4:30 p.m.

Hot apple cider and treats to follow



Don't forget to place your bids on the Christian Mothers Christmas silent auction baskets. Final Bids will stop on Sunday December 7th at 9:30am.

11-30-2025 **2 weeks** Attendance 649—6 Masses Collection Income \$ 6,559.00 FACC \$ 0.00 Roof Loan \$ 260.00 Children's Project \$ 70.00

#### **Ministry Schedule**

| Willistry Schedule   |                               |                             |                              |  |  |  |  |
|--|-------------------------------|-----------------------------|------------------------------|--|--|--|--|
|  | Saturday-Dec. 13th<br>4:00 pm | Sunday-Dec. 14th<br>8:30 am | Sunday-Dec. 14th<br>12:15 pm |  |  |  |  |
| Altar Server   | Paul S                        | Hudson B                    | William C                    |  |  |  |  |
|  | Matthew S                     | Shelby B                    | John H                       |  |  |  |  |
| Eucharistic  | Jerlyn B                      | Sharon G                    |                              |  |  |  |  |
| Minister   | Kathy P                       | Sandy G                     |                              |  |  |  |  |
| Lector   | Jim C                         | Angie J                     | Rob D                        |  |  |  |  |
| Greeter  | Susan J                       | Monica F                    |                              |  |  |  |  |
| Ushers   | John M                        | Nathan M                    | Andy H                       |  |  |  |  |
|  | Ross K                        | Ryan R                      |                              |  |  |  |  |
|  | Roger S                       | Ed J                        |                              |  |  |  |  |
|  | Mike S                        | Bud J                       |                              |  |  |  |  |
| Sacristan  | Jim J                         | Tim S                       | Rob D                        |  |  |  |  |
| <b>December's Second Collections:</b> 7th— Roof, 14th—Retired Priest, 28h—FACC |                               |                             |                              |  |  |  |  |

### **Upcoming Events**

Sat. Dec. 6th and Sun. Dec. 7th—Christian Mothers baskets silent auction event

Sun. Dec. 7th—Knights of Columbus annual Christmas party at 5pm, followed by the Knights of Columbus Raffle drawing at 7pm. Christian Mothers and spouse are welcome.

Tue. Dec. 9th—Advent "Adore" group discussion at 3:45pm

Tue. Dec. 9th—Let's talk Jesus at 7pm—8:30pm
Thurs. Dec. 11th—Adoration at 9:30amBenediction at 6:40pm

Tue. Dec. 16th—Advent "Adore" group discussion at 3:45pm

Tue. Dec. 16th—Let's talk Jesus at 7pm— 8:30pm Thurs. Dec. 18th—24-Hour Adoration

Sun. Dec. 21st—Knights of Columbus meeting at 10am

Sun. Dec. 21st—Parish pot-luck at 1:15pm Sun. Dec. 21st—Advent Caroling and Vespers

4:30pm-5:30pm

Tue. Dec. 23rd—Advent "Adore" group discussion at 3:45pm

Tue. Dec. 23rd—Let's talk Jesus at 7pm— 8:30pm

The St. Gianna's Group of St.

Philip's in Bemidji will be hosting the annual Bemidji March for

Life on Saturday January

24, 2026 beginning at Noon in front of the Beltrami County

Courthouse. The local March for

Life is sponsored by the St.

Gianna's ministry and the

Bemidji Knights of Columbus.

## Youth

Wed. Dec. 10th—Release Time grades 1st-6th

Wed. Dec. 10th —Evening RE grades 7th-11th 6:30pm to

7:30pm

Wed. Dec. 17th—Release Time grades 1st-6th

Wed. Dec. 17th —Evening RE grades 7th-11th 6:30pm to

7:30pm

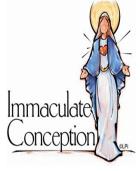
Wed. Dec. 24th —NO Release Time Wed. Dec. 24th —NO Evening RE

into this Advent season.

Come and gather with a group to watch and discuss "Adore" by Fr. John Burn which is on FORMED. We will meet at 3:45pm in the Confirmation room downstairs for 4 weeks starting December 2nd. There is a guided Advent journal for prayer and meditation that can be purchased at avamariapress.com/adore. You do not need to have this, but can order it if you wish to dig deeper



Are you a high schooler that is desiring to learn more about your faith? Have you had an encounter with the Lord that you desire to deepen? These retreats are for you! These 24-hour retreats are inspired by 1 Peter 3:15 \* "But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect."



Sacred Heart will have mass for the Immaculate Conception of the Blessed Virgin Mary on Monday December 8th at 7pm. It is a Holy Day of Obligation.



Spend January 9-11, 2026 with St. Thérèse of Lisieux during this women's silent retreat to unpack some of her key pieces of wisdom on living a life of complete trust, confidence in God, and of living spiritual childhood. The retreat includes conferences, Mass, confession, Adoration, spiritual direction as well as time to pray, rest, and enjoy the Nazareth Retreat House in Crookston. Ashley Njaa, a wife, mother, and DRE who has spent time researching, writing, and presenting on Thérèsian spirituality will be giving the conference sessions and Bishop Andrew Cozzens will be present throughout the retreat to provide the sacraments and spiritual direction.



This January more than 10 priests and deacons and several individuals trained in the healing ministry will gather at the Pastoral Center in Crookston to share the mighty works of Jesus Christ and His Healing power in talks and individual sessions.

Topics such as the healing power of the Eucharist and Reconciliation. Time for private prayer in adoration throughout the retreat weekend. You will be able to take advantage of confession during the weekend as well as sign up for a private spiritual direction session with a priest or deacon. You will also have the opportunity to spend private time in a prayer session with a team made up of a priest or deacon and one or two individuals trained in the healing ministry.

On Sunday the 25th the retreat will close with a Healing Service at the Cathedral (Across the parking lot) open to the public from 1 to 3 p.m.

We can never know how the Holy Spirit will work, all we can do is come prayerfully before the Lord open to whatever and however, he wishes to work in our lives.



This silent retreat led by Bishop Cozzens will consist of conferences each day aimed at helping you to relate and receive from God in the present, with daily Mass, daily Eucharistic Adoration, and plenty of opportunities for silence and solitude. In addition, there will be times of individual spiritual direction. There will be plenty of guidance in terms of how to be in the silence on retreat, so if this is your first silent retreat there is no need to fear.