

First Sunday of Advent

NOVEMBER 30, 2025

SACRED HEART

202 Maple Avenue West

(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686

* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org
Deacon Pete Bellavance deaconpete.shfre@arvig.net
Deacon Trevor Pikula deaontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net
Office Days: Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com



First Sunday of Advent

The first candle that is lit is the Prophet's Candle. The candle symbolizes "Hope". It reminds us that Jesus is coming.

And again Isaiah says: "The root of Jesse, shall come, raised up to rule the Gentiles; in him shall the Gentiles hope"

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

Romans 15: 12-13

	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	November 29	9:00 am	Mass: † Father Ben Hadrich	8:30 am
	Saturday	November 29	4:00 pm	Mass: † Mike Black	3:30 pm
First Sunday of Advent	Sunday	November 30	8:30 am	Mass: † Harriet Leone	8:00 am
	Sunday	November 30	12:15 pm	Mass: † Pro Populo (Latin N.O.)	
	Monday	December 1	9:00 am	Communion Service	
St. Francis Xavier	Wednesday	December 3	9:00 am	Mass: † Gary Berger	8:30 am
	Thursday	December 4	9:00 am	Mass: † Paul Guck	8:30 am
	Thursday	December 4	9:30 am	Adoration-Benediction at 6:40pm	
	Thursday	December 4	10:00 am	Mass: For the sick (Care Center)	
	Friday	December 5	9:00 am	Mass: Pro Defunctis	8:30 am
	Saturday	December 6	9:00 am	Mass: † Father Ben Hadrich	8:30 am
	Saturday	December 6	4:00 pm	Mass: Katie Courneya	3:30 pm
Second Sunday of Advent	Sunday	December 7	8:30 am	Mass: † Frank Stegmaier	8:00 am
	Sunday	December 7	12:15 pm	Mass: † Sherrie Winters (Latin N.O.)	

MONDAY

December 1
Advent Weekday
Is 4:2-6
Mt 8:5-11

TUESDAY

December 2
Advent Weekday
Is 11:1-10
Lk 10:21-24

WEDNESDAY

December 3
St. Francis Xavier,
Priest
Is 25:6-10a
Mt 15:29-37

THURSDAY

December 4
Advent Weekday
Is 26:1-6
Mt 7:21, 24-27

FRIDAY

December 5
Advent Weekday
Is 29:17-24
Mt 9:27-31

SATURDAY

December 6
Advent Weekday
Is 30:19-21,
23-26
Mt 9:35-10:1,
5a, 6-8

SUNDAY

December 7
Second Sunday
of Advent
Is 11:1-10
Rom 15:4-9
Mt 3:1-12

Parishioners' Prayer

Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill.

Parish Members and Family:

Stacy Moe—Lisa Flynn—
Eloise George—Gary
Young—Jeanne Riley—
Joe Jaroszewski—Noah
Goeddertz—Scott King—
Dallas Flynn—Maureen
Foley—RIP Pete
Graham—Rip Laura
Bergen

To submit a prayer request for our
prayer chain, text 817 229 6789 or
frazeeprayerchain@gmail.com.

*"Therefore, stay awake!
For you do not know on
which day your Lord will
come."*

MATTHEW 24:42

People who have had health issues or near-death experiences generally have a greater appreciation for each day being a gift from God. The rest of us usually take for granted that we will be around tomorrow. But when you start to look at each day as a gift, you realize all the little miracles that happen daily and you begin to see God's active presence in your life. You grow in gratitude, each day, for all that we have been given.

The Christian Mothers is having their Christmas silent auction basket event on December 6th and 7th. Let your creative minds and talents work their magic. Baskets can be dropped off at the office anytime. Final Bids will stop on Sunday December 7th at 9:30am.

Thank you everyone who made the bake and craft sale a success. A lot of tasty treats were made and purchased. There will be some excited people these next couple of weeks as they receive a home-made quilted or craft item that the stitchers and others created.

*Please let Chris Peluso, 218-371-7336, know what ministries you are able to help with January, February, March and April. He will be working on the Liturgical Ministry schedule. Contact him by **December 14th** on how and when you can help serve in any of the ministries needed for Mass these next couple of months. Thank you for serving!!*

The Feast of Our Lady of Guadalupe is coming up Dec. 12 and all are invited to join a 9-day Novena through Flocknote that begins on Dec. 4. Inspired by Bishop Andrew Cozzens' pastoral letter, New Life Through the Tender Compassion of Our God, we are called to renew our faith, wisely steward our resources, and invite others to experience new life in Christ, guided by the intercession of Our Lady of Guadalupe. Each day of the Novena, you'll receive prayers in your email inbox designed to intercede for our diocese and our Diocesan Planning Commission, while also strengthening your faith.

Ministry Schedule

	Saturday—Dec. 6th 4:00 pm	Sunday—Dec. 7th 8:30 am	Sunday—Dec. 7th 12:15 pm
Altar Server	Jonah S Matthew S	Thomas A Nora A	Dominic P Andrew P
Eucharistic Minister	Russ K Barb R	Rose R Becca G	
Lector	Mary Ann K	Bev R	Chris P
Greeter	Wanda B	Sharon H	
Ushers	Daniel A Tom M Bruce C Long N	Robert S Bruce H Chris S Jason H	Greg Z
Sacristan	Jim J	Tim S	Chris P

December's Second Collections: 7th— Roof, 14th—Retired Priest, 28h—FACC

Upcoming Events

Mon. Dec. 1st—Knights of Columbus Meeting—Social at 6pm meeting at 7pm

Tue. Dec. 2nd—Advent “Adore” group discussion at 3:45pm

Tue. Dec. 2nd—Let’s talk Jesus at 7pm– 8:30pm

Thurs. Dec. 4th—Adoration at 9:30am-Benediction at 6:40pm

Sat. Dec. 6th—Christian Mothers Meeting at 2:00 pm

Sat. Dec. 6th and Sun. Dec. 7th—Christian Mothers baskets silent auction event

Sun. Dec. 7th—Knights of Columbus annual Christmas party at 5pm, followed by the Knights of Columbus Raffle drawing at 7pm. Christian Mothers and spouse are welcome.

Tue. Dec. 9th—Advent “Adore” group discussion at 3:45pm

Tue. Dec. 9th—Let’s talk Jesus at 7pm– 8:30pm

Thurs. Dec. 11th—Adoration at 9:30am-Benediction at 6:40pm

Tue. Dec. 16th—Advent “Adore” group discussion at 3:45pm

Tue. Dec. 16th—Let’s talk Jesus at 7pm– 8:30pm

Thurs. Dec. 18th—24-Hour Adoration

Sun. Dec. 21st—Knights of Columbus meeting at 10am

Sun. Dec. 21st—Parish pot-luck at 1:15pm

Sun. Dec. 21st—Advent Caroling and Vespers 4:30pm -5:30pm

Tue. Dec. 23rd—Advent “Adore” group discussion at 3:45pm

Tue. Dec. 23rd—Let’s talk Jesus at 7pm– 8:30pm



Angel Choir practices will be the first and third Sundays of the month after the 8:30 a.m. Mass. If you're child is interested in singing please talk with Tonia or just show up to a practice! Angel Choir will be singing for Christmas Eve Mass.

Youth

Wed. Dec. 3rd —Release Time grades 1st-6th

Wed. Dec. 3rd —Evening RE grades 7th-11th 6:30pm to 7:30pm

Wed. Dec. 10th—Release Time grades 1st-6th

Wed. Dec. 10th —Evening RE grades 7th-11th 6:30pm to 7:30pm

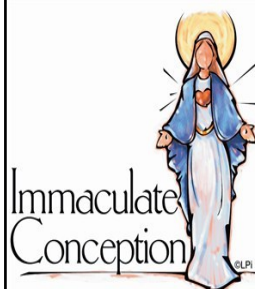
Wed. Dec. 17th— Release Time grades 1st-6th

Wed. Dec. 17th —Evening RE grades 7th-11th 6:30pm to

Come and gather with a group to watch and discuss “Adore” by Fr. John Burn which is on FORMED. We will meet at 3:45pm in the Confirmation room downstairs for 4 weeks starting December 2nd. There is a guided Advent journal for prayer and meditation that can be purchased at avamariapress.com/adore. You do not need to have this, but can order it if you wish to dig deeper into this Advent season.

December 13th -14th, 2025
Reason For Hope Retreat

Are you a high schooler that is desiring to learn more about your faith? Have you had an encounter with the Lord that you desire to deepen? These retreats are for you! These 24-hour retreats are inspired by 1 Peter 3:15—“But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.”

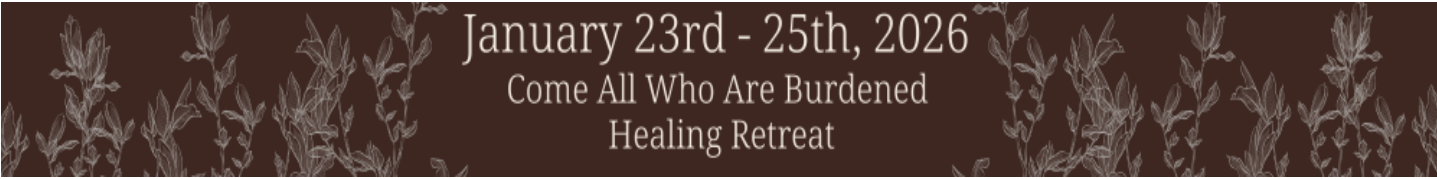


Sacred Heart will have mass for the Immaculate Conception of the Blessed Virgin Mary on Monday December 8th at 7pm. It is a Holy Day of Obligation.



January 9th - 11th 2026 St. Therese of Lisieux Women's Silent Retreat

Spend January 9-11, 2026 with St. Thérèse of Lisieux during this women's silent retreat to unpack some of her key pieces of wisdom on living a life of complete trust, confidence in God, and of living spiritual childhood. The retreat includes conferences, Mass, confession, Adoration, spiritual direction as well as time to pray, rest, and enjoy the Nazareth Retreat House in Crookston. Ashley Njaa, a wife, mother, and DRE who has spent time researching, writing, and presenting on Thérésian spirituality will be giving the conference sessions and Bishop Andrew Cozzens will be present throughout the retreat to provide the sacraments and spiritual direction.



January 23rd - 25th, 2026 Come All Who Are Burdened Healing Retreat

This January more than 10 priests and deacons and several individuals trained in the healing ministry will gather at the Pastoral Center in Crookston to share the mighty works of Jesus Christ and His Healing power in talks and individual sessions.

Topics such as the healing power of the Eucharist and Reconciliation. Time for private prayer in adoration throughout the retreat weekend. You will be able to take advantage of confession during the weekend as well as sign up for a private spiritual direction session with a priest or deacon. You will also have the opportunity to spend private time in a prayer session with a team made up of a priest or deacon and one or two individuals trained in the healing ministry.

On Sunday the 25th the retreat will close with a Healing Service at the Cathedral (Across the parking lot) open to the public from 1 to 3 p.m.

We can never know how the Holy Spirit will work, all we can do is come prayerfully before the Lord open to whatever and however, he wishes to work in our lives.



January 29th - February 1st, 2026 Men's Silent Retreat

This silent retreat led by Bishop Cozzens will consist of conferences each day aimed at helping you to relate and receive from God in the present, with daily Mass, daily Eucharistic Adoration, and plenty of opportunities for silence and solitude. In addition, there will be times of individual spiritual direction. There will be plenty of guidance in terms of how to be in the silence on retreat, so if this is your first silent retreat there is no need to fear.