SACRED HEART

202 Maple Avenue West

(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209–2686

* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org

Deacon Pete Bellavance deaconpete.shfre@arvig.net

Deacon Trevor Pikula deacontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net
Office Days: Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com



Sister Annella Zervas, O.S.B. (1900–1926), was a Benedictine nun from Moorhead, Minnesota, remembered for her holiness, humility, and serene suffering. At age 16, she entered St. Benedict's Convent in St. Joseph, Minnesota, where she became a postulant and later a novice. Taking the name Sister Annella, she dedicated herself to the Benedictine ideals of prayer, work, and obedience. Her life was marked by quiet devotion, charity toward others, and a deep interior life centered on the Eucharist.

In her early twenties, Sister Annella developed a severe and disfiguring skin disease, believed to be lupus vulgaris or another chronic infection. The illness caused intense pain and isolation, yet she bore her

suffering with extraordinary patience and cheerfulness, uniting it to Christ's Passion. Her fellow sisters and visitors were deeply moved by her serenity and holiness amid agony. She died at only 26 years old on August 14, 1926, the eve of the Assumption, peacefully accepting death as "God's holy will."

After her death, reports of favors and healings through her intercession spread, and devotion to her memory grew in Minnesota and beyond. Though not officially canonized, many continue to regard Sister Annella Zervas as a model of hidden sanctity and redemptive suffering.

	WEEKDAY	Date	TIME	Service/Intention	Confessions
	Saturday	October 11	9:00 am	Mass: † Paul Guck	8:30 am
	Saturday	October 11	5:00 pm	Mass: Healing Mass	4:30 pm
	Sunday	October 12	8:30 am	Mass: † Duane Larson	8:00 am
	Sunday	October 12	12:15 pm	Mass: Pro Populo (Latin N.O.)	
	Monday	October 13	9:00 am	Communion Service	
	Wednesday	October 15	9:00 am	NO Mass:	
	Thursday	October 16	9:00 am	NO Mass:	
	Thursday	October 16	9:30 am	24-Hour Adoration	
	Thursday	October 16	10:00 am	NO Mass: (Care Center)	
	Friday	October 17	9:00 am	NO Mass:	
	Saturday	October 18	9:00 am	NO Mass:	
	Saturday	October 18	5:00 pm	Mass: † Rodger Palmer	4:30 pm
	Sunday	October 19	8:30 am	Mass: † Jean E Sailer	8:00 am
	Sunday	October 19	12:15 pm	Mass: Pro Populo (Latin N.O.)	

MONDAY

October 13 Weekday Rom 1:1-7 Lk 11:29-32

TUESDAY

October 14 *Weekday* Rom 1:16–25 Lk 11:37–41

WEDNESDAY

October 15 St. Teresa of Jesus, Virgin and Doctor of the Church Rom 2:1-11 Lk 11:42-46

THURSDAY

October 16 *Weekday* Rom 3:21–30 I k 11:47–54

FRIDAY

October 17 St. Ignatius of Antioch, Bishop and Martyr Rom 4:1-8 Lk 12:1-7

SATURDAY

October 18 St. Luke, Evangelist 2 Tm 4:10-17b Lk 10:1-9

SUNDAY

October 19
Twenty-ninth
Sunday in
Ordinary Time
Ex 17:8-13
2 Tm 3:14-4:2
Lk 18:1-8

Assumption ParishCallaway Fall Dinner
Sunday October 26th
From 11:30am-1:00pm
Wild Rice Hotdish
Salads, Frybread,
Fall Desserts
Free Will Donation
with
Suggested Adults \$14
and kids 6-12 \$6

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

Parish Members and Family:

Stacy Moe—Lisa Flynn— Eloise George—Gary Young—Jeanne Riley—Joe Jaroszewski—Noah Goeddertz—Roger Lundgren—Eric Rice— Margaret Lundgren— RIP Mona Matuska— RIP Julie Hall

"Has none but this foreigner returned to give thanks to God?"
LUKE 17:18

Most of us live relatively "easy" lives. We have food, shelter, clothing, and money. We go on vacation every year and own a car or two. Most of us take this all for granted. Did you ever notice that people with the least amount of possessions are usually the most grateful? Shouldn't this be the other way around? Take time every day and thank God for all He has given you and discern how He is calling you to share your gifts.

October 17-19, 2025

Pilgrims of Hope - Married Couples Weekend Retreat (not silent)

What does it mean to be a Pilgrim of Hope especially in this Jubilee Year? Join us for conference talks on how the Blessed Mother is an example of Hope, what is the Virtue of Hope, and how "Hope does not disappoint". Also includes a Holy Hour, confession, spiritual direction and healing service and daily Mass. Home-cooked meals; private sleeping room includes own bathroom with shower. Abundant time for personal prayer and reflection. \$50 deposit. Register online at www.kingshouse.com/events or call 763-682-1394 to make a reservation.

October 31-Nov 2, 2025 – Autumn Triduum: Snapshots of Sanctity & Habits of Holiness

Silent Weekend Retreat for Men & Women – Presented by Fr. Joseph Nassal, C.PP.S.

This weekend when we celebrate All Hallows Eve, All Saints, and All Souls, we remember how it is God who makes us worthy to be saints by calling us children of God. When we take off our masks and deepen our desire to live as children of God now, we find sanctity is not for a chosen few but for all. We invite you to bring pictures of those in your life whose holiness inspired you on your journey of faith. Home-cooked meals; private sleeping room includes own bathroom with shower. \$50 deposit. Register online at www.kingshouse.com/events or call 763-682-1394 to make a reservation.

10-5-2025 2 weeks Attendance 688—6 Masses
Collection Income \$ 7,261.00 Maintenance \$ 00.00 FACC \$ 583.00
Roof Loan Collection \$ 1,290.00 Children's Project \$ 48.00

Ministry Schedule

	Saturday-Oct. 18th 5:00 pm	Sunday-Oct. 19th 8:30 am	Sunday–Oct. 19th 12:15 pm
Altar Server	Paul S	John L	Dominic P
	Matthew S	Ronin M	Andrew P
Eucharistic	Marlys J	Roxie R	
Minister	Barb R	Tracy R	
Lector	Jim C	Mary F	Chris P
Greeter	Jill M	Monica F	
Ushers	John M	Daniel G	Greg Z
	Ross K	Terry T	
	Roger S	John S	
	Mike S	Glen R	
Sacristan	Jim J	Mark B	Chris P
Sacristan	Mike S	Glen R	Chris P

October's Second Collections: 5th-Roof, 19th-Propagation of Faith (World Mission), 26th-FACC

Upcoming Events

Tue. Oct. 14th—Women's Bible Study at 3:45pm Tue. Oct. 14th—Let's talk Jesus at 7pm— 8:30pm

Thurs. Oct. 16th—24-Hour Adoration at 9:30am

Sun. Oct. 19th—Knights Pancake Breakfast after the 8:30am Mass

Tue. Oct. 21st—Women's Bible Study at 3:45pm

Tue. Oct. 21st—Let's talk Jesus at 7pm—8:30pm

Thurs. Oct. 23rd—Adoration at 9:30am-Benedictation at 6:40pm

Sun. Oct. 26th—BINGO Fundraiser at 1:30pm

Tue. Oct. 28th—Women's Bible Study at 3:45pm

Tue. Oct. 28th—Let's talk Jesus at 7pm—8:30pm

Thurs. Oct. 30th—Adoration at 9:30am-Benedictation at 6:40pm

Sat. Nov. 1st—All Saints Day Youth Party at 10am

All Saints Day (11-1-25) Mass: 9:00 am at Sacred Heart. All Souls Day Mass will be said Saturday night at the 5pm Mass and at the Sunday 8:30am Mass.

Following the 5:00 pm mass at Sacred Heart there will be a procession in vehicles from the Church to the Cemetery with prayers for the dead and a rosary. If you have requested luminaries to be placed for your loved ones in the past they will continue to be placed at Sacred Heart cemetery. If you would like to add someone please email Christine Dornbusch at christined.shfre@arvig.net.



Knights of Columbus are having a pancake breakfast on Sunday October 19th after the 8:30am Mass.

Win a turkey or a quilt BINGO fundraiser put on by the Sacred Heart Stitchers. Sunday October 26th at 1:30pm. Donation of \$20 will allow you to play 20 games of BINGO. Dessert and beverages are provided.

Youth

Wed. Oct. 15th—Release Time grades 1st-6th

Wed. Oct. 15th—NO Evening RE grades 7th-11th

Wed. Oct. 22nd—Release Time grades 1st-6th

Wed. Oct. 22nd—Evening RE grades 7th-11th 6:30pm to 7:30pm

Wed. Oct. 29th—Release Time grades 1st-6th

Wed. Oct. 29th—Evening RE grades 7th-11th 6:30pm to 7:30pm

Wed. Nov. 5th—Release Time grades 1st-6th

Wed. Nov. 5th—Evening RE grades 7th-11th 6:30pm to 7:30pm



Prayer Angels are needed for our Confirmation
Candidates. We have 8 youth who are looking for someone to pray and share their faith with them on their journey to
Confirmation. Please see Christine if you would like to be a prayer angel this year for one of our youth.

The Confraternity of Christian Mothers is a pious association intended for mothers, which has for its special object the promotion of the Christian and Catholic education of their children. The members join their hearts in love with the Immaculate Heart of the Blessed Virgin, The Mother of Sorrows, and unite under her patronage in mutual prayer and solicitude for the welfare of their children and families.

Thank you Christian Mothers for supporting the Sacred Heart youth. This Sunday 14 youth and 4 adults will be attending a youth retreat at St. Bernard's Catholic Church in Thief River Falls. Please keep them in Prayer



This Week on Formed

Week of October 12, 2025



St. Luke the Artist

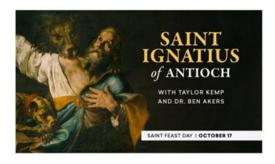
In this episode of Sacred Art, Taylor Kemp and Dr. Ben Akers discuss Rogier van der Weyden's painting, "Saint Luke Drawing the Virgin," artistry and what it reveals about St. Luke the Evangelist.



St. Teresa of Avila

A powerful epic mini-series shot on location in Spain that tells the story of one of the most amazing women in history, St.

Teresa of Avila. With meticulous attention to detail and historical accuracy, this acclaimed major film production is the definitive film on the life of this great saint.



St. Ignatius of Antioch

Learn about St. Ignatius of Antioch, a remarkable saint who died a martyr for his fidelity to Christ in this episode of Catholic Saints with Dr. Ben Akers and Taylor Kemp.

Our parish has a Formed subscription. Visit signup.formed.org and select our parish name.