

Twenty-Sixth Sunday of Ordinary Time

SEPTEMBER 29 2024

# SACRED HEART

202 Maple Avenue West

(218) 334-4221



# CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line\*: (218) 209-2686

\* does not receive text messages

### Clergy

Fr. Adam Hamness      ahamness@crookston.org  
 Deacon Pete Bellavance      deaconpete.shfre@arvig.net  
 Deacon Trevor Pikula      deacontrevor.shfre@arvig.net

### Secretary / Bookkeeper / Religious Education

Christine Dornbusch      christined.shfre@arvig.net

Office Hours: Tuesday and Thursday 8am-3pm

### Care for the Sick, Homebound, & Bereaved

Office Hours:

### Custodian & Groundskeeper

Norman Adams--Monday and Friday

### Liturgical Music

Tonia Clark

Gracious and loving God, we thank you for the gift of our priests.

Through them, we experience your presence in the sacraments.

Help our priests to be strong in their vocation.

Set their souls on fire with love for your people.

Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus.

Inspire them with the vision of your Kingdom.

Give them the words they need to spread the Gospel.

Allow them to experience joy in their ministry.

Help them to become instruments of your divine grace.

We ask this through Jesus Christ, who lives and reigns as our Eternal Priest. Amen.

*Father Hamness's reflection is on the back page*

	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	September 28	9:00 am	Mass: † Margaret and John Anderson	8:30 am
	Saturday	September 28	5:00 pm	Mass: † Carole Lee Courneya	4:30 pm
	Sunday	September 29	8:00 am	Mass: † Al Jacobson	7:30 am
	Sunday	September 29	12:15 pm	Mass: † Pro Populo (Latin N.O.)	
St. Jerome	Monday	September 30	9:00 am	No Communion Service	
The Holy Guardian Angels	Wednesday	October 2	9:00 am	Mass: † Tom Ulschmid	8:30 am
	Thursday	October 3	9:00 am	Mass: † Al Jacobson	8:30 am
	Thursday	October 3	9:30 am	Adoration-Benediction at 7pm	
	Thursday	October 3	10:00 am	Mass: For the sick (Care Center)	
St. Francis of Assisi	Friday	October 4	9:00 am	Mass: Pro Defunctis	8:30 am
	Friday	October 4	6:00 pm	Mass: Special Intentions (Latin N.O.)	
	Saturday	October 5	9:00 am	Mass: † Margaret and John Anderson	8:30 am
	Saturday	October 5	5:00 pm	Mass: Pro Populo	4:30 pm
	Sunday	October 6	8:00 am	Mass: The Ulschmid Family	7:30 am
	Sunday	October 6	12:15 pm	Mass: † Ed Wokasch (Latin N.O.)	

Bread of Life Conference 2024

St. Elizabeth Catholic Church Dilworth, MN (207 Main Street North Dilworth, MN)

In Honor of the Blessed Virgin Mary, as we dedicate the month of October to the Holy Rosary, in observance of Respect for Life Month, and during the National Eucharistic Revival 3 Presentations in Celebration of Christ in the Eucharist and the Sanctity of Human Life

Monday October 7th Ben & Janelle Gergen “We Brought Our Son to Jesus: Eucharistic Encounters On the Journey of Faithful Waiting” To read a little more about their story, and the story of their son, John Paul, go to <https://www.altru.org/blog/2013/december/rejoicing-life-while-welcoming-death-janelle-bens-story>

Tuesday October 8 Fr. Vincent Miller, STD “A Priestly People: Living The Spirit Of Our Baptism In The Eucharist”

Wednesday October 9 Bishop Andrew Cozzens celebrant: Holy Mass: “For Giving Thanks to God for the Gift of Human Life”

**MONDAY**

September 30  
St. Jerome, Priest  
and Doctor of  
the Church  
Jb 1:6-22  
Lk 9:46-50

**TUESDAY**

October 1  
St. Thérèse of the  
Child Jesus,  
Virgin and Doctor  
of the Church  
Jb 3:1-3, 11-17,  
20-23  
Lk 9:51-56

**WEDNESDAY**

October 2  
The Holy  
Guardian Angels  
Jb 9:1-12, 14-16  
Mt 18:1-5, 10

**THURSDAY**

October 3  
Weekday  
Jb 19:21-27  
Lk 10:1-12

**FRIDAY**

October 4  
St. Francis of Assisi  
Jb 38:1, 12-21;  
40:3-5  
Lk 10:13-16

**SATURDAY**

October 5  
Weekday  
Jb 42:1-3, 5-6,  
12-17  
Lk 10:17-24

**SUNDAY**

October 6  
Twenty-seventh  
Sunday  
in Ordinary Time  
Gn 2:18-24  
Heb 2:9-11  
Mk 10:2-16  
or 10:2-12

*“Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward. “Mark 9:41*

We are made in God’s image and likeness. We tend to forget this. When you look at others, do you see the face of Jesus in them? When others look at you, do they see the face of Jesus in you? When we realize that all lives matter to God, then gratitude and generously become easier. Why? Because that’s the way we are made! We are one Body of Christ; when one of us is hurting, all of us feel the pain.

9-22-2024 **1 weeks** Attendance 241—3 Masses  
Collection Income \$ 3.691.00 Maintenance \$ 00.00 FACC \$ 0.00  
Roof Loan Collection \$ 110.00 Children’s Project \$ 8.00

**Ministry Schedule**

	Saturday– Oct. 5th 5:00 pm	Sunday–Oct. 6th 8:00 am	Sunday– Oct. 6th 12:15 pm
<b>Altar Server</b>	Carson C Katie C	Isabella P Shelby B	Dominic P Andrew P
<b>Eucharistic Minister</b>		Sharon G Sandy H	
<b>Lector</b>	Dave G	Bev R	Chris P
<b>Greeter</b>	Wanda B	Monica F	
<b>Ushers</b>	John M Ross K Roger S Mike S	Ed Jutz LeRoy R Bud H Daniel G	Andy H
<b>Sacristan</b>	Jim J	Mark B	Chris P

**October 2<sup>nd</sup> Collections:** 6th-Roof, 20th-Propagatopm of faith-World Misson, 27th–FACC,

## Upcoming Events

Tue. Oct. 1st—Let's Talk Jesus-7:30pm-8:30pm  
 Thur. Oct. 3rd—Adoration at 9:30am  
 Sat. Oct. 5th—Men's Prayer group  
 Sun. Oct. 6th—Living Rosary at 8am Mass  
 Mon. Oct. 7th—Knights of Columbus meeting at 7:00pm  
 Tue. Oct. 8th—Let's Talk Jesus-7:30pm-8:30pm  
 Thur. Oct. 10th—Adoration at 9:30am— Benediction at 7pm  
 Sat. Oct. 12th—Men's Prayer group

*Join us for the Living Rosary on Sunday October 6th starting at 7:30am (before the 8:00am Mass). Everyone is encouraged to participate in reciting and bringing up roses to the Blessed Virgin Mary's Altar*

### Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

●	Stacy Moe
●	Lisa Flynn
●	Russ Karasch
●	Elaine Wokasch
●	Donata Polzin
●	Marvin Byer
●	Cheryl Hiemenz
●	Kathy Peichel
●	Robert Shelstad
●	Bernadette Quittschreiber
●	RIP Judy Amundson
●	RIP Fr. Joe DeCrans

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

## Youth

Wed. Oct. 2nd ----Release Time grades 1<sup>st</sup>-6<sup>th</sup>  
 Wed. Oct. 2nd ----Evening RE for grades 7<sup>th</sup>-11<sup>th</sup>  
 Wed. Oct.9th ----Release Time grades 1<sup>st</sup>-6<sup>th</sup>  
 Wed. Oct. 9th -----Evening RE for grades 7<sup>th</sup>-11<sup>th</sup>  
 Wed. Oct. 16th ----Release Time grades 1<sup>st</sup>-6<sup>th</sup>  
 Wed. Oct. 16th ----**NO** Evening RE for grades 7<sup>th</sup>-11<sup>th</sup>  
 Wed. Oct. 23rd ----Release Time grades 1<sup>st</sup>-6<sup>th</sup>  
 Wed. Oct. 23rd----Evening RE for grades 7<sup>th</sup>-11<sup>th</sup>  
 Wed. Oct. 30th----Release Time grades 1<sup>st</sup>-6<sup>th</sup>  
 Wed. Oct. 30th----Evening RE for grades 7<sup>th</sup>-11<sup>th</sup>  
 Wed. Nov. 6th ----Release Time grades 1<sup>st</sup>-6<sup>th</sup>  
 Wed. Nov. 6th ----Evening RE for grades 7<sup>th</sup>-11<sup>th</sup>



Prayer Angels are needed for our upcoming Confirmation class. If you would like to be a prayer angel let Christine Dornbusch know. Haven't ever been a prayer angel for a Confirmation Candidate? Well, it's easy to do and very rewarding not just for them but for you also. There will be 6 Confirmation Candidates that will need a prayer angel this year.

## 40 Rosaries for Life

The 40 Rosaries for Life campaign will run from September 25<sup>th</sup> to November 5<sup>th</sup> this year. Many parishes report that this campaign continues to create opportunities for prayer. We have heard from some pastors that they have a regular monthly or weekly "Rosary for Life Group" meeting for prayer. Others have said that their parish has a group or an individual pray a Rosary on every day of the 40 Rosaries for Life campaign. Thank you for praying for respect life!

Sacred Heart and Assumption's day to pray the Rosary is Saturday October 5th

***Father Hamness's reflection:***

Today is the feast day of Saint Michael the Archangel, though it is superseded by Sunday this year. Many of us are familiar with the St. Michael prayer, but have you heard of the St. Michael Chaplet. It is a prayer calling for the help of the Nine Choirs of Angels, led by St. Michael.

**How to pray the St. Michael Chaplet**

*Time needed: 5 minutes*

O God, come to my assistance. O Lord, make haste to help me.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.

*Make the Nine Salutations in honor of the nine Choirs of Angels. After each salutation, pray one Our Father and three Hail Marys.*

By the intercession of St. Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.

By the intercession of St. Michael and the celestial Choir of Cherubim, may the Lord grant us the grace to leave the ways of sin and run in the paths of Christian perfection. Amen.

By the intercession of St. Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.

By the intercession of St. Michael and the celestial Choir of Dominations, may the Lord give us grace to govern our senses and overcome any unruly passions. Amen.

By the intercession of St. Michael and the celestial Choir of Virtues, may the Lord preserve us from evil and falling into temptation. Amen.

By the intercession of St. Michael and the celestial Choir of Powers, may the Lord protect our souls against the snares and temptations of the devil. Amen.

By the intercession of St. Michael and the celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.

By the intercession of St. Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works in order that we may attain the glory of Heaven. Amen.

By the intercession of St. Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted in the life to come to Heaven. Amen.

-Say one Our Father in honor of St. Michael the Archangel.

-Say one Our Father in honor of St. Gabriel the Archangel.

-Say one Our Father in honor of St. Raphael the Archangel.

-Say one Our Father in honor of your Guardian Angel.

-Conclude your time with God and St. Michael the Archangel with the following two prayers.

O glorious prince St. Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King and our admirable conductor, you who shine with excellence and superhuman virtue deliver us from all evil, who turn to you with confidence and enable us by your gracious protection to serve God more and more faithfully every day. Pray for us, O glorious St. Michael, Prince of the Church of Jesus Christ, that we may be made worthy of His promises.

Almighty and Everlasting God, Who, by a prodigy of goodness and a merciful desire for the salvation of all men, has appointed the most glorious Archangel St. Michael Prince of Your Church, make us worthy, we ask You, to be delivered from all our enemies, that none of them may harass us at the hour of death, but that we may be conducted by him into Your Presence. This we ask through the merits of Jesus Christ Our Lord. Amen.