

First Sunday of Lent

FEBRUARY 18 2024

# SACRED HEART

202 Maple Avenue West

(218) 334-4221



# CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line\*: (218) 209-2686

\* does not receive text messages

## Clergy

Fr. Adam Hamness      ahamness@crookston.org  
Deacon Pete Bellavance      deaconpete.shfre@arvig.net  
Deacon Trevor Pikula      deaontrevor.shfre@arvig.net

## Secretary / Bookkeeper / Religious Education

Christine Dornbusch      christined.shfre@arvig.net  
Office Hours: Tuesday and Thursday 8am-3pm

## Care for the Sick, Homebound, & Bereaved

Office Hours:

## Custodian & Groundskeeper

Norman Adams--Monday and Friday

## Liturgical Music

Tonia Clark

The observance of Lent is meant to serve as commemoration of the suffering of Jesus Christ. The word has been in use in English in this capacity since at least the late 13th century, and also may be found used in slightly generalized fashion, to indicate a period of fasting in any religion, or to refer to a longer period observed by some Eastern Orthodox churches.

Lent comes from the Middle English word lente, meaning "springtime," which is itself descended from the Old English lencten.

For those who prefer their ecclesiastical terminology to be as polysyllabic as possible, the word Quadragesima may be used as a synonym of Lent; this word comes from the Latin quadragesimus ("fortieth"), and also refers to the first Sunday in Lent.

	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	Feb. 17	9:00 am	Mass: †Casey Courneya	8:30 am
	Saturday	Feb. 17	4:00 pm	Mass: †Claire Courneya	3:30 pm
	Sunday	Feb. 18	8:00 am	Mass: Pro Populo	7:30 am
	Sunday	Feb. 18	12:15 pm	Mass: †Jan Lindsley-Latin (N.O)	
The Chair of St. Peter	Monday	Feb. 19	9:00 am	Communion Service	
	Tuesday	Feb. 20	9:00 am	NO Communion Service	
	Wednesday	Feb. 21	9:00 am	NO Mass	8:30 am
	Thursday	Feb. 22	9:00 am	NO Mass	8:30 am
	Thursday	Feb. 22	9:30 am	Adoration-Benediction at 7pm	
	Thursday	Feb. 22	10:00 am	NO Mass: (Care Center)	
	Friday	Feb. 23	5:30 pm	Mass: Pro Defunctis	8:30 am
	Saturday	Feb. 24	9:00 am	Mass: †Bill and Carol Lormis	8:30 am
	Saturday	Feb. 24	4:00 pm	Mass: †Claire Courneya	3:30 pm
	Sunday	Feb. 25	8:00 am	Mass: †Harriet Leone	7:30 am
	Sunday	Feb. 25	12:15 pm	Mass: †Pro Populo-Latin (N.O)	

## MONDAY

February 19  
*Lenten Weekday*  
Lv 19:1-2, 11-18  
Mt 25:31-46

## TUESDAY

February 20  
*Lenten Weekday*  
Is 55:10-11  
Mt 6:7-15

## WEDNESDAY

February 21  
*Lenten Weekday*  
Jon 3:1-10  
Lk 11:29-32

## THURSDAY

February 22  
*Chair of St. Peter the Apostle*  
1 Pt 5:1-4  
Mt 16:13-19

## FRIDAY

February 23  
*Lenten Weekday*  
Ez 18:21-28  
Mt 5:20-26

## SATURDAY

February 24  
*Lenten Weekday*  
Dt 26:16-19  
Mt 5:43-48

## SUNDAY

February 25  
*Second Sunday of Lent*  
Gn 22:1-2, 9a, 10-13, 15-18  
Rom 8:31b-34  
Mk 9:2-10

2-11-2024 **1 weeks** Attendance 196—3 Masses

Collection Income \$ 4,185.00 Maintenance \$ 50.00 Roof Loan Collection \$ 385.00  
Children's Project \$ 9.00 FACC \$ 0.00



everyone who purchased, baked, donated, or worked the parish wide bake sale this past weekend. The proceeds will go the youth attending Steubenville this July in Rochester. Thank you for supporting the youth of the parish.

The applications for the 2024 John Arouni Education Endowment Scholarship are now available. The deadline for scholarship applications is April 1st. Applications can be found on our website and in All Saints Hall.

The applications for the Knights of Columbus Scholarships are available in the literature rack in All Saints Hall. The deadline for the applications is March 31st. Please turn in to any Knight or in the church office.

Liturgy of the Hours: Week 1 of the Psalter

In today's gospel, Jesus invites all to choose a change in lifestyle. "Repentance," metanoia, is a change of mind and heart, a lifelong process of transformation. Jesus is not asking for a temporary foregoing of something pleasurable, like giving up chocolate for Lent. The metanoia to which Jesus invites us is both a turning away from whatever inhibits the full flourishing of the divine intent for creation and a turning toward the source of divine love. There is no better time to begin turning than now.—Living Liturgy, First Sunday of Lent 2024.

FORMED and WildGoose.TV has a series called "Metanoia" with Father Dave Pivonka, TOR. He also did the series "The Wild Goose", that back in 2019/2020, Sacred Heart parish had a small group gather to use it as their "input" for their gathering sessions. Highly recommend watching either of these for Lent.

*"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God...."*  
- Mark 1:14  
Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfill His plan for us.

## Ministry Schedule

	Saturday— Feb. 24th 4:00 pm	Sunday— Feb. 25th 8:00 am	Sunday-25th 12:15 pm
<b>Altar Server</b>	Katie Courneya Racheal Courneya	Thomas Anderson Nora Anderson	Clay Dominic John
<b>Eucharistic Minister</b>	Russ Karasch Barb Rice	Rose Roforth Becca Gray	
<b>Lector</b>	Jim Courneya	Mary Flynn	Chris
<b>Greeter</b>	Jill Mickelson	Monica Fedora	
<b>Ushers</b>	Daniel Althoff Tom Mickelson Bruce Coufal Long Nguyen	Bruce Hofer Jason Hofer Tim Stenger Chris Stenger	Rob
<b>Sacristan</b>	Dave Goeddertz	Mark Byer	Chris
<b>February 2<sup>nd</sup> Collections:</b> 4th—Roof, 18th—Black and Indian Missions, 25th— FACC			

## Upcoming Events

Sun. Feb. 18th—Knights of Columbus meeting at 9:30am  
 Thurs. Feb. 22nd—Adoration at 9:30am-7pm  
 Fri. Feb. 23rd—Knights of Columbus Fish Fry 5pm-7pm  
 Sat. Feb. 24th—Christian Mothers Meeting at 9:30am  
 Fri. Mar. 1st—FACC soup and sandwich supper 5:30pm-6:30pm  
 Mon. Mar. 4th—Knights of Columbus meeting at 7pm

The dates for the men's and women's Cursillo Weekends are fast approaching. The Cursillo is an opportunity for friendship, prayer and spiritual growth which is offered by the Diocese of Crookston and will be conducted at the Beautiful Pastoral center in Crookston Minnesota. We encourage all Women and men 18 years of age and up, to strongly consider attending the Cursillo weekend that works best for your schedule. A Cursillo weekend will not disappoint.

**Men's Spring Cursillo weekend 2024 – February 22-25**

**Women's Spring Cursillo weekend 2024 – March 14-17**

Please contact Steve Klocke at [Sklocke1013@gmail.com](mailto:Sklocke1013@gmail.com) or by phone at 701-405-4848 to discuss the Cursillo weekends

*We are seeking nominations for 2 positions on the Pastoral Council. Nominations can be submitted to Father Hamness before April 17<sup>th</sup>. Before you submit someone's name for nomination, please check with that person to get his/her approval. Thank you, Fred Daggett and Jim Jaroszewski, for serving 2 consecutive 3-year terms. Members of the Pastoral Council are Father Hamness, Bruce Moe-President, Dawn King, Cheryl Stegmaier, Chris Peluso, Tracy LaSart, Mark Nelson and Jim Courneya.*

### Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:



To submit a prayer request for our prayer chain, text 817 229 6789 or [frazeeprayerchain@gmail.com](mailto:frazeeprayerchain@gmail.com). Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.



The FACC Committee will have their soup and sandwich meals during Lent on Friday March 1st and March 15th. Join them for fellowship.



**The Knights of Columbus Fish Fry dates are: Friday February 23rd March 8th and March 22nd. The cost is \$15 for adults and \$10 for kids. Come downstairs for a meal and enjoy some fellowship.**

All of you should have received your 2024 Diocesan Annual Appeal (DAA) in the mail by now. Our theme is "I Am With You Always", which is an invitation to encounter God's love and Real Presence today and always. Our DAA goal this year is \$950,000. This goal is shared and pro-rated among our 66 parishes. Our parish goal for 2024 is \$23,216. Your gifts to the DAA provide essential funding for Formation in Discipleship, Youth & Young Adult Ministries, Campus Ministries, Safe Environment, The Office of the Bishop, Vocations and Seminarians, Catholic Schools, Communications, Marriage Tribunal, Administration of the Pastoral & Retreat Center; ministries that affect everyone in our Catholic communities! Please, prayerfully review the mailing you have received at home. Visit [www.crookston.org/DAA](http://www.crookston.org/DAA) or scan the QR code to watch Bishop's video and then make your gift online, or to view additional information about all the good you do when you support the DAA! Thank you for your generosity!





## Week One | Restore: Lent with Sr. Miriam James Heidland, SOLT

In the Week One video for the Restore Lent series, Sr. Miriam James Heidland, SOLT, reflects on the theme of the week—the desert. She explains that Jesus is inviting you to move beyond your comfort zone and into the deepest places of your heart with him. It is Jesus who helps you root out the sin, sickness, and self-hatred in your life. Sr. Miriam assures us that we can look to him for comfort, love, and healing.

Our parish has a FORMED subscription.

Visit [formed.org/signup](https://formed.org/signup) and select our parish.

Scan the QR code to download the FORMED app to your phone.

