

ASSUMPTION

206 Dakota Street

(218) 375-



CATH-

Callaway, Min-

Sacramental Emergency
Line*: (218) 209-2686

CLERGY

Fr. Adam Hamness aham-
ness@crookston.org

-Office at Sacred Heart in Frazee
(218) 334-4221

Deacon Pete Bellavance deacon-
pete.shfre@arvig.net

Deacon Trevor Pikula deacon-tre-
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SECRETARY & BOOKKEEPER

Virginia McDougall assumption-
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Fri morn -Parish Office in Callaway
(218) 375-3571

RELIGIOUS EDUCATION COORDI-
NATOR

Kristi Foltz assumption-
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(218) 375-3571

PARISH TRUSTEES

Bill Steffl & Karen Klarer

MEMBERS OF THE PASTORAL
AND FINANCE COUNCIL

Don Tietz President
Mary Seaberg Vice
President

FROM THE DESK OF FR. HAMNESS

I would like to tell you about a new group that I am beginning at Sacred Heart parish in Frazee. It is called "The Handmaids of the Altar." It's a group for young ladies, after their First Holy Communion through High School. The purpose is to gather the girls for prayer, activities, and some good works that will benefit our parish, specifically things related to sacred worship. One of the fun activities I have planned is making hosts to be consecrated at Mass. I have obtained a host press all the way from Italy that will make 25 small hosts and 1 host for the priest in each batch. Once they are griddled/baked, they will be cut out from the larger sheet, and the ladies will bring them forward in the offertory procession at Mass. The handmaids will also have a uniform, and I can tell you that the young ladies I've mentioned this to are *very* excited about having a uniform! If your daughter or granddaughter is interested in the group, you can pick up the information you need to order the uniform in the entry. Our first meeting will be on Saturday, February 24th after the 9:00 am Mass. (Uniforms will not be needed for the first meeting.)

Girls from Assumption of Mary parish in Callaway are most welcome to join the group. Meetings will take place in Frazee, but on Sundays we will send some of the hosts they've made to Callaway, and the Callaway girls can wear their uniforms to bring up the gifts in the offertory procession.

LITURGICAL DAY	WEE	DATE	TIME	SERVICE/INTENTION	CON-
Fourth Sunday of Ordinary	Sunday	January 28	10:30	Mass:+ Leonard & Irene Spry 10.11.23	10:10
Weekday	Tuesday	January 30	4500	Adoration of the Blessed Sacrament	
Weekday	Tuesday	January 30	7:00	Mass:+ Irene Spry	6:30
Fifth Sunday of Ordinary	Sunday	February 4	10:30	Mass: + Ted, Alta & Charlene Winter	10:100

If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or schools, your first call should be to law enforcement. In addition, the diocesan Victims Assistance Coordinator is available at 218-281-7895 (24 hour confidential number)

The **PROCLAMATION RETREAT** by Father Bryan Kujawa is coming to Sacred Heart Parish, Frazee on February 16th and 17th. This is an opportunity to gain a deeper understanding of why salvation brought to us on the Cross and Resurrection of Jesus Christ is truly **GOOD NEWS**.

Friday evening February 16th we will start with Mass at 6pm (optional) followed by the retreat starting at 6:30 pm. Saturday the 17th we will start with Mass at 9am followed by our first talk of the day. You will be able to grab a cup of coffee or juice drink and a bite to eat as you move to our first talk.

Lunch will be provided with the retreat ending at 3:45. There will be a free will offering to cover costs.

Join us as we begin our Lenten journey with Christ to the crucifixion and resurrection.

4th Sunday in Ordinary Time

"Brothers and Sister: I should like you to be free of anxieties"- 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this—use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

Question of the Week

Can I identify and unclean spirit in me that seeks to destroy me? Can I find the courage to ask God to free me from this demon?

Website: formed.org Parish Access Code 38HZ8V

What is Formed?

FORMED brings beautiful and faithful Catholic content to parishes, families, and individuals. There is something for everyone here: award-winning studies and parish programs, inspiring audio content, movies, e-books, and family-friendly kid's programming. Led by the Augustine Institute and Ignatius Press, and in collaboration with over 100 content providers, this site reaches more than one million subscribers worldwide.

Founded in 2015, through a partnership with Ignatius Press and Lighthouse Catholic Media, the Augustine Institute operates a video, audio and ebook platform for Catholic content called FORMED,^[24] which reaches over 5,000 parishes and one million subscribers "with content from 75 Catholic content providers, making it the largest collaboration of Catholic apostolates, parishes, diocese and organizations worldwide."^[25] The FORMED platform is used by many Catholic parishes to facilitate their catechetical efforts and train group leaders with Bible studies, sacramental preparation and faith formation programs.^[26]

Check it out it is very rewarding!

Prayer Requests:

Lord, we pray for your loving support for the people listed below and their families as they deal with their illness. Guide the doctors who are seeking answers and making decisions about care/treatment. We pray that their illness is at a stage favorable for effective treatment. Enable their bodies to respond well to care/treatment and their souls to experience comfort and peace in you. Make this and experience that draws them and their loved ones closer to you as well as to one another. We commit then to your mercy.

***Prayer requests: If you would like to add someone to our prayer list in the bulletin please contact the office via phone or email. *To maintain the relevance of our prayer list; At the end of every month the names will be removed. Please contact the office via email or phone if you would like a name to remain on the list for another month.**

The following people or their family has asked us to pray for them:

Crystal Bunnell, Cleo Baker, Dick & Marilyn Bellefeuille, Colleen Borgrud, LaVaun Borgrud, Peggy Braaten, Francis Carlson, Kevin Clark, Charlie Crommett, Rob DuChene, Kathryn Grady, Lori Gress, Michael Harvala, Irene Hazelton, Cindy Hilber, Nathan Lee, Delores Manning, Margaret McDougall, Ken & Rita Pearson, Bob Solmon, Joe Solmon, Stella Thielen, Teresa (Foltz) Thunder, Lillian Welle, Mark Winter



Weekly Offering

Sunday, January 21,
2024

\$870.00

*2024 Envelopes are available to be picked up in St Josephs
Fellowship Hall*

Ministry Schedule for February

4, 2024

Altar Server

Freddie Steffl

Eucharistic Minister

Kristi Stalberger & Virginia McDougall

Lector

Gina Steffl

Presentation of Gifts

Brent Hazelton Family

Ushers

Bill Steffl & Bob Schmit

Organist

Avis Flottesmesch



UpComing

- Today: Sunday, January 28th, Christin Mothers meeting after Mass
- Wednesday, January 31st, 7pm Fifth Session of "Jesus in the Eucharist"
- Wednesday, February 14th Ash Wednesday
- Sunday, February 18th, Christian Mothers meeting after Mass
- Wednesday, February 21st, at 11:00 Church Cleaning Followed by a potluck lunch
- Tuesday, March 5th after the 7pm Mass Combined Parish & Finance Council Meeting
- **Sunday, March 17th: St Patrick's Day Parish Dinner**

We are in need of People to Sign up for Fellowship!!



Upcoming Fellowship

Today: Damian & Carol Zurn

February 4th: Open

February 11th: Lions Pancake Breakfast

February 18th: Open

February 25th: Open

The Reason for Hope

High School Formation Retreat

Lion & the Lamb Lenten Retreat

February 10-11th

Diocese of Crookston

Pastoral Center

2pm- 2-pm

For more information and to register, visit
www.crookston.org/reasonforhope

Cost\$85.00

This Week's Scripture Readings

This Sunday:	Deuteronomy 18:15-20	Ps 95:1-2,6-7,7-9	1Cor 7:32-35	Mark 1:21-28
Week 4 - Mon	2 Samuel 15:13-14,30;16:5-13	Ps 3:2-7		Mark 5:1-20
Week 4 - Tues	2 Samuel 18:9-10,14b,24-25a,30-19:3	Ps 86:1-2,3-4,5-6		Mark 5:21-43
Week 4 - Wed	2 Samuel 24:2,9-17	Ps 32:1-2, 5,6,7		Mark 6:1-6
Week 4 - Thurs	1 Kings 2:1-4, 10-12	1 Chronicles 29:10, 11ab, 11d-12		Mark 6:7-13
Week 4 - Fri	Malachi 3:1-4	Ps 24:7-10	Hebrews 2:14-18	Luke 2:22-40
Week 4 - Sat	1 Kings 3:4-13	Ps 119:9-14		Mark 6:30-34
Next Sunday:	Job 7:1-4,6-7	Ps 147:1-6	1 Cor 9:16-19, 22-23	Mark 1:29-39

February: For the Terminally Ill

The Holy Father encourages prayers "so that terminally ill patients and their families always receive necessary medical and human care and support."

Praying for our Students

Please keep all of our students in your thoughts and prayers!

Julia Steffl, Megan Stalberger, Freddie Steffl, Bella Steffl, Caleb Rodewald, Ellie Steffl, Katie Steffl, Nathan Loreth, Kaitlyn Loreth, Molly Rodewald, Luke helm, Jake Helm, Jonah Steffl, Colby Rodewald, Maria Foltz, Mason Frank and our youngest student Savannah Rodewald



2004 Cursillo Schedule

The dates for the men's and women's Cursillo Weekends are fast approaching. The Cursillo is an opportunity for fellowship, Study and spiritual growth which is offered by the Diocese of Crookston and will be conducted at the beautiful Pastoral Center in Crookston, Minnesota. We encourage all women and men 18 years of age and up, to strongly consider attending the Cursillo weekend that works best for your schedule.

A Cursillo weekend does not disappoint. Ladies and Gentlemen Jesus is patiently calling you.

Please contact Steve Klocke at Sklocke1013@gmail.com or by phone at 701-40504848 to discuss the Cursillo weekend and to ask any questions regarding these very special weekends. Following are the dates for the two men's weekend and the two women's weekends. Let this year of Eucharistic Revival be made even more special by saying yes to Jesus and attending one of the following Cursillo weekends. Space is limited so please register early.

- Men's Spring Cursillo weekend February 22-25
- Women's Spring Cursillo weekend March 14-17
- Men's Fall Cursillo weekend October 24-27
- Women's Fall Cursillo weekend Sept. 26-29