

SACRAMENTAL



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Office Hours: Tuesday and Thursday 8am-
3pm

Care for the Sick, Homebound, & Bereaved

Marlys Jacobson

I would like to tell you about a new group that I am beginning in our parish. It is called "The Handmaids of the Altar." It's a group for young ladies, after their First Holy Communion through High School. The purpose is to gather the girls for prayer, activities, and some good works that will benefit our parish, specifically things related to sacred worship. One of the fun activities I have planned is making hosts to be consecrated at Mass. I have obtained a host press all the way from Italy that will make 25 small hosts and 1 host for the priest in each batch. Once they are griddled/baked, they will be cut out from the larger sheet, and the ladies will bring them forward in the offertory procession at Mass. The handmaids will also have a uniform, and I can tell you that the young ladies I've mentioned this to are very excited about having a uniform. If your daughter or granddaughter is interested in the group, you can pick up the information you need to order the uniform in the entry. Our first meeting will be on Saturday, February 24th after the 9:00 am Mass. (Uniforms will not be needed for the first meeting.)

	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFES-
	Saturday	Jan. 27	9:00 am	Mass: †Casey Courneya	8:30 am
	Saturday	Jan. 27	4:00 pm	Mass: Pro Populo	3:30 pm
	Sunday	Jan. 28	8:00 am	Mass: †Gordon Rosenthal	7:30 am
	Sunday	Jan. 28	12:15 pm	Mass: †Jan Lindsley-Latin (N.O)	
	Monday	Jan. 29	9:00 am	NO Communion Service	
	Tuesday	Jan. 30	9:00 am	NO Communion Service	
St. John Bosco	Wednesday	Jan. 31	9:00 am	Mass: †Bill and Carol Lormis	8:30 am
	Thursday	Feb. 1	9:00 am	Mass: †Claire Courneya	8:30 am
	Thursday	Feb. 1	9:30 am	Adoration-Benediction at 7pm	
	Thursday	Feb. 1	10:00 am	Mass: †Deacon Mark Stenger	
The Presentation of the Lord	Friday	Feb. 2	9:00 am	Mass: Pro Defunctis	8:30 am
	Friday	Feb. 2	6:00 pm	Mass: Special Intention-Latin (N.O.)	
	Saturday	Feb. 3	9:00 am	Mass: †Margaret and John Anderson	8:30 am
	Saturday	Feb. 3	4:00 pm	Mass: †Marion Jaroszewski	3:30 pm
	Sunday	Feb. 4	8:00 am	Mass: Pro Populo	7:30 am
	Sunday	Feb. 4	12:15 pm	Mass: †Hall Family—Latin (N.O)	

MONDAY

January 29
Weekday

2 Sm 15:13-14,
30; 16:5-13
Mk 5:1-20

TUESDAY

January 30
Weekday

2 Sm 18:9-10,
14b, 24-25a,
30-19:3
Mk 5:21-43

WEDNESDAY

January 31
St. John Bosco,
Priest

2 Sm 24:2, 9-17
Mk 6:1-6

THURSDAY

February 1
Weekday

1 Kgs 2:1-4,
10-12
Mk 6:7-13

FRIDAY

February 2
Presentation
of the Lord
Mal 3:1-4

Heb 2:14-18
Lk 2:22-40 or
2:22-32

SATURDAY

February 3
Weekday

1 Kgs 3:4-13
Mk 6:30-34

SUNDAY

February 4
Fifth Sunday
in Ordinary Time

Jb 7:1-4, 6-7
1 Cor 9:16-19,
22-23
Mk 1:29-39

1-21-2024 **1 weeks** Attendance 251—3 Masses

Collection Income \$ 3,195.00 Maintenance \$.00 Roof Loan Collection \$ 298.00

Children's Project \$ 21.00 FACC \$ 0.00

Musicians!

Please join us for a musicians meeting on Monday, January 29 from 7-8:45 p.m. in the St. Margaret Mary Conference room for a musicians meeting to go over scheduling and exciting music transitions for the upcoming Lenten season! This meeting is for you if you are currently active or are just interested in being a part of the music ministry. I look forward to seeing you there!

Christmas Flower Memorials: Cecil Jr. and Betty Cook—Cecil Sr. and Laura Cook—Cameron and Rose Olson—Betty Nebosis—Tony and Irene Peichel—James Peichel—Frieda Herald—Christina Peichel—Sophie Turcotte—The Sacred Heart Flower Group—Cecil Hensel—Thomas Hensel—Arlene Schreiner, Henry Schreiner, April Stenger—Winter and Berger Loved ones—Deceased Riewers—Gary Pfeiffer—John and Rose Edin—Recent Losses—Norbert and Ruby Lorsung—Veronica Schrandt Lorsung

The Proclamation Retreat by Father Bryan Kujawa is coming to Sacred Heart Parish, Frazee on February 16th and 17th. This is an opportunity to gain a deeper understanding of why the salvation brought to us on the Cross and Resurrection of Jesus Christ is truly **GOOD NEWS**.

Friday evening February 16th we will start with Mass at 6pm (optional) followed by the retreat starting at 6:30pm. Saturday the 17th we will start with Mass at 9am followed by our first talk of the day. You will be able to grab a cup of coffee or juice drink and a bite to eat as you move to our first talk.

Lunch will be provided with the retreat ending about 3:45. There will be opportunity for a free will offering to cover costs.

Join us as we begin our Lenten journey with Christ to the crucifixion and resurrection.

**"Brothers and sisters:
I should like you to
be free of anxieties."
- 1 Corinthians 7:32**

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

Ministry Schedule

	Saturday– Feb. 3rd 4:00 pm	Sunday– Feb. 4th 8:00 am	Sunday-4th 12:15 pm
Altar Server	Paul Sharp Jonah Sharp	Thomas Anderson Nora Anderson	Clay Dominic
Eucharistic Minister		Sharon Guck Sandy Hofer	
Lector	Jim Courneya	Mary Flynn	Greg
Greeter	Jill Mickelson	Sharon Hensel	
Ushers	John Mack Ross Kasowski Roger Sanders Mike Sharp	Ed Jutz LeRoy Rausch Mark Byer Robert Shelstad	Chris
Sacristan	Jim Jaroszewski	Tim Stenger	Greg
February 2nd Collections: 4th-Roof, 18th-Black and Indian Missions, 25th- FACC			

Upcoming Events

Sat. Jan. 27th—Christian Mothers Meeting at 9:30am

Mon. Feb. 5th—Knights of Columbus Meeting at 7pm

Thurs. Feb. 8th—Pastoral Council Meeting at 6pm

Sat. Feb. 10th—Youth First Penance at 10am

Sat. Feb. 10th and Sun. Feb. 11th—Parish wide Bake Sale before and after the Masses

Thurs. Feb. 15th—24-Hour Adoration

Thurs. Feb. 15th—Finance Council Meeting at 6pm

Adoration can only continue if we have committed adorers. Those who are committed make it possible to have exposition so others have the opportunity to make unscheduled visits. Please consider committing to an hour. The hours most in need of committed Adorers are the middle of the night hours on the 3rd Thursday of

Saint Teresa of Calcutta Camp This summer, the Saint Teresa of Calcutta Camp will be “on wheels”. Students in the Diocese of Crookston, currently in grades 8 – 12 are invited to register for a once in a lifetime experience as this year’s “camp” will be a nine-day experience, beginning at the Pastoral Center in Crookston, and traveling to the National Eucharistic Congress in Indianapolis, Indiana. The dates of this year’s camp are July 14-22, 2024. For more information visit Crookston.org/TOCcamp.

The youth are selling Sacred Heart logo merchandise to help offset the cost for Steubenville this summer. All orders need to be turned in by February 1st. Slide your order form under the office door. Thank for your support!!!!!!

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

•	Stacy Moe
•	Lisa Flynn
•	Linda Jutz
•	Carole Courneya
•	Russ Karasch
•	Paula Kasowski
•	Larry Kuznia
•	Dallas Flynn
•	Karen Daggett
•	RIP Eunice Clarey

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

Do you shop at Central Market in Perham or Detroit Lakes? Save your Our Family label products. Also have the cashier stamp your receipt with the “WE CARE” stamp and then bring those items into church. There is a wooden box in the main entry for you to deposit them into. The money collected goes back to the church. Thank you Rosa Carr for doing this for our parish!!!!

Sacred Heart Stitchers will be meeting on Thursday mornings. Do you enjoy sewing by machine, by hand, ironing, socializing? Come join a wonderful group that would like to expand. The next couple of weeks they will be putting together a book of projects they have completed over the years. EVERYONE is welcome to join this group.

National Eucharistic Congress- There are still tickets remaining for the 10th National Eucharistic Congress, July 17-21, 2024, in Indianapolis, Indiana. Join 80,000 Catholics from across the Country for this powerful, once in a lifetime event! please visit <https://www.eucharisticcongress.org/>. You are encouraged and invited to attend with the Diocese of Crookston delegation. For information about how to register for the congress as a member of the Diocese of Crookston Delegation, please visit <https://www.Crookston.org/revival>. The Diocese of Crookston is working with Corporate Travels who have arranged for hotel rooms near the venue and tickets to the event.

Ministry Schedule			
	Saturday– Feb. 10th 4:00 pm	Sunday– Feb. 11th 8:00 am	Sunday-11th 12:15 pm
Altar Server	Matthew Sharp Jonah Sharp	Hudson Baumgart Simon LaSart	Clay Dominic John
Eucharistic Minister	Kathy Peichel Barb Rice	Mark Byer Bud Hensel	
Lector	Hayley Courneya	Marlys Jacobson	Phil
Greeter	Wanda Beaton	Monica Fedora	
Ushers	Daniel Althoff Tom Mickelson Bruce Coufal Long Nguyen	Daniel Giefer Terry Teiken John Schmit Glen Roberts	Andy
Sacristan	Jim Jaroszewski	Tim Stenger	Phil
February 2nd Collections: 4th-Roof, 18th-Black and Indian Missions, 25th- FACC			

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	Saturday	Feb. 3	4:00 pm	Mass: †Marion Jaroszewski	3:30 pm
	Sunday	Feb. 4	8:00 am	Mass: Pro Populo	7:30 am
	Sunday	Feb. 4	12:15 pm	Mass: †Hall Family—Latin (N.O)	
St. Agatha	Monday	Feb. 5	9:00 am	Communion Service	
St. Paul Miki	Tuesday	Feb. 6	9:00 am	NO Communion Service	
	Wednesday	Feb. 7	9:00 am	Mass: †Tom Ulschmid	8:30 am
	Thursday	Feb. 8	9:00 am	Mass: Thanksgiving	8:30 am
	Thursday	Feb. 8	9:30 am	Adoration-Benediction at 7pm	
	Thursday	Feb. 8	10:00 am	Mass: †Deacon Mark Stenger	
	Friday	Feb. 9	9:00 am	Mass: Pro Defunctis	8:30 am
St. Scholastica	Saturday	Feb. 10	9:00 am	<i>Mass: †Claire Courneya</i>	8:30 am
	Saturday	Feb. 10	4:00 pm	Mass: †Martha Wilkowski	3:30 pm
	Sunday	Feb. 11	8:00 am	Mass: Pro Populo	7:30 am
	Sunday	Feb. 11	12:15 pm	Mass: †Joe Szepieniec—Latin	