

SACR | HEART



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Marlys Jacobson

Tending the Vineyard of Yourself

By Fr. Aric Aamodt

While Genesis 2:15 is often translated, as “The Lord God then took the man and settled him in the garden of Eden, to cultivate and care for it,” I like another way to translate the last part of the verse: “to grow and to guard it.” Both ways are good translations, but this second way gives me a greater sense of what I am meant to do with what God has entrusted to me. As I think about it, I realize that God has entrusted me to my care. Yes, God is my Father and He cares for me. But He also gives me the freedom and the responsibility to cooperate with Him in my own growth. God wants me to grow and to guard myself, with the ultimate goal of being in union with Him. So how do I grow and guard myself so that I am continually growing in union with Jesus? What helps me approach this task is to break it down into time frames. I want to do something every day, every week, every month, and every year. There may be more than one thing that we come up with to do, but we want at least one thing for each time frame. Every day, I can spend time with God in relational prayer, hearing His voice and sharing what’s on my mind and heart with Him. Every week, I can gather with my brothers and sisters at Mass to hear the Word of God, offer my joys and sufferings on the altar, and receive Jesus Himself in Holy Communion. Every month, I can receive the mercy of God in the Sacrament of Reconciliation, being healed and restored through His kindness and forgiveness. Every year, I can take some intentional time to go on retreat, so that His grace can reach more deeply into my life and accomplish a greater renewal in me. These are the standard practices I try to follow each day, week, month, and year. We can increase or add to these as it seems appropriate or as the Lord invites us. We can include an intentional act of charity along with that relational prayer. We can go to Mass more often in the week if our schedule allows. We can go to Confession every other week if we find ourselves struggling with some sin in our lives. We want to start somewhere, though, and grow from there...

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFES-
	Saturday	Oct. 14	9:00 am	Mass: †Mary Woodard	8:30 am
	Saturday	Oct. 14	5:30 pm	Mass: †Marion Jaroszewski	4:30 pm
	Sunday	Oct. 15	8:00 am	Mass: <i>Pro Populo</i>	7:30 am
	Sunday	Oct. 15	12:15 pm	Mass: <i>The Hall Family—Latin (N.O.)</i>	
	Monday	Oct. 16	9:00 am	Communion Service	
St. Ignatius of Antioch	Tuesday	Oct. 17	9:00 am	Communion Service	
St. Luke	Wednesday	Oct. 18	9:00 am	Mass: †Deacon Mark Stenger	8:30 am
St. John de Brebeuf and Isaac Jogues	Thursday	Oct. 19	9:00 am	Mass: Father Hamness	8:30 am
	Thursday	Oct. 19	9:30 am	24-Hour Adoration	
	Thursday	Oct. 19	10:00 am	Mass: †Kay Furey (at Care Center)	
	Friday	Oct. 20	9:00 am	Mass: Pro Defunctis	8:30 am
	Saturday	Oct. 21	9:00 am	Mass: Living and Deceased Members of Christian Mothers	8:30 am
	Saturday	Oct. 21	5:30 pm	Mass: †Gary Pfeiffer	4:30 pm
	Sunday	Oct. 22	8:00 am	Mass: <i>Pro Populo</i>	7:30 am
	Sunday	Oct. 22	12:15 pm	Mass: <i>Jan Lindsley—Latin (N.O.)</i>	

MONDAY

October 16
Weekday
Rom 1:1-7
Lk 11:29-32

TUESDAY

October 17
St. Ignatius
of Antioch,
Bishop and Martyr

Rom 1:16-25
Lk 11:37-41

WEDNESDAY

October 18
St. Luke,
Evangelist
2 Tm 4:10-17b
Lk 10:1-9

THURSDAY

October 19
Sts. John de
Brébeuf and Isaac
Jogues, Priests,
and Companions,
Martyrs

Rom 3:21-30
Lk 11:47-54

FRIDAY

October 20
Weekday
Rom 4:1-8
Lk 12:1-7

SATURDAY

October 21
Weekday
Rom 4:13, 16-18
Lk 12:8-12

SUNDAY

October 22
Twenty-ninth
Sunday
in Ordinary Time
Is 45:1, 4-6
1 Thes 1:1-5b
Mt 22:15-21

"On Tuesday nights, in the hall of saints at Sacred Heart parish, Deacon Trevor and Jeff LaSart will be hosting sessions entitled "Lets talk Jesus," from 6:30 pm until 8:00 pm, to address questions from our youth, targeting 18-25 year olds. However, all are invited to come and learn more about the Church and the life of Jesus. (These sessions will not be broadcast for privacy purposes)"

The Knights of Columbus are doing the Fall road cleanup Saturday the 21st of October. We will meet at the church at 10am and then proceed to our section of Hwy 10. If any members of the parish would like to come and assist please feel free to join us.

"My God will fully supply whatever you need..." - Philippians 4:19

God really does provide for those who are grateful and generous. This is very difficult for people that don't live a stewardship lifestyle to believe. People are skeptical and say it's just coincidence. If you are skeptical, try living a stewardship lifestyle for just one month – be generous with your gifts of time in prayer, talent in charitable works, and treasure, then see how God provides for your needs.

"This Thursday evening, October 19th, from 7-9 pm in All Saints Hall, Sacred Heart, join in on one of the 7 session series on "Jesus and the Eucharist." There is still room if you hadn't signed up yet. Please come a little early, and know that all are welcome to take part in this revival!"

**Sunday October 1st
Mass changed to 8:00
am with confessions
at 7:30 am**

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

●	Stacy Moe	●
●	Lisa Flynn	●
●	Linda Jutz	●
●	Susan Champa	●
●	Kevin Glenn	●
●	RIP Claire Courneya	●
●	RIP Shelby Mellen	●
●	RIP Karen Rogers	●
●	RIP Virginia Vikesland	●

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

Ministry Schedule

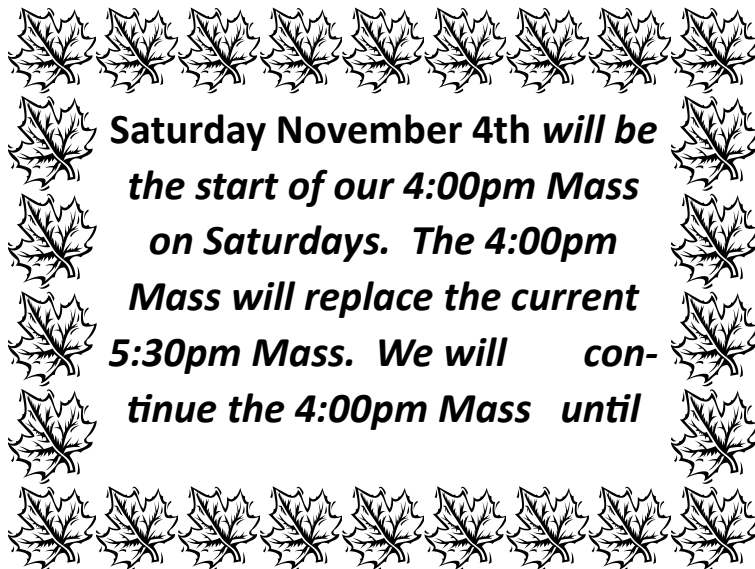
	Saturday– Oct. 21th 5:30 pm	Sunday– Oct. 22nd 8:00 am
Altar Server	Katie Courneya Rachael Courneya	Paige Baumgart Shelby Baumgart
Eucharistic Minister	Kathy Peichel Barb Rice	Mark Byer Bud Hensel
Lector	Jim Courneya	Marlys Jacobson
Greeter	Jill Mickelson	Monica Fedora
Ushers	Daniel Althoff Tom Mickelson Bruce Coufal Long Nguyen	Daniel Giefer Terry Teiken John Schmit Glen Roberts
Sacristan	Jim Jaroszewski	Tim Stenger
October's 2nd Collections: 8th -Roof, 22nd –World Mission, 29th– FACC		

Upcoming Events

Tues. Oct 10th—Let's Talk Jesus at 6:30pm
Thurs. Oct. 12th—Adoration at 9:30
Benediction at 7pm
Thurs. Oct. 12th—Eucharist Revival Session
7pm-9pm
Sat. Oct. 14th—Men's Prayer group at 7:30am
Sun. Oct. 15th—Knights of Columbus Pancake
Breakfast after the 8:00 am Mass
Sun. Oct. 15th—Holy Hour—Adoration and
Vespers at 3pm
Tues. Oct 17th—Let's Talk Jesus at 6:30pm
Thurs. Oct. 19th—24-Hour Adoration at
9:30am
Thurs. Oct. 19th—Eucharist Revival Session
7pm-9pm
Sat. Oct. 21st—Ditch Picking along highway 10
at 10am
Mon. Oct. 23rd—Ladies Gathering at Sacred
Heart at 5:30pm
Wed. Nov. 1st—All Saints Day Mass at 6:30pm
Thurs. Nov. 2nd—Adoration 9:30am-6:00pm
Thurs. Nov. 2nd—All Souls Day Mass at 6:30pm

Are you looking for a way to walk more closely with God? Cursillo may be what you're looking for. The Diocese of Crookston is offering a Men's Cursillo on the weekend of October 26-29 at the Pastoral Center in Crookston. Applications are available at your parish office or at crookstoncursillo.weebly.com.

The parish is in need of volunteers to assist in our Masses. We need Greeters, Eucharistic Ministers, Lectors, Ushers, Sacristans, and Altar Servers. If you are able to help with any of these important ministries please let Christine know in the office so you can be trained if needed and put on the schedule in the future. Thank you for sharing your time and talent with your parish.



Saturday November 4th will be the start of our 4:00pm Mass on Saturdays. The 4:00pm Mass will replace the current 5:30pm Mass. We will continue the 4:00pm Mass until



Fall is here.
Let's get together.

SACRED HEART CARES LADIES NIGHT

ALL SAINTS HALL, SACRED
HEART CATHOLIC CHURCH

MONDAY, OCTOBER 23RD

5:30 SOCIAL

6:00 PIZZA, PIE & PUZZLES

All Saints Day (11-1-23) Mass: 6:30 pm at Sacred Heart. (5:15 pm at Assumption)
All Souls Day (11-2-23) Mass: 6:30 pm at Sacred Heart. (5:15 pm at Assumption).
Following the 6:30 pm mass at Sacred Heart there will be a procession in vehicles from the Church to the Cemetery with prayers for the dead and a rosary walk. Email Christine at christined.shfre@arvig.net with your requests. Please do so ASAP so we can plan for how many luminaries to place at the cemetery.

The Office of Formation will host three high school youth retreats during the 2023-2024 school year. Information about the Reason for Hope Retreats, including online registration links, liability waiver, and packing list are below.

The Armor of God 24-hour retreat on equipping ourselves for spiritual battles.

November 4-5th, 2023 The Diocese of Crookston Pastoral Center 620 Summit Ave N, Crookston, MN

Registration: 1:30 PM – 2 PM Retreat: 2 PM – 2 PM

The Armor of God is a retreat focused on understanding the protection we have from the Lord while gearing up for the challenges ahead.

For more information visit www.crookston.org/reasonforhope.

Cause of Our Joy 24-hour retreat Marian

Retreat December 9-10th, 2023 The Diocese of Crookston Pastoral Center 620 Summit Ave N, Crookston, MN

Registration: 1:30 PM – 2 PM Retreat: 2 PM – 2 PM

The Cause of Our Joy retreat is focused on how Mary brings us closer to her son during the Advent season.

For more information visit www.crookston.org/reasonforhope.

Lion and the Lamb 24-hour Lenten Retreat

February 10-11th, 2024 The Diocese of Crookston Pastoral Center 620 Summit Ave N, Crookston, MN

Registration: 1:30 PM – 2 PM Retreat: 2 PM – 2 PM

The Lion and the Lamb retreat is focused on learning about Jesus as the perfect and ultimate sacrifice for our sin along with his victorious act of redemption through his death and resurrection.

This retreat is focused on understanding the Lord's sacrifice as we enter the Lenten season.

Are you looking for a chance to get away for the weekend to spend some one-on-one time with your husband/wife? Deacon Ben and Jennine Seitz, the creators of Six Stone Jars, will be offering a Married Couple Retreat at the Diocese of Crookston's Pastoral Retreat Center, December 1-3rd, 2023. This retreat will not only give you the opportunity to spend time with each other, but also grow closer in your relationship with Jesus Christ. This retreat will be centered around "The Virtues: Building Blocks for Great Lives and Joy Filled Marriage." Please visit www.sixstonejars.org for more information and registration.

October 13-21, 2023 This Respect Life Month, pray for the protection of human life, from conception to natural death. The USCCB provides daily intentions, brief reflections, and more that can be accessed through email or text. The main prayer for this Respect Life month will be the Respect Life Novena. The Respect Life Month novena takes place Friday, October 13 – Saturday, October 21. Each day of the novena features a different pro-life prayer intention, accompanied by a short reflection and suggested actions to help build a culture of life. The bulletin insert below can be added to guide parishioners to their website for this information. The novena and more can be prayed through www.respectlife.org.