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Genesis 32:22-31

“And there he blessed him” (v29)

During his exile Jacob has learnt self-discipline. Now he learns fear. He is coming to the territory controlled by Esau and realizes that he will either have to fight or make peace with the brother he has cheated. He has no resources to fight; making peace is the only option. So he send extravagant presents to Esau, hoping that his brother will refrain from revenge. Alone at night “A man wrestles with him until daybreak” (V24). Jacob’s inner struggle is worked out in the encounter with the mysterious stranger. Jacob wrestles along with his past and his future; with his treachery and with the promise of God; with his sin against his brother and with the mercy that God offers him.

The fight has a double conclusion: Jacob wins the struggle, but he is injured. He is given a new name, Israel, signifying his destiny, but in spite of trying he cannot force a name out of his opponent.

This passage yields profound insight into our relationship with God. It shows us that God takes us on as we are, but does not leave us unchanged. God struggles with the flaws of our nature; we struggle with the contradictions of our experience. God wants us to be healed, but we need to be humbled. The blessing that Jacob receives is the blessing of integrity. Mysterious though it is, it is our wounds that make us whole.

Reflections for Sunday Year A, pg. 194; Angela Tilby

	WEEK-DAY	DATE	TIME	SERVICE/INTENTION	CONFES-SIONS
	Satur-	Aug. 5	9:00	Mass: †James and Marie Anderson	8:30
	Satur-	Aug. 5	5:30	Mass: †Jim Uhl	4:30
Transfiguration of the Lord	Sun-	Aug. 6	8:30	Mass: Living and Deceased Members of	8:00
	Mon-	Aug. 7	9:00	Communion Service	
St. Dominic	Tues-	Aug. 8	9:00	Communion Service	
	Wedne	Aug. 9	9:00	Mass: †April Stenger	8:30
	Thurs-	Aug. 10	9:00	Mass: †Paul Guck	8:30
St. Lawrence	Thurs-	Aug. 10	9:30	Adoration until Benediction at 7:00 pm	
	Thurs-	Aug. 10	10:00	In Honor of St. Jude and St. Joseph (at	
St. Clare	Friday	Aug. 11	9:00	Mass: <i>Pro Defunctis</i>	8:30
	Satur-	Aug. 12	9:00	Communion Service-NO Mass	8:30
	Satur-	Aug. 12	5:30	Mass: <i>Pro Populo</i>	4:30
	Sun-	Aug. 13	8:30	Mass: †Mary Ann Byer	8:00

Monday

August 7
Weekday

Nm 11:4b-15
Mt 14:13-21

Tuesday

August 8

St. Dominic, Priest

Nm 12:1-13
Mt 14:22-36 or
15:1-2, 10-14

Wednesday

August 9
Weekday

Nm 13:1-2,
25-14:1,
26-29a, 34-35
Mt 15:21-28

Thursday

August 10

St. Lawrence,
Deacon and Martyr

2 Cor 9:6-10
Jn 12:24-26

Friday

August 11

St. Clare, Virgin

Dt 4:32-40
Mt 16:24-28

Saturday

August 12
Weekday

Dt 6:4-13
Mt 17:14-20

Sunday

August 13

Nineteenth Sunday
in Ordinary Time

1 Kgs 19:9a,
11-13a
Rom 9:1-5
Mt 14:22-33

"...then from the cloud came a voice that said, 'This is my beloved Son, with whom I am well pleased; listen to him.'" -Matthew 17:5

When Peter, James and John heard this they immediately fell prostrate to the ground and they "were very much afraid." We, too, may respond the same way when we hear God's voice. How many times do you become fearful when invited to participate more fully in the life of the Church? Or, when someone says something negative about the Church, are you afraid to respond? Remember, we too, are beloved sons and daughters of God; Jesus is there to help us, but we need to listen.



Raena, Joan, Simon, Max, Freddie, Reid, Luke, Mari, Maggie, Kaithyn, Jack, Heidi, Sarah, Dave, Rick, Gary, Cory, Christine and Deacon Pete returned this past week from Steubenville St. Paul filled with the Holy Spirit. Thank you Sacred Heart-Assumption of Mary-Holy Rosary-St. Henry parishes for your prayers and the financial support you have giving us this past year with our fundraising efforts. With the support from our parishes it made it possible for everyone to attend. The youth and chaperones are Blessed to belong to a large faith filled community. As you were praying for us we were praying for you. Thank you again for all your support. Plans for Steubenville 2024 are already being talked about.

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:



To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

Items for the bulletin must be submitted by 12 noon on the Wednesday before that weekend in order to be considered to be placed in that weeks publication.

Ministry Schedule

	Saturday- Aug. 12th	Sunday- Aug. 13th
Altar Server	5:30 pm Jonah Sharp Paul Sharp	8:30 am Nora Anderson Thomas Anderson
Eucharistic Minister	Russ Karasch Marlys Jacobson	Elise Anderson Tim Stenger
Lector	Mary Ann Karasch	Kevin Scheidecker
Greeter	Susan Jaroszewski	Monica Fedora
Ushers	John Mack Ross Kasowski Roger Sanders Mike Sharp	Bruce Hofer Jason Hofer Daniel Giefer Chris Stenger
Sacristan	Jim Jaroszewski	Mark Byer

August's 2nd Collections: 6th -Roof, 20th -FACC,

Upcoming Events

Sun. Aug. 6th -Thurs. Aug. 10th –Catholic Bible School (CBS) 6pm-8pm
Mon. Aug. 7th – FACC meeting at 7pm
Mon. Aug. 14th--Mass at 6pm-Holy Day of Obligation
Tues. Aug. 15th –Mass at 9am-Holy Day of Obligation
Thurs. Aug. 17th –24-Hour of Adoration 9:30am to 9:00am Friday Aug. 18th
Sun. Aug. 20th –Knights of Columbus meeting at 10am
Sun. Aug. 20th—Holy Hour –Adoration and Vespers at 3pm

Cursillos

Would you like to deepen your faith and let Jesus become more involved in your life? Let the Spirit lead you on a Cursillo. The Diocese of Crookston is offering a Women's Cursillo on the weekend of September 21-24 and a Men's Cursillo on the weekend of October 26-29, 2023 at Mount St. Benedict in Crookston. Applications are available at <https://crookstoncursillo.weebly.com/>.

Liturgy of the Hours: Of the Feast

As Jesus was being transfigured before the three apostles their perspective was being transformed as well. When we have powerful experiences of God through worship or community, it can transform the way we see everything. All matter and all creatures are pulsing and are powered by God's spirit dwelling within them. When we experience moments of transfiguration, may we carry those moments in our hearts to remind us of the inherent goodness of life, of creation, and of God.

Living Liturgy Transfiguration of the Lord 2023

A BIG

to all who donated prizes and to those who purchased tickets for the Turkey Raffle for the Sacred Heart's RE program.

The tables, chairs, kitchen items belong to the church and should not be removed for personal use. There are many events happening in the parish that require items that are not available because someone has taken them to use them for personal use. Many items have come back unfortunately damaged and the next group looking to use church items are not able to efficiently, because of that item not being available or its damage without being reported so it can be replaced in a timely manner. Thank you for your understanding.

Dear Padre

August 6, 2023

For the past year or so I have been trying to pray on a regular basis, but I am constantly distracted. My mind wanders so easily. Do you have any suggestions?

Distractions in prayer are an inescapable part of the human condition and the result of our imagination. Even great saints experienced distractions in prayer, and some of their suggestions may help. When St. Thérèse of Lisieux struggled with prayer, she would recite an Our Father or a Hail Mary or read from the Gospels. Praying an act of faith or returning to God's presence and love can turn our focus away from other concerns, but even then, distractions may still arise.

When we become aware of them, we should calmly renew our focus and continue our prayer. Saint Teresa of Ávila offers this guidance: "We should not be distressed by reason of our thoughts, nor allow ourselves to be worried by them....The thing is inevitable, therefore do not let it disturb or grieve you" (*The Interior Castle*). No matter how often distractions return or how long they last, they are not sinful. Rather, they are opportunities to show God that we are sincere about praying.

Saint Alphonsus, another great teacher of prayer, reminds us that prayer is necessary, beneficial, and always possible. Hang in there, he says, because the devil would like nothing better than for you to stop praying. ●

The Redemptorists / DearPadre.org

THIS WEEK ON **FORMED**

Week of August 06, 2023



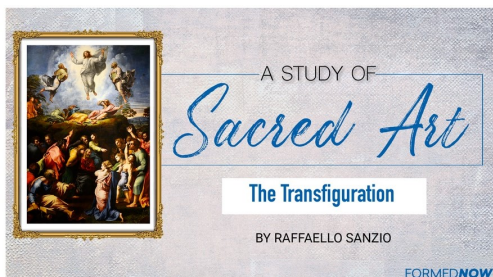
Edith Stein: The Seventh Chamber

This film is a moving, artistic portrayal of the life of Jewish philosopher, Catholic convert, and Carmelite martyr, Edith Stein. It powerfully captures the interior struggles of this extraordinary woman and her journey toward the Lord.



Clare and Francis

This outstanding movie is unique among films about St. Francis because of the historical accuracy of the story and its authentic spirit of joy and piety so characteristic of Francis, as well as the major role played by Clare. Both founded major religious orders, and together they inspired many to follow their radical call to live the Gospel.



The Transfiguration | Sacred Art

Dr. Ben Akers and Taylor Kemp sit down with Raffaello Sanzio's painting, "The Transfiguration," to discuss its theological meaning and how it can speak to us today.

Our parish has a FORMED subscription.
Visit signup.formed.org and select our parish name.