

FORMED Suggestions:
Return-with Father John Burns
10 Things you might not know
about Lent
Fearless


You may have noticed by now that the candles on the altar, both the high altar and the *versus populum* altar, are a bit different. They are made of 51% unbleached beeswax (the other percentage being less expensive kinds of wax). It is an old custom to use unbleached candles during funerals and the season of Lent. You might be thinking that these brown/yellow hued candles look very pretty and festive, but that would be to misunderstand the concept. To the mind of people in less-industrialized times, these candles would have looked very normal and typical in color. They are what was used in their homes. In comparison, they would have thought our bleached, white candles looked quite elegant, for that is what the wealthy could afford. The point is, during seasons and times of penance and mourning, the less expensive variety of candles are used, whereas during festive seasons the more expensive variety are used. To that end...this parish has been accustomed to seeing bright white candles composed of 51% beeswax and 49% stearine, but from now on I will be ordering 100% beeswax candles for the altar, and they have a creamy white look to them, and you will see them at Easter!

-Fr. Hamness

The group of youth going to Steubenville St. Paul (location change) in July will be having a fundraiser dinner on Saturday March 25th at 5:30pm-7:30pm. They will PRESELL dinner tickets before and after the Masses the weekends before or in the office until Tuesday March 21st. The cost is \$10 per person- dinner includes lasagna, fluff dessert, garlic bread and dessert.

Daily Mass Schedule: Mar. 11 th – Mar. 19 th			
3-11	Sat.	9:00 am	Jan Lindsley
3-11	Sat.	5:30 pm	People of Sacred Heart and Assumption Parishes
3-12	Sun.	8:30 am	+Al Jacobson
3-13	Mon	9:00 am	Communion Service
3-14	Tues.	9:00 am	Communion Service
3-15	Wed.	9:00 am	Living and Deceased Members of Christian Mothers
3-16	Thurs	9:00 am	+David Varberg
3-16	Thurs.	10:00 am	+Deacon Mark Stenger (Care Center)
3-17	Fri.	9:00 am	Pro Defunctis
3-18	Sat.	9:00 am	Special Intention for a Parish Family
3-18	Sat.	5:30 pm	+Robert Hibbs
3-19	Sun.	8:30 am	People of Sacred Heart and Assumption Parishes

PASTOR: Fr. Adam Hamness Office: 218.334.4221 Sacramental Emergency Line: 218.209.2686 ahamness@crookston.org
Deacons: Trevor Pikula deacontrevor.shfre@arvig.net Pete Bellavance deaconpete.shfre@arvig.net
Secretary: & Coordinator of Youth Formation: Christine Dornbusch office: 218.334.4221 shfre@loretel.net christined.shfre@arvig.net
Office Hours: Tuesday and Thursday 8:00 am—3:00 pm
Pastoral Associate: Marlys Jacobson marlysj.shfre@arvig.net 218.280.0760
Music Director: Susan Champa Janitorial: Norman Adams Mon. and Fri.
Diocesan Victim Assistance Coordinator: Cindy Hulst Confidential Line: 218.281.7895 chulst@crookston.org
Mass Times Effective 3-11-23 Sun. 8:30 am Wed. 9:00 am Thurs. 9:00 am Fri 9:00 am Sat. 9:00 am 5:30 pm ADORATION: Thurs. 9:30 am-7:00 pm CONFESSIONS: Wed. 8:30 am Thurs. 8:30 am Fri. 8:30 am Sat. 8:30 am Sat. 3:30 pm Sun. 8:00 am

March 5, 2023 2 weeks			
Operation Income	\$ 6,788.28	Maintenance	\$ 0.00
Roof Loan Payment	\$ 736.00	Children’s Project	\$ 49.28
		FACC	\$ 70.00
 The Knight of Columbus will be having dinner on Fri. Mar 17 th , 5-7pm The dinner includes fried fish, scalloped potatoes or French fries, green beans, coleslaw, bread and ice cream. Adults: \$15, Kids (7-12): \$10, Kids (6 & under): Free.			
Up Coming Events			
Sat. Mar. 11 th –Christian Mothers Meeting at 9:45am-after Mass			
Thurs. Mar. 16 th –24-Hour Adoration 9:30am to Fri. Mar. 17 th 9:00am			
Fri. Mar. 17 th —Knights of Columbus Fish Fry 5pm-7pm			
Sun. Mar. 19 th –Knights of Columbus Meeting at 10am			
Sun. Mar. 19 th --Holy Hour-Adoration and Vespers at 3pm			
The Sacred Heart Knights of Columbus are doing “40 can for 40 days Food Drive” over lent to support the Becker County Food Pantry. We will have a box and sign in All Saints Hall. If you want to make a monetary donation you can get it to a Knights of Columbus member or drop it off at the Parish office. If you would like to make a monetary contribution either in your name or through the KC’s, we will get it to the food pantry. We will finalize the food drive on the 31st of March so the food pantry can get matching contributions.			
We would like to thank everyone in our Sacred Heart Parish family for the prayers, cards, messages, phone calls, and meals throughout my cancer treatments. A heartfelt thank you, also for all the support at the benefit in January. We have been overwhelmed by the love and caring shown us and are extremely grateful for our Parish family. May God bless all of you. Sincerely, Bruce & Stacy Moe			
The liturgical minister schedule for April to August will be available March 26th. Please let Chris Peluso know if you are not able to serve a certain weekend by March 15 th . He can be contacted at 218-371-7336.	Ministry Schedule		
	Altar Server	Saturday-Mar. 18 th 5:30 pm	Sunday-Mar. 19 th 8:30 am
		Rachel Courneya	Nora Anderson
	Eucharistic Minister	Kathy Peichel	Elise Anderson
		Barb Rice	Mark Byer
	Lector	Jim Courneya	Bev Roberts
	Greeters	Jill Mickelson	Sharon Hensel
Saturday Evening Masses will change to 5:30pm starting March 11 th .	Ushers	Dan Althoff	Dick Roforth
		Tom Mickelson	Ryan Roforth
			Tim Stenger
	Sacristan	Dave Goeddertz	Bud Hensel
March 2 nd Collections: 5 th -Roof, 19 th -Catholic Relief Services, 26 th FACC			

Youth	
Wed. Mar.15 th ----Release Time grades 1 st -6 th	
Wed. Mar.15 th ----Evening RE for grades 7 th -11 th	
Wed. Mar. 22 nd ----Release Time grades 1 st -6 th	
Wed. Mar. 22 nd ---Evening RE for grades 7 th -11 th	
Wed. Mar. 29 th ----Release Time grades 1 st -6 th	
Wed. Mar. 29 th ----Evening RE for grades 7 th -11 th	
The John Arouni and Knights of Columbus Scholarship applications are due April 1 st . Please turn them into the office or to a member of the Knights of Columbus before this date to be considered for the scholarships.	
Calling All Singers and Instrumentalists	
Those who sing pray twice--St. Augustine	
Through singing, we add a further dimension of honor that enhances worship to a higher, more meaningful degree. We invite high school aged youth and all adults to join a choir that is being assembled for Easter.	
Please join us! We ask that you text/email your names and cell or home phone numbers to: Susan Champa; 262-957-6466; schampa@arvig.net	
If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential #).	
Parishioners’ Prayer Requests:	
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:	
Stacy Moe Lisa Flynn Linda Jutz Jan Lindsley	Doreen Schrandt Leonard Schrandt Ed Kasowski
To submit a prayer request for our prayer chain, text 503.791.1553 or frazeepayerchain@gmail.com . Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.	