# Lenten Calendar 2023

### **February** 22--Ash Wednesday--7:00 PM—Mass at Sacred Heart-----5:00 PM at Assumption in Callaway

### 22--Ash Wednesday--1:10 PM and 2:10 PM—During Release Time **Distribution of Ashes only No Mass**

### 23—Thursday –9:30 AM-7:30 PM--Adoration 24—Friday—9:00 AM--Mass 24—Friday—5:30 PM--Soup & Sandwich Supper (served until 6:30pm) 24—Friday—6:00 PM—Exposition & Adoration of the Blessed Sacrament 24—Friday—6:05 PM—Confessions (until 6:55 PM) 24—Friday—6:45 PM—Sorrowful Mysteries of the Rosary 24—Friday—7:00 PM—Benediction 24—Friday—7:15 PM—Stations of the Cross **March**

**The Knights of Columbus are putting on the Fish Fry supper March 3rd, 17th, 31st.**

2--Thursday--9:30-7:00 PM--Adoration

3--Friday—9:00 AM—Mass

3--Friday--5:00 PM-7:00 PM—Knights of Columbus Fish Fry 3--Friday—6:00 PM—Sung Latin Mass in Honor of the Sacred Heart of Jesus  
 4--Saturday--9:00 AM and 4:00 PM--Mass  
 5--Sunday--8:30 AM--Mass

9--Thursday--9:30 AM-7:00 PM—Adoration

**Confessions:  
Wed. 830 AM**

**Thurs. 8:30 AM  
Fri. 8:30 AM  
Fri. 6:05 PM**

**Sat. 8:30 AM—also before the evening Mass**

**Sun. 8:00 AM**

10--Friday—9:00 AM--Mass 10--Friday—5:30 PM--Soup & Sandwich Supper (served until 6:30pm)  
 10--Friday—6:00 PM—Exposition & Adoration of the Blessed Sacrament  
 10--Friday—6:05 PM—Confessions (until 6:55 PM)  
 10--Friday—6:45 PM—Sorrowful Mysteries of the Rosary  
 10--Friday—7:00 PM—Benediction  
 10--Friday—7:15 PM—Stations of the Cross

11--Saturday—9:00 AM--Mass

**11--Saturday—Mass at 5:30pm----Move your clocks ahead** 12--Sunday--8:30 AM Mass

16--Thursday--9:30AM to Friday-17—9:30 AM—24-hour Adoration

17--Friday—9:00 AM--Mass 17--Friday—5:00 PM-7:00 PM—Knights of Columbus Fish Fry

17--Friday—6:00 PM—Exposition & Adoration of the Blessed Sacrament  
 17--Friday—6:05 PM—Confessions (until 6:55 PM)  
 17--Friday—6:45 PM—Sorrowful Mysteries of the Rosary  
 17--Friday—7:00 PM—Benediction  
 17--Friday—7:15 PM—Stations of the Cross

18--Saturday—9:00 AM and 5:30 PM Mass  
 19--Sunday---8:30 AM--Mass  
 19--Sunday—3:00 PM—Holy Hour with Adoration, Vespers, & Benediction

23--Thursday--9:30AM to 7:00 PM—Adoration

**Lenten Calendar 2023**

**March**  
 24--Friday—9:00 AM--Mass 24--Friday—5:30 PM--Soup & Sandwich Supper (served until 6:30pm)  
 24--Friday—6:00 PM—Exposition & Adoration of the Blessed Sacrament  
 24--Friday—6:05 PM—Confessions (until 6:55 PM)  
 24--Friday—6:45 PM—Sorrowful Mysteries of the Rosary  
 24--Friday—7:00 PM—Benediction  
 24--Friday—7:15 PM—Stations of the Cross

25--Saturday—9:00 AM and 5:30 PM Mass  
 26--Sunday---8:30 AM  
 30--Thursday--9:30AM to 7:00 PM--Adoration

31--Friday—9:00 AM--Mass 31--Friday—5:00 PM-7:00 PM—Knights of Columbus Fish Fry  
 31--Friday—6:00 PM—Exposition & Adoration of the Blessed Sacrament  
 31--Friday—6:05 PM—Confessions (until 6:55 PM)  
 31--Friday—6:45 PM—Sorrowful Mysteries of the Rosary  
 31--Friday—7:00 PM—Benediction  
 31--Friday—7:15 PM—Stations of the Cross

**April**

1--Saturday—9:00 AM and 5:30 PM Mass  
 2--Palm Sunday---8:30 AM Mass  
 2--Egg Painting---9:30 AM  
 3--Monday—6:30 PM—Chrism Mass at Crookston

6--Thursday—5:00 PM Potluck Supper-All are welcome

6--Holy Thursday—TBD

##### 7--Good Friday—TBD

8--Holy Saturday—TBD--Easter Vigil

9--Sunday—8:30 AM Easter Mass  
 16--Divine Mercy Sunday—3:00 PM Holy Hour with Adoration, Vespers, and Benediction

#### Regulations for Lenten fast and abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.