

Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544 **February 26, 2023** Website: <http://frazeesacredheart.org>

FORMED Suggestions:

Restore: *Lent with Sr. Miriam James Heidland*
Whole 40: *Making a Spiritual Plan for Lent*

Here is an amusing, little story I heard from a priest friend. On Ash Wednesday, just a few days ago, a family was in attendance at Mass with their five-year-old son. When it was their turn to leave their pew and walk to the front of the church for the imposition of ashes, the little guy followed right along in line, not quite understanding what was going on. When the little boy got to the front of the line, my priest friend imposed ashes on his forehead, and immediately, the little boy's disposition changed from mildly curious and excited, to one of nervousness. The boy was so troubled that his family could instantly tell that something was wrong, and when they got back to their pew, the boy's mother asked him what was the matter. The little boy, a bundle of anxiety, whispered, "Whose ashes did Father put on my head?" My priest friend had obviously been preaching about the original Adam being formed by God from the clay of the earth, and that when we die, "to dust we shall return." The little boy had the right spirit of the day, if not the actual facts.

1st Sunday of Lent

"It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" Matthew 4:10

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things and develop and nurture heavenly things. Lent is time to repent and let go of the other "gods" we have put before God.

Daily Mass Schedule: Feb. 26th - Mar. 5th

2-25	Sat.	9:00 am	+Kay Noll
2-25	Sat.	4:00 pm	The People of Sacred Heart and Assumption Parishes
2-26	Sun.	8:30 am	+Al Jacobson
2-27	Mon.	9:00 am	Communion Service
2-28	Tues.	9:00 am	Communion Service
3-01	Wed.	9:00 am	+Harriet Leone
3-02	Thurs	9:00 am	+Joe Szepienec
3-02	Thurs.	10:00 am	+Margaret Kasowski (Care Center)
3-03	Fri.	9:00 am	Living and Deceased Members of Christian Mothers
3-03	Fri:	6:00 pm	Pro Defunctis (Latin Mass-Ordinary Form)
3-04	Sat.	9:00 am	+James Byer
3-04	Sat.	4:00 pm	+Jim and Bonnie Wallace
3-05	Sun.	8:30 am	+Theresia Schlawer

PASTOR:

Fr. Adam Hamness
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Deacons:

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Secretary:

&

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Office Hours:

Tuesday and

Thursday

8:00 am—3:00 pm

Pastoral Associate:

Marlys Jacobson

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218.280.0760

Music Director:

Susan Champa

Janitorial:

Norman Adams

Mon. and Fri.

Diocesan Victim

Assistance Coordinator:

Cindy Hulst

Confidential Line: 218.281.7895

chulst@crookston.org

Mass Times

Sun. 8:30 am

Wed. 9:00 am

Thurs. 9:00 am

Fri 9:00 am

Sat. 9:00 am

4:00 pm

ADORATION:

Thurs. 9:30 am-7:00 pm

CONFESIONS:

Wed. 8:30 am

Thurs. 8:30 am

Fri. 8:30 am

Sat. 8:30 am

Sat. 3:30 pm

Sun. 8:00 am

Up Coming Events

Thurs. Mar. 2nd—Adoration from 9:30am to 7:00pm

Thurs. Mar. 2nd—Pastoral Council Meeting at 7pm

Mon. Mar. 6th—Knights of Columbus Meeting at 7pm

Sat. Mar. 11th—Christian Mothers Meeting at 9:45am-after Mass

On March 17-19 at Franciscan Retreat Center in Hankinson ND, men are invited to a retreat called Body & Blood, Soul & Divinity. There will be Rosary, engaging large group talks, small group discussions, Mass, Confession, Eucharistic Adoration, private priest/deacon spiritual direction, a Eucharistic Miracles exhibit and more. Room and all meals provided, cost \$300. Register at

[www.ecclesiadomestica.net/registr](http://www.ecclesiadomestica.net/registration)

[ation](http://www.ecclesiadomestica.net/registration) or call St. Boniface,

Lidgerwood 701-538-4604

Adoration: Why Sign Up Instead of Just Going? What Difference Does It Make?

Adoration felt laborious for me in the beginning. I cannot tell you how many hours I spent sitting in church waiting for the hour to be up just like [St. Teresa of Avila](#). Sometimes, I still feel this way. Why do I keep at it then? The answer is threefold.

#1: Time Matters

Time is our most valuable commodity. As my dad says, you can always get more money. You can't get more time. To not only go to Adoration, but to block out a specific hour for it is to commit to Our Lord on a whole new level. We tell Him, "You are a top priority." Jesus, infinitely generous, will repay such a commitment beyond measure just as He promises in the Gospels ([Mark 10:28-30](#); [Luke 6:38](#)).(-Amber Kinlock)

The youth are selling Cheesecake again this year to help raise funds to attend the Steubenville conference in Rochester in July. Orders need to be in by 2-28 and will be delivered the week of 3-27. The office can also take your orders if you miss the youth selling them before and after the Masses on the weekend. Thank you for supporting the youth at Sacred Heart.

Have you made a commitment to the 2023 Diocesan Annual Appeal? If you have, thank you! If not, please make your pledge or gift this weekend. You can donate online at www.crookston.org/DAA. Pledges can be paid over 10 months. Consider increasing your gift by 5 or 10% if you haven't increased your gift for several years. The annual appeal goal is \$925,000 and has been raised by \$15,000, an increase of 1.6%. For questions about automatic sustaining gifts, which is a highly recommended method for supporting the appeal, contact Renee Tate at rtate@crookston.org or call 218-281-4533, ext.

Ministry Schedule

	Saturday-Mar. 4 th 4:00 pm	Sunday-Mar. 5 th 8:30 am
Altar Server	Rachel Courneya Katie Courneya	Brooklyn Riewer Isabella Pikula
Eucharistic Minister	Kathy Peichel Barb Rice	Roxie Riewer Tracy Roforth
Lector	Russ Karasch	Mary Flynn
Greeters	Susan Jaroszewski	Sharon Hensel
Ushers	Daniel Althoff Tom Mickelson	Ed Jutz LeRoy Rausch Mark Byer Bud Hensel Fred Daggett
Sacristan	Dave Goeddertz	

March 2nd Collections: 5th -Roof, 19th -Catholic Relief Services, 26th FACC

Youth

Wed. Mar. 1st -----Release Time grades 1st-6th

Wed. Mar. 1st -----Evening RE for grades 7th-11th

Wed. Mar. 8th -----Release Time grades 1st-6th

Wed. Mar. 8th -----Evening RE for grades 7th-11th

Wed. Mar. 15th -----Release Time grades 1st-6th

Wed. Mar. 15th -----Evening RE for grades 7th-11th

Lent Youth Retreat in the Diocese

Into the Desert 24-hour Lenten Retreat March 18 & 19, 2023 The Diocese of Crookston Pastoral Center 2 PM – 2 PM. Grades 7th -12th



The Sacred Heart

Knights of Columbus are doing "40 can for 40 days Food Drive" over lent to support the Becker County Food Pantry. We will have a box and sign in All Saints Hall. If you want to make a monetary donation you can get it to a Knights of Columbus member or drop it off at the Parish office. If you would like to make a monetary contribution either in your name or through the KC's, we will get it to the food pantry. We will finalize the food drive on the 31st of March so the food pantry can get matching contributions.

If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential #).

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

Stacy Moe Lisa Flynn Linda Jutz Jan Lindsley	Doreen Schrandt Leonard Schrandt RIP Bob Riewer RIP Clem Neisen
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To submit a prayer request for our prayer chain, text 503.791.1553 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.