www.frazeesacredheart.formed.org

Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544 March 27, 2022 **Website: http:/frazeesacredheart.org**

FORMED Suggestions:
Living Lent as a Family (4-part series)
Restore
Lent-Brother Francis

Here is a thought from last week's homily: *The parable of the fig tree presents the possibility that we exhaust the soil without bearing fruit. In other words, we receive an abundance of grace, and we waste it doing nothing, or worse, collaborating with evil.*

I take medicine for acid reflux every day. Last Friday I began to experience heart burn during the second reading at Mass. I knew right away, "I forgot to take the medicine!" It is truly amazing, first how well the medicine works, and, secondly, how quickly my body tells me that it needs it. I wonder if anything of the spiritual life is like this, in subtle or overt ways.

On Tuesday morning I slept in and ended up rushed in my morning prayers. I knew that I would have time for them later, but still, it was like I had missed my morning coffee. Something wasn't right even though I had done nothing wrong. I have had other experiences when I just plain old skipped my prayer time. My patience was thin, and my ability to resist temptation was diminished. It was my "spiritual body" telling me that something vital to life was missing.

We can be attentive to the spiritual life. Part of this attentiveness is to be aware of what our body and soul are telling us. There are clear signs of symptoms when we listen. Maybe we have been faithful to prayer, and we need to spend even more time in order to navigate a difficult time. There is no mistaking the onset of heartburn, and I immediately know what to do. Why do we hesitate to respond to the spiritual promptings when our bodies and souls are clear about what they need?

Here is a prayer for a Lenten Mass that captures these thoughts,

"Grant, we pray, O Lord, that, schooled through Lenten observance and nourished by your word, through holy restraint we may be devoted to you with all our heart and be ever united in prayer. Amen."

If anyone would like to volunteer to have their feet washed on Holy Thursday at the celebration of Mass, 7pm, please contact Cheryl Stegmaier 218-841-8633. Before April 10.

Morning Prayer Mon. Tues. Wed. and Thurs. @ 8:30am before Mass or Communion Service. ***The Liturgy of the hours and Divine Mercy Chaplet are prayed at this time. Books are available.***

Daily Mass Schedule: Mar.28th -Apr. 3rd

Mon:	9:00 am	Communion Service
Tues:	9:00 am	Communion Service
Tues:	6:30 pm	+Kim Johnson
Wed.	9:00 am	Communion Service
Wed:	9:00 am	+Frank Shereck (Care Center)
Thurs:	9:00 am	+Hilarion Byer
Fri:	5:30 pm	+Nick and Harriet Leone
Sat:	9:00 am	+Jim and Bonnie Wallace
Sat:	5:30 pm	+Lloyd and Betty Dretsch
Sun:	8:30 am	+Irene Adams

PASTOR
Msgr. David Baumgartner
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Secretary:
&
Coordinator of Youth Formation:
Christine Dornbusch
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Office Hours:
Tuesday and Thursday
8:00 am—3:00 pm

Pastoral Associate:
Marlys Jacobson
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218.280.0760

Music Director:
Susan Champa

Diocesan Victim Assistance Coordinator:
Cindy Hulst
Confidential Line:
218.281.7895
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Mass Times
March 12th 2022
Sun. 8:30 am
Tues. 6:30 pm
Wed. 9:00 am @ Frazee Care Center
Thurs. 9:00 am
Fri 5:30 pm
Sat. 9:00 am
5:30 pm

ADORATION:
Tues. 9:30 am-7:00 pm

CONFESSIONS:
Thurs. 8:00 am
Fri. 8:00 am
Sat. 4:15 pm
Sun. 7:45 am

Up Coming Events

Fri. Apr. 1st –FACC soup and sandwich meal at 6:15pm
Mon. Apr.4th ---Christian Mothers Meeting at 5:30pm—Rosary, potluck, and meeting
Mon. Apr. 4th ---Knights of Columbus Meeting at 7pm
Fri. Apr. 8th ---Knights of Columbus Fish Fry 5pm-7pm
Sat. and Sun Apr. 9th and 10th Christian Mothers Parish wide bake sale before and after the Masses
Sun. Apr. 10th ---Knights of Columbus Meeting at 10am

Calling All Singers and Instrumentalists

Those who sing pray twice. St. Augustine

Through singing, we add a further dimension of honor that enhances worship to a higher, more meaningful degree. We invite high school aged youth and all adults to join a choir that is being assembled for Holy Thursday, Easter Vigil, and Easter Sunday. (You are welcome for any of these masses.)

Instrumentalists, we can use your assistance as well. We are looking for woodwind, brass, and string players. Additional instrumentation also lifts liturgies to new heights of glory.

Susan Champa---262-957-6466---schampa@arvig.net

SAVE THE DATE!
Benefit for Deacon Mark Stenger
Sunday, April 10th
1:00PM-4:00PM
Perham Lakeside Golf Course
Silent Auction items needed. Items can be dropped off at St. Henry's Catholic Church in Perham at the office by April 3rd.

Seasons of Hope Bereavement Group to begin

If you are in need of consolation after losing a loved one,this Chris-centered faith-sharing group is for you. Our next Season Season 1, will begin on Thursday April 7th and will run for six weeks. There will be two groups available, one at 10am and the other at 7pm. For more details, pick up a Seasons of Hope brochure in the vestibule or call Marlys at 218-280-0760

Ministry Schedule

	Saturday-Apr. 2nd 5:30 pm	Sunday-Apr. 3rd 8:30 am
Altar Server	Keela Hanson Paul Sharp	Thomas Anderson Nora Anderson
Eucharistic	Russ Karasch	Bev Roberts
Lector	Ann Wothe	Trevor Pikula
Greeters	Jill Mickelson	Angie Jacobson
Ushers	John Mack Tom Mickelson	Daniel Giefer Ed Jutz Terry Teiken Mark Jaroszewski
Sacristan	Jim Jaroszewski	Mark Byer

April 2nd Collections: 3rd -Building, 17th -FACC, 24th -Catholic Home Mission Appeal

Youth

Wed. Mar. 30th— LAST DAY for Release Time 😟
Wed. Mar. 30th -- Evening RE grades 7th-11th
Wed. Apr. 6th -- Evening RE grades 7th-11th
Wed. Apr. 13th -- Evening RE grades 7th-11th
Wed. Apr. 20th -- Evening RE grades 7th-11th
Wed. Apr. 27th-- Evening RE for 11th ONLY

The date is set for CBS 😊 Aug. 7th-11th for grades PreK/K to 6th grade from 6pm to 8pm. All are welcome to join us as we parachute with the Angels.

Easter Flower Memorial Donations: Please return by April 10, 2022. Donate a $10.00 memorial toward our Easter flowers which decorate our church during this holy season. (Please print)
Purchaser's
Name_____
Amount
$_____
In Memory or Honor
of_____
_____
_____
_____
_____
_____Memorials will be published in a post-Easter bulletin)

If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential #).

Parishioners' Prayer Requests:
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

Lisa Flynn
Tim Riley
Rodger Palmer
Deacon Mark Stenger
Carole Courneya
Duke Turnbull

Karen Walter
LaVonne Goetsch
Joleen Giefer
Graeme Nunn
RIP Noreen Sanders

To submit a prayer request for our prayer chain, either text 503.791.1553 or e-mail. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.