# Lenten Calendar 2022

**March**

###  2---Ash Wednesday--- 8:00 AM Confessions

**There will be no 9:00 AM Mass on the Fridays during Lent.**

###  2—Ash Wednesday—9:00 AM and 6:30 PM—Mass

###  2---Ash Wednesday--1:10 PM and 2:10 PM—During

###  Release Time **Distribution of Ashes only No Mass**

4—Friday—5:30 PM— Mass

 4—Friday—6:15 PM—Soup/Sandwich Supper

 4—Friday—6:15 PM— Exposition and Confessions

 4—Friday—7:00 PM---Stations of the Cross

 4---Friday---7:45 PM---Benediction

**The Knights of Columbus are putting on the Fish Fry supper March 11th, 25th and April 8th. Drive up**

8—Tuesday—9:30 AM-7:00 PM—Adoration

 11—Friday—5:00-7:00 PM—Fish Fry

 11—Friday—5:30 PM— Mass

 11—Friday—6:15 PM— Exposition and Confessions

 11—Friday—7:00 PM---Stations of the Cross

 11---Friday---7:45 PM---Benediction

 **12---Saturday—Mass at 5:30pm----Move your clocks ahead**

15—Tuesday—9:30AM to Wednesday 17—9:30 AM—24-hour Adoration

 18—Friday—5:30 PM— Mass

 18—Friday—6:15 PM—Soup/Sandwich Supper

 18—Friday—6:15 PM— Exposition and Confessions

 18—Friday—7:00 PM---Stations of the Cross

 **Confessions:**

**Thurs. 8:00 AM
Fri. 8:00 AM**

**Sat. 8:00 AM—Also before and after the Saturday evening Masses.**

**Sun. 7:30 AM**

 18---Friday---7:45 PM---Benediction

 22—Tuesday—9:30 AM-10:00 PM—Adoration

 25—Friday—5:00-7:00 PM—Fish Fry

 25—Friday—5:30 PM— Mass

 25—Friday—6:15 PM— Exposition and Confessions

 25—Friday—7:00 PM---Stations of the Cross

 25---Friday---7:45 PM---Benediction

29—Tuesday—9:30 AM-7:00 PM—Adoration

**April**

 1—Friday—5:30 PM— Mass

 1—Friday—6:15 PM—Soup/Sandwich Supper

 1—Friday—6:15 PM— Exposition and Confessions

 1—Friday—7:00 PM---Stations of the Cross

 1---Friday---7:45 PM---Benediction

# Lenten Calendar 2022

**There will be no 9:00 AM Mass on the Fridays during Lent.**

***April***

 5--- Tuesday—9:30 AM-7:00 PM—Adoration
 6---Wednesday—6:30 PM Confessions with visiting
 Priests

**The Knights of Columbus are putting on the Fish Fry supper March 11th, 25th and April 8th. Drive up**

 8—Friday—5:00-7:00 PM—Fish Fry

 8—Friday—5:30 PM— Mass

 8—Friday—6:15 PM— Exposition and Confessions

 8—Friday—7:00 6:45 PM---Stations of the Cross

 8---Friday---7:45 PM---Benediction

10—Palm Sunday—8:30 AM—Mass

 10---Egg Painting---9:30 AM

 **Confessions:**

**Thurs. 8:00 AM
Fri. 8:00 AM**

**Sat. 8:00 AM—Also before and after the Saturday Evening Masses.**

**Sun. 7:30 AM**

 11—Monday—7:00 PM—Chrism Mass at Crookston

 12—Tuesday—9:30 AM-10:00 PM—Adoration

 14—Holy Thursday—7:00 PM—Mass

#####  15—Good Friday—12 Noon and 7:00 pm service

 16—Holy Saturday—8:00 PM—Easter Vigil

 17—Sunday—8:30 AM and 12 noon---Easter Mass

#### Regulations for Lenten fast and abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.