# Lenten Calendar 2022

**March**

### 2---Ash Wednesday--- 8:00 AM Confessions

**There will be no 9:00 AM Mass on the Fridays during Lent.**

### 2—Ash Wednesday—9:00 AM and 6:30 PM—Mass

### 2---Ash Wednesday--1:10 PM and 2:10 PM—During

### Release Time **Distribution of Ashes only No Mass**

4—Friday—5:30 PM— Mass

4—Friday—6:15 PM—Soup/Sandwich Supper

4—Friday—6:15 PM— Exposition and Confessions

4—Friday—7:00 PM---Stations of the Cross

4---Friday---7:45 PM---Benediction

**The Knights of Columbus are putting on the Fish Fry supper March 11th, 25th and April 8th. Drive up**

8—Tuesday—9:30 AM-7:00 PM—Adoration

11—Friday—5:00-7:00 PM—Fish Fry

11—Friday—5:30 PM— Mass

11—Friday—6:15 PM— Exposition and Confessions

11—Friday—7:00 PM---Stations of the Cross

11---Friday---7:45 PM---Benediction

**12---Saturday—Mass at 5:30pm----Move your clocks ahead**

15—Tuesday—9:30AM to Wednesday 17—9:30 AM—24-hour Adoration

18—Friday—5:30 PM— Mass

18—Friday—6:15 PM—Soup/Sandwich Supper

18—Friday—6:15 PM— Exposition and Confessions

18—Friday—7:00 PM---Stations of the Cross

**Confessions:**

**Thurs. 8:00 AM  
Fri. 8:00 AM**

**Sat. 8:00 AM—Also before and after the Saturday evening Masses.**

**Sun. 7:30 AM**

18---Friday---7:45 PM---Benediction

22—Tuesday—9:30 AM-10:00 PM—Adoration

25—Friday—5:00-7:00 PM—Fish Fry

25—Friday—5:30 PM— Mass

25—Friday—6:15 PM— Exposition and Confessions

25—Friday—7:00 PM---Stations of the Cross

25---Friday---7:45 PM---Benediction

29—Tuesday—9:30 AM-7:00 PM—Adoration

**April**

1—Friday—5:30 PM— Mass

1—Friday—6:15 PM—Soup/Sandwich Supper

1—Friday—6:15 PM— Exposition and Confessions

1—Friday—7:00 PM---Stations of the Cross

1---Friday---7:45 PM---Benediction

# Lenten Calendar 2022

**There will be no 9:00 AM Mass on the Fridays during Lent.**

***April***

5--- Tuesday—9:30 AM-7:00 PM—Adoration  
 6---Wednesday—6:30 PM Confessions with visiting   
 Priests

**The Knights of Columbus are putting on the Fish Fry supper March 11th, 25th and April 8th. Drive up**

8—Friday—5:00-7:00 PM—Fish Fry

8—Friday—5:30 PM— Mass

8—Friday—6:15 PM— Exposition and Confessions

8—Friday—7:00 6:45 PM---Stations of the Cross

8---Friday---7:45 PM---Benediction

10—Palm Sunday—8:30 AM—Mass

10---Egg Painting---9:30 AM

**Confessions:**

**Thurs. 8:00 AM  
Fri. 8:00 AM**

**Sat. 8:00 AM—Also before and after the Saturday Evening Masses.**

**Sun. 7:30 AM**

11—Monday—7:00 PM—Chrism Mass at Crookston

12—Tuesday—9:30 AM-10:00 PM—Adoration

14—Holy Thursday—7:00 PM—Mass

##### 15—Good Friday—12 Noon and 7:00 pm service

16—Holy Saturday—8:00 PM—Easter Vigil

17—Sunday—8:30 AM and 12 noon---Easter Mass

#### Regulations for Lenten fast and abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.