

# Sacred Heart Catholic Church

Father David's homilies--  
frazeesacredheart.org>Homilies.

**202 West Maple, Frazee MN 56544** July 11, 2021 **Website:** <http://frazeesacredheart.org>

frazeesacredheart.formed.org

## If You Forget, You Will Not Forgive

*Turning away from his brothers, Joseph wept.*

When we forgive someone, we do not forget the hurtful act, as if forgetting came along with the forgiveness package, the way strings come with a violin.

Begin with basics. If you forget, you will not forgive at all. You can never forgive people for things you have forgotten about. You need to forgive precisely because you have not forgotten what someone did; your memory keeps the pain alive long after the actual hurt has stopped. Remembering is your storage of pain. It is *why* you need to be healed in the first place.

Forgetting, in fact, may be a dangerous way to escape the inner surgery of the heart that we call forgiving. There are two kinds of pain that we forget. We forget hurts too trivial to bother about. We forget pains too horrible for our memory to manage. . . .

The pains we *dare* not remember are the most dangerous pains of all. We fear to face some horrible thing that once hurt us, and we stuff it into the black holes of our unconsciousness where we suppose it cannot hurt us. But it only comes back disguised; it is like a demon wearing an angel's face. It lays low for a while only to slug us later, on the sly. . . .

Enough, then, to light up a warning sign: never mistake forgetting for forgiving.

Once we *have* forgiven, however, we get a new freedom to forget. This time forgetting is a sign of health; it is not a trick to avoid spiritual surgery. We *can* forget because we have been healed.

But even if it is *easier* to forget after we forgive, we should not make forgetting a *test* of our forgiving. The test of forgiving lies with healing the lingering pain of the past, not with forgetting that the past ever happened.

(from *Give Us This Day*, July 7, 2021 by Lewis B. Smedes, *Forgive and Forget: Healing the Hurts We Don't Deserve*)

Morning Prayer Mon. Tues. Wed. Thurs. and Fri. @ 8:30am before Mass or Communion Service.  
*The Liturgy of the hours and Divine Mercy Chaplet are prayed at this time. Books are available.*

## Daily Mass Schedule: July 12<sup>th</sup> - July 18<sup>th</sup>

Mon:	9:00 am	Communion Service
Tues:	9:00 am	Communion Service
Tues:	6:30 pm	Gary and Joan Pfeiffer
Wed:	9:00 am	+Carol Karasch (Care Center)
Wed:	9:00 am	Communion Service (Church)
Thurs:	9:00 am	Mass of Thanksgiving
Fri:	9:00 am	+Dave Dorn
Sat:	9:00 am	+Karen Nelson
Sat:	5:30 pm	+Paul Guck
Sun:	8:30 am	+Jim Wallace

## PASTOR

Msgr. David Baumgartner  
Office: 218.334.4221  
Rector: 218-308-1296  
frdavid.shfre@arvig.net

## Secretary &

**Coordinator of Youth Formation:**  
Christine Dornbusch  
Office: 218.334.4221  
shfre@loretel.net  
christined.shfre@arvig.net

Office Hours:  
Tuesday and  
Thursday  
8:00 am—3:00 pm

**Pastoral Associate:**  
Marlys Jacobson  
marlysj.shfre@arvig.net  
218.280.0760

## Music Director:

**Diocesan Victim Assistance Coordinator:**  
Cindy Hulst  
Confidential Line:  
218.281.7895  
chulst@crookston.org

## Mass Times

Sun. 8:30 am  
Tues. 6:30 pm

Wed. 9:00 am @  
Frazee Care Center

Thurs. 9:00 am  
Fri. 9:00 am

Sat. 9:00 am  
5:30 pm

**ADORATION:**  
Tues. 9:30 am-7:00 pm

## CONFESIONS:

Thurs. 8:00 am  
Fri. 8:00 am  
Sat. 4:45 pm  
Sun. 7:45 am

## Up Coming Events

Sun. July 11<sup>th</sup> – Youth Sponsored Breakfast after the 8:30am Mass  
Wed. July 14<sup>th</sup> – Pastoral Council Meeting at 7pm  
Sun. July 18<sup>th</sup> - Knights of Columbus Meeting at 10am  
Tues. July 20<sup>th</sup> - 24-Hours Adoration 9:30am to 9:30am Wednesday July 21<sup>st</sup>. Doors are locked after 8pm. See Diane Mistelske or Christine Dornbusch for the code to unlock the door.  
Wed. July 21<sup>s</sup> – St. Thomas Aquinas Book Club at 6:30pm

The CBS Giving Tree is once again setup in All Saints Hall. Sacred Heart parish has been so generous with helping make CBS successful with their donations. If you pull a tag off the giving tree, you can purchase that item, bring it to church and set it by the stage in All Saints Hall. NON-food Items need to be dropped off to the church by July 25<sup>th</sup>. Food Items can be dropped off closer to July 31<sup>st</sup>. If you would like to help support CBS and are unable to purchase an item on the tree you could always make a cash donation to help offset the cost of supplies. Just mark your envelope accordingly and place in the collection basket or drop it off in the office. Thank you for supporting CBS!!!

**Christian Mothers Annual Raffle only has 200 tickets left to be sold at \$5 a ticket.** Drawing will be July 25<sup>th</sup> after the 8:30am Mass. There are 3 prizes \$100 cash, a beautiful Quilt, and a Solid Oak Table and Chairs. Tickets are available before and after Masses or in the office. Purchase your tickets before they are gone!!!



**Eucharistic Adoration** Tuesday, July 20th, is 24-hour Adoration and we need someone to commit to the 7:30-8:30 am (Wednesday morning) time slot. We would also like an additional person for most hours during the night. Ideally, there should be always a minimum of two adorers scheduled. A new time has been arranged to have the church locked on the third Tuesday. It will now be 8:00. It is locked with a padlock that may be opened with the combination received from Diane (817-229-6789) or Christine (612-804-9363).

"He instructed them to take nothing for the journey but a walking stick – no food, no sack, no money in their belts." MARK 6:8

Imagine taking nothing but a stick when you go on a trip. The Apostles must have really trusted in God's providential care. Think of all the material things "we can't live without" in today's world. We make our life's journey more difficult because of all the material baggage that we drag along. Putting God first in everything and putting our money and possessions second gives us freedom because we don't become "slaves" to wanting to acquire more things.

## Ministry Schedule

	Saturday-July 17 <sup>th</sup> 5:30 pm	Sunday-July 18 <sup>th</sup> 8:30 am
<b>Altar Server</b>	Rachel Courneya Katie Courneya	Hudson Baumgart Simon LaSart
<b>Eucharistic Minister</b>	Kathy Peichel	Kathy Stenger
<b>Lector</b>	Jim Courneya	Dani Piche
<b>Ushers</b>	Ross Kasowski Daniel Althoff	Mark Byer Ed Jutz
<b>Sacristan</b>	Jim Jaroszewski	Tim Stenger

## Youth

July 11th Youth Sponsored Breakfast after the 8:30am Mass.

July 22nd-25th- Steubenville Rochester Conference

Aug. 1st-5th-CBS 6:00PM to 8:00PM

Sept. 15th-Evening RE starts 5:00PM Dinner  
6:30PM to 7:30PM Class

## Safe Environment 2020/21

It is time to renew Safe Environment Certifications. If you work/volunteer in any capacity for Sacred Heart Parish with either the youth or vulnerable adults, this certification is required by the Diocese every year. Go to: <http://www.crookston.org/secertification> to complete your certification online. If you do not do it online, get a hard copy of the information in the kiosk in the vestibule. Please everybody get this done by August 1st. There is a fair amount of bookkeeping in keeping track of who needs to/has completed the Safe Environment requirement; this bookkeeping is much easier if everyone gets this done by August 1st.

If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential number).

## Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

Lisa Flynn	Claire Courneya
Kathy Dretscha	Larry Kuznia
Tim Riley	Bev Roberts
Rodger Palmer	Jennifer Kuznia
Tara Foley Johnson	Joan Ketter
Jerry Below	RIP Joe Szepieniec
Jake Schulz	RIP Foster Hemstock

To submit a prayer request for our prayer chain, either text 503.791.1553 or e-mail. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.