

Here is a thought from last week's homily, "...Forgiveness is a participation in the holiness and mercy and the love of our God." "The heart that offers itself to the Holy Spirit turns injury into compassion and purifies the memory in transforming the hurt into intercession."

Several years ago, a friend gave me four spikes. They were forged by his own hand and were made to resemble the spikes that were driven in the hands and feet of Jesus at his crucifixion. I like to hold the spikes. In doing so I am not imagining the job they were designed to do, at least not in gruesome detail. They make me grateful. They make me humble. They silence me.

The spikes have been rolling around my workbench until today. Today I made a little plaque for them and hung them on the wall above the workbench. Now I can see them, but it is much harder to touch them. This might not be a good thing.

We can tidy up our lives to the point that we are bothered by the slightest inconvenience. We can pack away the things that remind us of suffering and pretend that it never happened. In doing so we deprive ourselves of the opportunity to hold in our hand's reminders of painful love. This is the love that redeems us.

It is harder for me to be grateful and humble and silent when all I have left is a clean workbench.

Congratulation to Alexis Aho, Anissa Anotnsen, Hailie Diemert, Kaden Hiemenz, Grace Jaroszewski, Emma Lyman, Katelyn Mack, Autumn Moe, Abby Nagel, Brandon Nguyen, Danielle Piche, Charlee Putnam, Frederick Robin, Sabrina Ruiz, and Ethan Wothe on being Confirmed this weekend. "But it is God who establishes us with you in Christ and has anointed us, by putting his seal on us and giving us his Spirit in our hearts as a first installment." —St. Paul

Morning Prayer Mon. Wed. Thurs. and Fri. @ 8:30am before Mass and Tues. @ 9:00am before Adoration. The Liturgy of the hours and Divine Mercy Chaplet are prayed at this time. Books are available

Daily Mass Schedule: Sept. 21st – 27th

Mon:	9:00 am	Communion Service
Tues:	9:00 am	Communion Service
Wed:	9:00 am	+Delores Sazama
Thurs:	9:00 am	+Henry and Arlene Schreiner
Fri:	9:00 am	Living and Deceased Family Members of Henry Tessier
Sat:	4:00 pm	Christensen Family
Sat:	5:30 pm	+Betty Dretsch
Sun:	8:30 am	+Al Schierman
Sun:	12:00 pm	Joseph Harbinson

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Mass Times
 Sun. 8:30 am
 12:00 pm
 Wed. 9:00 am
 Thurs. 9:00 am
 Fri. 9:00 am
 Sat. 4:00 pm
 5:30 pm

ADORATION:
 Tues. 9:30 am-7:00 pm

CONFESSIONS:
 Thurs. 8:15 am
 Fri. 8:15 am
 Sat. 4:50 pm
 Sun. 7:45 am

Upcoming:
 Knights of Columbus meeting cancelled for Monday Sept. 21st
 Tues. Sept. 22nd: Liturgy Meeting at 7pm

Youth
 There are some changes in our RE program this year. Currently there is **NO** release time on Wednesdays during the day. We have decided to move RE for grades K-6th to Sunday Mornings after the 8:30 am Mass. Our RE for grades 7th-11th will remain on Wednesday Evenings at 6:30 pm. If your child attended RE at Sacred Heart 2019/2020 you will be getting an email and letter in the mail with more details. If your child has not attended RE at Sacred Heart before and would like to, they are more than welcome to join us. Registration forms will be available in All Saints Hall. Please contact Christine @ 612-804-9363 with any questions you may have.

Wed. Sept. 23rd -1st Penance/Communion 2021 and Confirmation 2021 Parent Meeting at 6:30pm

Sat. Sept. 26th -1st Communion 2020 retreat at 10:00 am

Sun. Sept. 27th 1st day of RE for grades K-6th at 9:30am

Sat. Oct. 3rd-1st Communion rehearsal at 10:00am

Sun. Oct. 4th- 1st Communion at 12 noon

Wed. Oct 7th 1st day of RE for grades 7th-11th at 6:30pm

Upcoming Christ the King Retreat Center Retreats

Directed Retreat – 3 day
 A directed retreat allows a person to spend uninterrupted time exploring the movement of God in their lives and includes daily meetings with a spiritual director.
 Dates: October 12-16, 2020
 Retreat Fee: \$300 per person (\$50 non-refundable deposit per person required)

Married Couples Retreat
 Theme: "A Listening Heart" - All is Grace. All is Gift Dates: October 16-18, 2020 Presented by: King's House Preaching Team
 Suggested Offering: \$320 per couple (\$60 non-refundable deposit per couple required)

Hope Day – Dealing with Loss
 Theme: Finding a Reason to Hope
 Date: October 21, 2020, 9 am to 3 pm
 Presented by: Sr. Brenda Rose Szegedy, OSF, Fr. Lon Konold, OMI
 Suggested Offering: \$40 per person, includes Lunch

Women's Silent Mid-Week Retreat
 Theme: "A Listening Heart" - All is Grace. All is Gift. Dates: Oct 27-29, 2020
 Presented by: King's House Preaching Team
 Suggested Offering: \$160 per person (\$30 non-refundable deposit per person required)

Men's Silent Weekend Retreat
 Theme: "A Listening Heart" - All is Grace. All is Gift. Dates: Oct 30-Nov 1, 2020
 Presented by: King's House Preaching Team
 Suggested Offering: \$160 per person (\$30 non-refundable deposit per person required)

Retreatants can register online at www.kingshouse.com or by calling Christ the King Retreat Center at 763-682-1394.

Lector Schedule

Saturday	Sept. 19th
4:00pm	David Goeddertz
5:30pm	Dani Piche and Grace Jaroszewski
Sunday	Sept. 20th
8:30am	Trevor Pikula
12:00pm	Diane Mistelske
3:00pm	Marlys Jacobson @ the Cemetery LAST MASS AT THE CEMETERY
Saturday	Sept. 26th
4:00pm	David Goeddertz
5:30pm	Kevin Scheidecker
Sunday	Sept. 27th
8:30am	Christine Daggett
12:00pm	Diane Mistelske

"So, the last will be first and the first last." (Matthew 20:16)

You've heard the saying "It's not where you start, but how you finish." This certainly applies to this Bible passage. We have a responsibility not only for our own lives, but for the lives of others as well. We are called to generously share our gifts with others, not hoard them for our own use. Our sincere gratitude and cheerful generosity will help us live "God-centered" lives and not "self-centered" lives.

The CD of the Month is "HOPE After Suicide", by Fr. Chris Alar, MIC. Death by suicide is sadly at pandemic proportions, killing more people every year than war and homicide combined. While many people know that the Church condemns suicide as a grave sin, few people know that the Church does not teach that a person who commits suicide is automatically condemned to hell. As Fr. Chris Alar, MIC shares in this insightful talk (based upon his book, After Suicide, given an imprimatur), while suicide remains grave and tragic, we must never despair of God's mercy, and must understand how our prayers can powerfully help those who have taken their own lives, and those who have been left behind. This CD and several others are available in the back of the church by the stained-glass window. Put your \$3.00 donation in the provided envelope. The Christian Mothers sponsor this program.

Parishioners' Prayer Requests:
 Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

Karen Nelson	Margaret Kasowaski
Lisa Flynn	Putz Mistelski
Kathy Dretsch	Donna Polzin
Mona Matuska	RIP Kelli Bjelland

To submit a prayer request for our prayer chain, either text 503.791.1553 or e-mail frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.