

**Safe Haven Sunday:** *Equipping the Family, Safeguarding Children*

Sacred Heart is setting aside this weekend as Safe Haven Sunday in order to give focused time and resources to address the harmfulness of pornography and other online threats to marriages, family life and culture. Today's awareness day is celebrated through prayer and a reflection within the Context of the Mass. After Mass, each individual and family will be given Covenant Eyes' book, *Equipped: Smart Catholic Parenting in a Sexualized Culture*. This book includes a unique seven-day text-to-opt-in program: *The Equipped 7-Day Challenge*. This Challenge provides practical tips any caring adult can take to create safer digital environments for themselves and our young people. Thank you for Celebrating with us!

Here is a thought from last week's homily: *The light of Christ reveals our sins not for us to be punished but for us to be healed. So, we look at the messes in our lives and say, "I know how that happened. I am sorry."*

The traditional disciplines of Lent are prayer, fasting and almsgiving. Our culture and the circumstances of our lives and families influence our dispositions toward these disciplines. For example, prayer requires us to turn our minds and hearts toward God. We struggle to find openness to the infinite God when technology has brought us easy access to a seemingly infinite stream of information, news and entertainment. Or to put it another way, I cannot pray and fiddle with my phone at the same time. I try, but the reality is that I end up fiddling with prayer. God may look at me and say, "Nice try. Let me know when you are really interested in Me."

I have a fridge and a pantry full of food. I have everything I need and want and a dollar store in my back yard. The only discipline I inflict on my body is this, "Should I eat the whole bag of licorice now or save half for later?" When we live day in and day out in excess, it is difficult to offer a sacrifice that has meaning or makes a difference. Compare this to the kids at the orphanage in Uganda. They live without access to food between their humble meals. They eat only what they need. They don't have the option of "giving up something," because they have nothing.

To give alms is to offer something to the poor. I have bottles and bags full of coins. Each Lent I like to give them to Operation Rice Bowl. It is not a sacrifice at all but more of a spring cleaning.

Lent: to give your whole attention to God in prayer; to abstain from meat and fast from food as a training to remember that we live not by bread alone but by every Word that comes from the mouth of God; to provide for the poor, not from our excess but by cutting into our budgets.

Here is an option for your almsgiving. One of the corporal works of mercy is to the bury the dead. I am aware of a family that needs a niche for their loved one but cannot afford it. I would like to offer a niche in Sacred Heart Cemetery's new columbarium. The family will need approximately \$1,000 to purchase the niche and for the engraving. If you want to participate in this almsgiving, you can put an envelope in the collection basket labeled, "Bury the Dead." Checks can be made out to "Sacred Heart Church" or "Assumption Church."

**Daily Mass Schedule: March 11-17**

Tues:	9:00 am	+Bill Lormis	Morning Prayer Tues., Thurs., & Fri. @ 8:40 am before Mass
Wed:	9:00 am	+Jim Wallace	
Thurs:	9:00 am	+Jim Boe	
Fri:	5:30 pm	Karen R. G.	
Sat:	9:00 am	+Carol Lormis	
	5:30 pm	+Avery Goeddert	
Sun.	8:30 am	For the People of Sacred Heart and Assumption Parishes	

# Sacred Heart Catholic Church

**202 West Maple, Frazee MN 56544** March 10, 2019 **Website:** <http://frazeesacredheart.org>

Website: [formed.org](http://formed.org)  
Parish Access Code: 38HZ8V

During the winter months, if school is either cancelled or 2 hours late, Adoration will be cancelled.

**PASTOR**  
**Msgr. David Baumgartner**  
Office: 218.334.4221  
Rectory: 218-308-1296  
frdavid.shfre@arvig.net

**Secretary:**  
Marlys Jacobson  
Office: 218.334.4221  
Home: 218.280.0760  
shfre@loretel.net  
Office Hours:  
Tuesday/Wednesday  
8:00 am—3:30 pm

**Coordinator of Youth Formation:**  
Christine Dornbusch  
Office: 218.334.4221  
christined.shfre@arvig.net

**Music Director:**  
Frederick Robin

**Diocesan Victim Assistance Coordinator:**  
Cindy Hulst  
Confidential Line:  
218.281.7895  
chulst@crookston.org

**Mass Times**  
Tuesday through Friday  
9:00 am  
(Wednesdays at the Care Center)  
Saturday 9:00 am & 5:30 pm  
Sunday 8:30 am

**CONFESSIONS:**  
Saturday 4:30 pm  
Sundays 7:45-8:15 am  
Thursdays 8:30 am

**ADORATION:**  
Tuesdays: 9:30AM-7:00 PM

There is a Women's Cursillo weekend March 21-24, 2019.

The applications for the 2019 John Arouni Education Endowment are now available. Copies are available in the Hall of Saints and online at [frazeesacredheart.org](http://frazeesacredheart.org). The deadline for scholarship applications is April 1.

The applications for the Knights of Columbus Scholarships are available in the literature rack in the Hall of Saints. The deadline for the applications is April 1<sup>st</sup>. Please turn in to any Knight.

The K of C Council 12581 of Frazee, MN are again having our Annual Lenten Fish Fry fund raising dinners. We will be having our first dinner on Mar 15<sup>th</sup>, 5-7pm at the Sacred Heart Catholic Church, Frazee, MN. We appreciate your support in announcing this dinner in your Bulletin. Attached is a copy of our flyer for the dinner. The dinner includes fried fish, scalloped potatoes or French fries, green beans, cole slaw, bread and ice cream. Adults: \$10, Kids (7-12): \$5, Kids (6 & Under): Free.

**Parishioners' Prayer Requests:**  
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

-Albert Weinandt  
-Karen Nelson  
-Jonathan Garcia  
-Brian Sauer  
-Jake Sayer

-Laurie Meyer Olson  
-Kathy Mayer  
-Steve Gabbard (RIP)  
-Hattie Goeddert  
Hogan and her unborn daughter Charlie

March 3, 2019  
Attendance 235

Adults	\$3,570.00
Loose	175.00
Children	2.00
	<b>\$ 3,747.00</b>

**Other Budgeted Income**  
Vigil Lights \$ 21.75  
Funeral Lunch 450.00  
Building Fund 675.00  
Assump. Reim 955.06  
**Total \$ 2,101.81**

**Other Non -Budgeted Income: Window Restoration Fund--\$165; Children's Uganda Garden Irrigation--\$46; Maintenance Fund--\$145**

Needed per Week to Reach Budget: \$4,733.00—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, Building, Steeple, and Window Funds, etc.), not just the Sunday collections.

**\$ 3,747.00**  
2,101.81  
**Total \$ 5,848.81**

**FACC Donations for 2018:**

- **Frazee Family Foods Christmas gift cards--\$500**
- **Emergent medical needs--\$2,100**
- **Food Pantry Donation--\$200**
- **Holy Rosary Benefit for parishioner in need--\$500**
- **Food vouchers--\$600**

**UPCOMING:**  
**Fri., Mar 15: Mass @ 5:30 pm**  
**KC's Fish Fry 5:00-7:00 pm**  
**Confession @ 6:15 pm**  
**Stations of the Cross @ 7:00 pm**  
**Sun., Mar 17: KC's Business meeting after Mass**

**Ministry Schedule for March 16/17, 2019**

	<b>Saturday 5:30 pm</b>	<b>Sunday 8:30 am</b>
<b>Altar Server</b>	Keela Hanson Rachel Kasowski	Chelsy Hofer Zach Roforth Evie Seim
<b>Care Center</b>		Pat Schurmann Nancy Bentley Fred Daggett
<b>Commentator</b>	Traci Alger	Kevin Scheidecker
<b>Eucharistic Ministers</b>	Kathy Peichel Elaine Palmer Heather Mitchell	Christine Daggett Bruce Hofer Mark Byer Cheryl Stegmaier
<b>Greeter</b>	Wanda Beaton Mary Flynn	Angie Jacobson Bev Roberts Al Jacobson
<b>Lector</b>		Leroy Rausch
<b>Sacristan</b>		Terry Teikin
<b>Usher</b>	Jim Courneya Ross Kasowski	

Circle 6 is in charge of donuts in March.; Circle 7 will be in charge in April.

**March 2<sup>nd</sup> Collections:** Home Missions—10<sup>th</sup>; FACC—24<sup>th</sup>; Catholic Relief Services—31<sup>st</sup>

**Youth Classes:**

- March 13th RE Classes
- March 20th RE Classes
- March 27th Last Day for Release Time-Evening RE
- April 3rd Evening RE
- April 10th Evening RE
- April 17th Evening RE
- April 24th Evening RE
- May 1st Evening Class for Confirmation **ONLY**
- May 4th-Saturday First Communion Rehearsal **10am**
- May 5th First Communion at **8:30am Mass**
- June 12th Confirmation Rehearsal 6:30pm
- June 16th Confirmation at 8:30am Mass

**To submit a prayer request** for our prayer chain, either text 503.791.1553 or e-mail [frazeeprayerchain@gmail.com](mailto:frazeeprayerchain@gmail.com). Names will be left in the bulletin 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.