

Safe Haven Sunday: *Equipping the Family, Safeguarding Children*

The family home is to be a safe haven. But the inappropriate use of technology in the home deprives it of this role and is the greatest threat to the sanctity of marriages and families today. Pornography and other online threats are often one click away, and parents can feel overwhelmed with not knowing how to best protect their children in our fast-paced digital world.

Next weekend, Sacred Heart is taking a bold step to help families by celebrating Safe Haven Sunday. This awareness day will provide access to practical resources that any caring adult can use to protect themselves and our young people from online risks.

Please join us with your prayers and presence as we prepare for this unique event.

If you're old, this will probably give you a chuckle and, possibly, bring you a bit of empathy.

If you're not yet old, get ready and be empathetic; your time will come, too!

I'm Fine

There's nothing whatever the matter with me.
I am just as healthy as I can be.
I have arthritis in both my knees
And when I talk, I talk with a wheeze

My pulse is weak and my blood is thin,
But I'm awfully well for the shape I'm in.
I think my liver is out of whack
And a terrible pain is in my back.

My hearing is poor, my sight is dim,
Most everything seems to be out of trim,
But I'm awfully well for the shape I'm in.

I have arch supports for both my feet,
Or I wouldn't be able to go on the street.
Sleeplessness I have night after night,
And in the morning I'm just a sight.

My memory is failing, my head's in a spin,
I'm peacefully living on aspirin.
But I'm awfully well for the shape I'm in.,

The moral is, as this tale we unfold,
That for you and me who are growing old,
It's better to say, "I'm fine" with a grin
Than to let them know the shape we're in.

Cardinal Cushing

Daily Mass Schedule: March 4-10

Tues:	9:00 am	+Jim Wallace
Wed:	9:00 am	+Don Ulschmid
Thurs:	9:00 am	+Steve Gabbard
Fri:	5:30 pm	President Donald Trump
Sat:	9:00 am	++Bill Lormis
	5:30 pm	For the People of Sacred Heart and Assumption Parishes
Sun.	8:30 am	+ Pete Woodard

Morning Prayer Tues.,
Thurs., & Fri. @ 8:40
am before Mass

Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544 March 3, 2019 **Website:** <http://frazeesacredheart.org>

PASTOR
Msgr. David Baumgartner
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Secretary:
Marlys Jacobson
Office: 218.334.4221
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Office Hours:
Tuesday/Wednesday
8:00 am—3:30 pm

Coordinator of Youth Formation:
Christine Dornbusch
Office: 218.334.4221
christined.shfre@arvig.net

Music Director:
Frederick Robin

Diocesan Victim Assistance Coordinator:
Cindy Hulst
Confidential Line:
218.281.7895
chulst@crookston.org

Mass Times
Tuesday through Friday
9:00 am
(Wednesdays at the
Care Center)
Saturday 9:00 am & 5:30
pm
Sunday 8:30 am

CONFESSIONS:
Saturday 4:30 pm
Sundays 7:45-8:15 am
Thursdays 8:30 am

ADORATION:
Tuesdays: 9:30AM-7:00
PM

Copies of the *Little Black Book* devotionals for Lent are available in the Hall of Saints. Please take a copy while the supply lasts.

There are also copies of *The Word of Us* for Lent available for the taking in the vestibule

There is a Women's Cursillo weekend March 21-24, 2019

Please bring in your old palms and put them in the basket in the Hall of Saints. These palms will be burned and distributed as ashes on Ash Wednesday.

The applications for the 2019 John Arouni Education Endowment are now available. Copies are available in the Hall of Saints and online at frazeesacredheart.org. The deadline for scholarship applications is April 1.

The applications for the Knights of Columbus Scholarships are available in the literature rack in the Hall of Saints. The deadline for the applications is April 1st. Please turn in to any Knight.

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

- | | |
|----------------------|-------------------------------|
| -Albert Weinandt | - Laurie Meyer Olson |
| -Karen Nelson | -Kathy Mayer |
| -Debbie Ehlers (RIP) | -Steve Gabbard (RIP) |
| -Jonathan Garcia | -Hattie Goeddertz |
| -Brian Sauer | Hogan and her unborn daughter |
| -Jake Sayer | Charlie |

	Feb.24, 2019 Attendance 203
Adults	\$2,143.00
Loose	182.50
Children	2.00
	\$ 3,819.52
Other Budgeted Income	
Vigil Lights	\$ 17.35
Cemetery Tax Refund	92.00
Building Fund	100.00
Total	\$ 209.35

Other Non -Budgeted Income: Window Restoration Fund--\$40; Children's Uganda Garden Irrigation--\$505

Needed per Week to Reach Budget: \$4,733.00—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, Building, Steeple, and Window Funds, etc.), not just the Sunday collections.

\$ 3,819.52
209.35
Total \$4,028.87

UPCOMING:

Sun., Mar 3: Christian Mothers meeting after 8:30 am Mass
Mon., Mar 4: Knights of Columbus meeting @ 7:00 pm
Tues., Mar 5: Parish Council meeting @ 6:45 pm
Wed., Mar 6: Ash Wednesday Masses at 9:00 am and 7:30 pm
Fri., Mar 8: Mass @ 5:30 pm
Soup/Sandwich Supper @ 6:15 pm
Confession @ 6:15 pm
Stations of the Cross @ 7:00 pm

Ministry Schedule for March 9/10, 2019

	Saturday 5:30 pm	Sunday 8:30 am
Altar Server	Katie Courneya Rachel Kasowski	Simon LaSart Joan LaSart Jason Hofer
Care Center		Russell Karasch Mary Ann Karasch Christine Daggett
Commentator	Mary Flynn	Rose Roforth
Eucharistic Ministers	Heather Mitchell Traci Alger Linda Mack	Tracy Roforth Mark Byer Kevin Scheidecker Marlys Jacobson
Greeter	David Dorn	Carol Aarness
Lector	Jim Courneya	Angie Jacobson
Sacristan		Al Jacobson
Usher	Jeremy Mitchell Mark Jaroszewski	Dan Giefer Richard Roforth

Circle 6 is in charge of donuts in March.; Circle 7 will be in charge in April.

March 2nd Collections: Building Fund—3rd; Home Missions—10th; FACC—24th; Catholic Relief Services—31st

Website: formed.org
Parish Access Code:
38HZ8V

During the winter months, if school is either cancelled or 2 hours late, Adoration will be cancelled.

Youth Classes:

- March 6 RE Class (Distribution of Ashes)
- March 13
- March 20
- March 27

To submit a prayer request for our prayer chain, either text 503.791.1553 or e-mail frazeeprayerchain@gmail.com. Names will be left in the bulletin 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.