

# Sacred Heart Catholic Church

Website: [formed.org](http://formed.org) Parish  
Access Code: 38HZ8V

202 West Maple, Frazee MN 56544 January 20, 2019 Website: <http://frazeesacredheart.org>

I am amazed at the adaptability and flexibility of my mother. She is 88 years old. Born in 1930, she was formed by the depression and every war since then. She gave birth to eleven children and worked as an RN for 40+ years. When it was time to move out of her home, she was excited to downsize. She has very few attachments to material things. If she ever needs to move again, she will gladly give up whatever doesn't fit in her new rooms. Some people who lived through the depression and its aftermath became hoarders to some degree—saving EVERYTHING under the sun and throwing nothing away. I remember cleaning the apartment of one such soul. He had saved drawers full of bread bags, twist ties and string. Not Mother. She recycles what can be recycled, throws what needs to be thrown and culls through her belongings periodically just to make sure nothing of excess stays in her life for very long.

Most of us can work at this model of diligent stewardship. Buy less, keep less, save more and double almsgiving. If you feel trapped by compulsion to obtain more and more, just stop for a moment. Consider that a little sacrifice on your part can make a big difference in the lives of the poor, especially those who live in third-world nations. With our eyes turned away from ourselves, we will soon realize that what we give up is not a sacrifice at all but a big step toward true freedom.

Speaking of my mother, I visited her last week. I drove her car for an outing, and I left her home with the keys in my pocket. I called her to let her know that I had her car keys and that this does not represent a family plan to keep her from driving. She responded, "I have a spare set of keys and you don't know where I keep them." Go Mom!!!

The Church of St. Henry, Perham, MN, has an opening coming available May 1, 2019 for a religious education coordinator, to lead our youth in their education in the Catholic faith for grades 1-12. Work would consist of 25-30 hours per week. The ideal candidate will have an Undergraduate degree; Education degree preferred but not required. Experience is required in faith formation and fundamental knowledge of Catholic theology and of Church guidelines for catechesis. Candidates should have strong interpersonal, communication skills both written and oral (including various media communications), excellent organizational skills, and a zeal for personal holiness and the mission of the Church, including fidelity to the Church's Magisterium and doctrine. They must have a professional demeanor and presence, positive attitude, strong work ethic, and must be able to multi-task, be flexible in job routine, work as a team member and relate well with other church staff, students and parishioners. Applications will be accepted through February 28, 2019.

To apply for this position:

Email your resume to [deaconrandy@st-henrys.org](mailto:deaconrandy@st-henrys.org)

Mail to: Church of St. Henry, 234 2<sup>nd</sup> Avenue S.W., Perham, MN 56573

If questions, call us at 218-346-4240

## Daily Mass Schedule: Jan 14-20

Tues:	9:00 am	+James & Marie Anderson
Wed:	9:00 am	+Arlene Schreiner
Thurs:	9:00 am	+Nick Mahoney
Fri:	9:00 am	+Don Ulschmid
Sat:	9:00 am	+Jim Uhl
	5:30 pm	For the People of Sacred Heart and Assumption Parishes
Sun.	8:30 am	+Bill Lormis

Morning Prayer Tues.,  
Thurs., & Fri. @ 8:40  
am before Mass

**PASTOR**  
**Msgr. David Baumgartner**  
Office: 218.334.4221  
Rectory: 218-308-1296  
[frdavid.shfre@arvig.net](mailto:frdavid.shfre@arvig.net)

**Secretary:**  
Marlys Jacobson  
Office: 218.334.4221  
Home: 218.280.0760  
[shfre@loretel.net](mailto:shfre@loretel.net)  
Office Hours:  
Tuesday/Wednesday  
8:00 am—3:30 pm

**Coordinator of Youth Formation:**  
Christine Dornbusch  
Office: 218.334.4221  
[christined.shfre@arvig.net](mailto:christined.shfre@arvig.net)

**Music Director:**  
Frederick Robin

**Diocesan Victim Assistance Coordinator:**  
Cindy Hulst  
Confidential Line:  
218.281.7895  
[chulst@crookston.org](mailto:chulst@crookston.org)

**Mass Times**  
Tuesday through Friday  
9:00 am  
(Wednesdays at the  
Care Center)  
Saturday 9:00 am & 5:30  
pm  
Sunday 8:30 am

**CONFESSIONS:**  
Saturday 4:30 pm  
Sundays 7:45-8:15 am  
Thursdays 8:30 am

**ADORATION:**  
Tuesdays: 9:30AM-7:00  
PM

Consider stepping away from life for a weekend and spending it in the peaceful presence of Jesus and other like-minded Catholics. A Cursillo weekend has the power to redefine your life. Pray about attending a weekend. It is an investment of time that is well spent.

There are two Cursillo weekends coming up this spring.

- The Men's weekend is February 21-24, 2019
- The Women's weekend is March 21-24, 2019

Christian Mothers will be sponsoring a St Valentines Parish- Wide Bake Sale on Feb 9, 5-7 pm and Feb 10, 8-10 am.

The **Knights of Columbus** is having an **Essay Writing Contest** for grades 8th- 12th. Entry forms can be obtained in All Saints Hall or from a member of the Knights.

**Parishioners' Prayer Requests:**  
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

-Albert Weinandt	-Verlin Aarness (RIP)
-Karen Nelson	-Brianna Baker
-Debbie Ehlers	-Jim Boe (RIP)
-Lee Arnold	-Mary Ann Baumgart (RIP)
-Cal Arnold	
-Marion Flatau	
-Noreen Sanders	
-Skylar Johnson	

Jan 13, 2019  
Attendance 270

Adults	\$2,804.00
Loose	406.93
Children	2.00
<b>Total</b>	<b>\$ 3,212.93</b>

**Other Budgeted Income**

Vigil Lights	\$ 13.15
Books	30.00
Building Fund	50.00
<b>Total</b>	<b>\$ 93.15</b>

**Other Non -Budgeted Income:** Children's Uganda Garden Irrigation--\$45

**Needed per Week to Reach Budget:** \$4,733.00—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, Building, Steeple, and Window Funds, etc.), not just the Sunday collections.

**Total**  
**\$ 3,212.93**  
**93.15**  
**\$ 3,306.08**

## UPCOMING:

**Sun., Jan. 20: KC Business Meeting @ 10:00**  
**Tues., Jan 22: Cemetery meeting 6:30pm at the Church**  
**Sat/Sun., Feb 9/10: Parish-wide Valentines Bake Sale**

## Ministry Schedule for Jan 26/27, 2019

	Saturday 5:30 pm	Sunday 8:30 am
<b>Altar Server</b>	Katie Courneya Ruby Kasowski	Chelsey Hofer Jason Hofer Simon LaSart Nancy Bentley Pat Schurmann
<b>Care Center</b>		Al Jacobson Tim Stenger Sandy Hofer Bev Roberts Kathy Stenger Cheryl Stegmaier Sharon Hensel
<b>Commentator</b>	Heather Mitchell	Kevin Scheidecker
<b>Eucharistic Ministers</b>	Linda Mack Traci Alger Russell Karasch	Mark Byer Bruce Hofer Richard Roforth
<b>Greeter</b>	Susan Winter	
<b>Lector</b>	Jim Courneya	
<b>Sacristan</b>		
<b>Usher</b>	Jim Jaroszewski Mark Jaroszewski	

Circle 4 is in charge of donuts in Jan.; Circle 5 will be in charge in Feb.

**January 2<sup>nd</sup> Collections:** 20<sup>th</sup>—Church in Africa; 27<sup>th</sup>--FACC

## Youth

### Classes:

- January 23rd & January 30th

The **CD of The Month** is "13 Reasons Why You Matter", by Noelle Garcia. Suicide is the second-leading cause of death for youth and young adults. Yet despite the many TV shows, movies, and articles on this topic, suicide, depression, self-harm, and loneliness remain difficult subjects for adults of any age to discuss. Speaking with honesty, humor, and personal experience, Noelle Garcia tackles these issues head-on, encouraging those who are struggling (or know someone who is) that God's mercy and love are waiting for them; that you, and your life, truly matter.

This CD and many others are available by the stained glass window in the back of the church. An envelope is available for your \$3 donation to the Christian Mothers who sponsor this project.

**To submit a prayer request** for our prayer chain, either text 503.791.1553 or e-mail [frazeeprayerchain@gmail.com](mailto:frazeeprayerchain@gmail.com). Names will be left in the bulletin 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.