

My dear friends in Christ,
I would like to start this week's reflection with a quote from our Holy Father Pope Francis: "The life of slumbering Christians is a sad life, it is not a happy life. Christians must be happy with the joy of Jesus." What a great wisdom coming from an authentic and holy person. I truly believe that we should be rejoicing always in the Lord. Does this sound like a contradictory theme for Lent? No, it is not. We are called to radiate the joy of Christ even in the midst of suffering. If we need to carry this joy every day in our hearts and life, then we have to be persons of prayer. How can we grow in our prayer life?

Our parish does a whole day of adoration every Tuesday. Did you think of coming and spending some time in the presence of the Lord who is truly present in the Blessed Sacrament? Come and be with him. Just present yourself to him. Actively listen to His words. Allow him to touch and embrace you with his unconditional love. This is one of the best ways to connect with the Lord and to learn from Him how to pray.

We all can do this simple Jesus prayer every day and the whole day. This prayer is easy to say: "**Lord Jesus Christ, Son of the Living God, have mercy on me a sinner.**" Every prayer that has Jesus' name in it has special power to touch us, heal us and transform us. It strengthens our mind and soul and makes us the true children of God. Try this prayer.

We should all know this prayer "Come Holy Spirit." If not, you can find it in the family prayer book we gave you. Invoking the presence of the Holy Spirit into our lives is the best way to begin a day and every activity you start. When you stumble or are confused just seek his assistance. He is a great helper and can salvage you from every critical situation. He is the true power of your soul. Pray to him constantly.

Praying the Rosary is a habit of some of us and may not be so for others. Kindly start this good habit now. Praying the Rosary is nothing but walking with our Mother Mary through all the significant events in the life of Christ through which we received our Salvation. It is a meditation of the salvific moments of God. As often as you pray the Rosary, that often you encounter Christ personally through our Blessed Mother. She will also teach you how to pray.

Participating in Sunday Masses is wonderful. It is the day that our Lord rose from the dead. We celebrate this great event of our redemption on every Sunday when you come to the Eucharist. Added to this great celebration, if we can attend one more daily Mass, it would be excellent. Our constant proximity with the Eucharistic Lord makes us really the Eucharistic people we are called to be, a people chosen in Christ to be praising and thanking the Lord always.

Let us try these five ways of living our Christian life every day, every week and every month. In doing so you will see the tremendous change that occurs in each one of your lives! God bless you with a Blessed Lent.

Your brother in Christ,
Fr. Xavier Ilango

PS: The five points I have presented here are from a Lenten reflection offered by Fr. Robert Barron. However, I elaborated them differently.

Parish Directories are here. Any directories not picked up this weekend will be available in the Office. Snow Birds will be able to pick theirs up when they return in the spring.

Weekday Mass Schedule Mar 17-23

Mon. 5:30 p.m. Marie and Gary Wright Anniversary
Tues. 9:00 a.m. Tom Hanlon
Wed: 9:00 a.m. +Lawrence and Betty Noll
Thurs: 9:00 a.m. Ill in the Parish
Fri. 7:30 a.m. +Gordon Sanders
5:30 p.m. +Margaret Stenger
Sat: 5:30 p.m. +Fr. Stephen Wagman
Sun. 8:30 a.m. Pro Popolo

Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544

PASTOR

Father Xavier Ilango

Office: 218.334.4221
Rectory: 218.850.0187
shfre@loretel.net
xavier.ilango@gmail.com

Website:

frazeesacredheart.org

Secretary:

Marlys Jacobson
Office: 218.334.4221
Home: 218.334.4706
shfre@loretel.net
Office Hours:
Tuesday/Wednesday
8:00 am—12:00 pm

Youth Ministry/DRE:

Cheryl Stegmaier
Home: 218.847.4599
cstegmaier65@hotmail.com

Music Director:

Kathryn Karg
218.234.5001
kjknuutila@hotmail.com

Diocesan Victim Assistance Coordinator:

Louann McGlynn
Confidential Line:
218.281.7895
lmcglynn@crookston.org

Mass Times

Monday 5:30 p m
Tuesday-Thursday
9:00 am
Friday 7:30 AM
(Care Center)
Saturday 5:30 pm
Sun ay 8:30AM

CONFESSIONS:

Saturday 4:30PM

ADORATION:

Tuesdays: 9:30AM-6 PM

Correction from last week's bulletin: The donations to the Building Fund in February totaled \$1,326.00

Applications for the John Arouni Catholic Education Scholarships are now available in the vestibule and on the

parish website. If you do not see a Scholarship link on the website screen, just Search for Scholarship and you will find it. Application deadline is April 1, 2014.

Resolve to improve your marriage by attending the March 22-23 Marriage Encounter! Weekends are held at beautiful Mt Olivet Conference and Retreat Center in Farmington. Visit www.marriages.org for a listing of additional retreats or call 651.454.3238.

Choir Schedule

Rehearsal—Wednesday, March 19, 6:30 pm.

Sing at Mass: Saturday and Sunday, March 29 and 30.

DAA Update: As of 3.11.14, Sacred Heart has committed to \$10,065, which is 62.23% of the parish goal with 21.09% of parishioners participating.

Parishioners' Prayer Requests

Parish families have asked us to keep in our prayers their loved ones who are ill Please pray for:

- Barbara Hanson
- Luella Baumgart
- Casey Courneya
- Dave Goebel
- Tammy Soyring
- Cecil Cook
- Norman Buseth
- Tom Trieglaff
- Becky Korzendorfer
- Emily Martin
- Sue Turnbull
- Ron Jensen
- Diane Quiram
- Henry Schreiner
- Debbie Ehler
- Kylee Jean Miller
- Dan Hodgson

March 16, 2014

Collections Mar 9, 2014		Attendance:	Needed per Week to Reach Budget:
Collection Basket		Saturday	
Adult	\$2,527.00	321	\$4,202.29—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, etc), not just the Sunday collections.
Loose	176.50		This week's Total:
Children	600		\$ 2,709.50
Total:	\$2,709.50		\$ 899.75
Other Budgeted Income			\$ 3,609.25
Vigil Lights		\$ 9.75	
Funeral Food		355.00	
Directories		20.00	
ARISE Books		45.00	
Building Fund		470.00	
Total		\$ 899.75	

Other Parish Fund Raisers: FACC—\$296.91
Non-Parish Collections: Black and Indian Missions—\$363.25; Bishop's Appeal—\$75

UPCOMING:

Mar 16: RCIA class at 7:00 pm
Mar 17: KC Officers' Meeting 7:00 at Church
Mar 21: Mass at 5:30 pm; Soup and Sandwich Supper after Mass, Stations of the Cross at 6:45
Mar 26: Mass & Healing Service 7:00 pm
Mar 28: 5:30 pm Mass, followed by KC Fish Fry; Stations of the Cross @ 6:45
Apr 1: Finance Council 7:00 pm at Church
Apr 8: Pastoral Council 7:00 pm at Church

Ministry Schedule for Mar 23, 2014

	5:30 PM	8:30 AM
FCC—	RuthAnn Lehmann and Pat Schurmann	
Ministers	Kathy Ulschmid	Carol Aarness
Of Holy	Cheryl Stegmaier	Dallas Flynn
Communion	Jeanne Riley	Rose Roforth
		Marlys Jacobson
		Virginia Thompson
Lectors	Ann Wothe	Marlys Jacobson
Ushers	Tom Mickelson	Dan Giefer
	Don Ulschmid	Mark Byer
Servers	Maddie Williams	Sarah LaSart
	Abigail Wothe	Ethan Wothe

Circle 2 is in charge of donuts in March
Circle 3 will be in charge of donuts in April

March 2nd Collections: 9t16th—FACC; 30th—Catholic Relief Services

This spring the 2014 Confirmation Class is making their individual TEC's. Please keep each of them in your prayers: Byron Byer, Mollie Byer, Mathew Daggett, Tabitha Hiemenz, Garrett Malstrom, Alexis Parsons, Alexis Peichel, Megan Quittschreiber, Kyle Sprouls, Tony Teiken, Kylee VanDenEykel, Anne Winters, and Joshua Wurst

*****Youth*****

March RE schedule, All Grades: 19, 26

Penance Service: April 9

Steubenville North Conference—
University of St. Thomas, July 25th - 28th, 2014; Cost: \$ 300 (\$75 non-refundable payment due April 1.

Want to ignite your faith? Want to experience the church like never before? If so, then Steubenville is right for you. This conference is filled with dynamic speakers, charismatic music, Eucharistic Adoration, and the Holy Mass. Open to all youth in grades 9 and up.

Contact: Cheryl 218-847-4599

The 2014 Bishop's Cup Fishing Tournament will take place Saturday, June 14th at Blackduck Lake. Bishop Hoepfner and Fr. Joe DeCrans invite you to join them on this day for some great fun and the solemn quest for the Bishop's Cup trophy and Bishop's Youth trophy. Think you can unseat St. Peter's, Park Rapids (last year's tournament winners) for the Bishop's Cup? Have a team of young people under the age of 18 who can take the Youth trophy away from the St. Joseph's, Fertile Youth Team?

Tournament application packets are available in the parish office. This event is FREE. Join the fun and competition to take home the Bishop's Cup in 2014! If you'd like more information, you can contact Fr. DeCrans at the parish office in Ada: frjoe@loretel.net or call (218) 784-4131

"Jesus The Bridegroom--The Greatest Love Story Ever Told", by Dr. Brant Pitre is the title of the CD for the Month. Dr. Brant Pitre is an enthusiastic and engaging speaker who regularly lectures throughout the country. In this stunning talk, Dr. Pitre applies his knowledge of the Jewish roots of Christianity to the very heart of the Gospel: the love of Christ. You will learn what it really means to have a 'personal relationship' with Jesus Christ as Lord, Savior, and Bridegroom. To learn more about Dr. Pitre, please visit www.BrantPitre.com. This CD also has a bonus excerpt from "The Fourth Cup", by Dr. Scott Hahn. This CD and many others are available in the kiosk.