

# Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544

July 24, 2016

Website: <http://frazeesacredheart.org>

Here is a thought from last week's homily: *Jesus loved Martha and wanted her to receive his love—this is the better part. Christian service flows from the knowledge that we are loved by God and that God thirsts for our love.*

I have always had the privilege of receiving good health care. Last week I had my annual physical and was to the dentist three times—once for a check-up, once for a filling and the third time to adjust the fit of the filling. As for my physical, I have had a creeping cholesterol for the last few years. Last week we decided that I should try a statin—a cholesterol-lowering drug. My father died of heart disease due, in part, to complications from diabetes. Aware of this family history, my doctor wants to give me the best chance at a healthy old age. God knows the number of my days. Spiritually, I desire to be ready for death today. Physically, I desire to be a good steward of my mortal body.

After my appointment, I went on-line to the American College of Cardiology. risk assessment tool—it predicts the risk of heart attack and the need for a statin. My “test” indicated that I am at a 4% risk of having a heart attack in the next ten years, and it recommended that I do not take a statin.

Wow. health care is complicated, isn't it? How do we know what is the right thing to do when it comes to taking medication and receiving treatments? I am reminded of the old question: Is medicine an art or a science? I have decided to trust my doctor. He knows me. He knows my family history. He wants what is best for me. I need to remember to pray for him and for all health care professionals that offer themselves as instruments of God's healing and mercy. Say a prayer for your doctor today. Pray for all who work in health care. Pray for those who suffer from chronic and debilitating health concerns. Pray for those here and throughout the world who do not have access to health care. Pray for those who abuse their bodies by neglect or poor choices.

It is time to renew **Safe Environment Certifications**. If you work/volunteer for the Sacred Heart Parish with either youth or vulnerable adults, this certification is a diocesan requirement. To complete your Safe Environment certification online, go to <http://www.crookston.org/offices/safeenvironment/certification>. If you do not do it online, get a hard copy of the information and test component from the kiosk in the Hall of Saints. For any questions or to turn in your certification paperwork, contact Marlys Jacobson. Let's everybody get this done by August 28!

**St. Henry's Perham:** Divine Mercy Eucharistic Holy Hour, Sunday, July 31, starting at 3:00 pm.

**St. Lawrence, Perham:** Prime Rib and Chicken Dinner, Sunday, August 7, 2016, 11:30-2:00.

### Daily Mass Schedule: July 25-31

Tues: 9:00 am Thanksgiving/Korzendorfer Family  
 Wed: 10:00 am +Marlene Keefe  
 Thurs: 9:00 am +Barb Hanson  
 Fri: 9:00 am Cal Courneya  
 Sat: 9:00 am +John Ulschmid, Sr.  
 5:30 pm Pro Popolo  
 Sun: 8:30 am +Cecil Hensel, Sr.  
 (Morning Prayer Tues, Thursday & Fri @ 8:40 am before Mass)

**PASTOR**  
**Msgr. David Baumgartner**  
 Office: 218.334.4221  
 Rectory: 218.308.1296  
 frdavid.shfre@arvig.net

**Secretary:**  
 Marlys Jacobson  
 Office: 218.334.4221  
 Home: 218.334.4706  
 shfre@loretel.net  
 Office Hours:  
 Tuesday/Wednesday  
 8:00 am—3:30 pm

**Coord. Youth Formation**  
 Andrew LaSart  
 Office: 218.334.4221  
 andrewl.shfre@arvig.net

**Music Director:**  
 April Spaeth  
 406.570.0079  
[aprilsaeth@gmail.com](mailto:aprilsaeth@gmail.com)

**Diocesan Victim Assistance Coordinator:**  
 Louann McGlynn  
 Confidential Line:  
 218.281.7895  
[lmcglynn@crookston.org](mailto:lmcglynn@crookston.org)

**Mass Times**  
 Tuesday, Thursday, Friday  
 9:00 am  
 Wednesday 10:00 AM  
 (Care Center)  
 Saturday 9:00 am & 5:30 pm  
 Sunday 8:30 am

**CONFESSIONS:**  
 Saturday 4:30 pm  
 Sundays 7:45-8:15 am  
 Thursdays 8:30 am

**ADORATION:**  
 Tuesdays: 9:30am-7:00 pm

The **Cedar Chest Raffle Drawing** is on July 31, 2016, after Mass. We still have several hundred tickets for sale. Please bring a donated item so we can fill the Cedar Chest. Turn in your raffle tickets by July 31, 2016. Thank you.

**July 29<sup>th</sup> Teen Street Dance** The teen dance for Turkey days will be outside this year, weather pending, and will be on Friday night from 8:00-11:30pm in the high school parking lot. All are welcome to come and bring a friend. The admission is \$5.00.

The **cake walk** will be on Saturday the 30<sup>th</sup> from 2-3 pm on west Main Street. Decorating for the cakes will be on Friday morning after the 9 am Mass. This is a fundraiser for the youth so all youth are encouraged to come help.

Parishoners' Prayer Requests  
 Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

-Irene Byer	-Tracy LaSart
-Casey Courneya	-Jim Henn
-Ken Jacobson	-Dave Schram
-Baby James Foix	-Ted Richter
-Jeanne Riley	-JoAnn Sirek
-McKenna Weets	-Tim Riley
-Roger Woden	-Edna Ketter
-Paul Guck	-Pat Fink
-Tom Bukoske	-Vern Jorgenson
	-Bob Mayer

Prayers Answered:  
 Tim Christensen  
 Hannah Lowry  
 Hilary Jacobson

July 17, 2016		Attendance: Saturday 122
Adults	\$3,136.00	<b>Needed per Week to Reach Budget: \$4,625.00</b> —This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, Building, Steeple, and Window Funds, etc.), not just the Sunday collections.
Loose Gifts	\$4.00	
Children	\$0.00	
<b>Total</b>	<b>\$3,140.00</b>	
<b>Other Budgeted Income</b>		<b>This week's Total:</b>
Vigil Lights	\$ 15.00	<b>484.00</b>
Building Fund	435.00	<b>99.00</b>
Window Fund	65.00	
Books (Book Club)	66.00	
Cemetery	30.93	
Assumption Church	931.56	
<b>Total</b>	<b>\$ 1,541.99</b>	
<b>Other Non-Budgeted Income: Children's Window--\$42.55</b>		
<b>Non-Parish Collections: Peter's Pence--\$596.07</b>		

**UPCOMING:**  
**Fri, July 29: Teen Dance, 8:00-11:30 pm @ FHS**  
**Sat, July 30: Cake Walk, 2-3 pm, West Main Avenue**  
**Tues, Aug 2: Finance Council meeting @ 6:45 pm**  
**Tues, Aug 9: Pastoral Council meeting @ 6:45 pm**

### Ministry Schedule for July 31 2016

	Saturday	Sunday
<b>Altar Server</b>	Olivia Ballard Rachel Kasowski	Chelsy Hofer Ricky Roforth Zach Roforth
<b>Care Center</b>		Dale Sattler Tammy Sattler Patricia Metzger
<b>Commentator</b>	Traci Alger	Mark Byer
<b>Eucharistic Minister</b>	Linda Mack Heather Mitchell Kathy Ulschmid	Dallas Flynn Bud Hensel Tracy Roforth Tim Stenger
<b>Greeter</b>	David Dorn	Sharon Guck
<b>Lector</b>	Russell Karasch	Bev Roberts
<b>Sacristan</b>		Al Jacobson
<b>Usher</b>	Jeremy Mitchell Don Ulschmid	Tom Mickelson Roxie Riewer
Circle 2 is in charge of donuts in July Circle 3 will be in charge of donuts in August		
July 2 <sup>nd</sup> Collections: 24 <sup>th</sup> --FACC		

**To submit a prayer request** either text 503.791.1553 or e-mail [frazeeprayerchain@gmail.com](mailto:frazeeprayerchain@gmail.com).

**Youth**  
**July 29<sup>th</sup> Teen Street Dance**  
 The Teen Dance for Turkey Days will be outside this year, weather permitting, and will be on Friday night from 8:00-11:30pm in the high school parking lot. All are welcome to come and bring a friend. The admission is \$5.00.

**Saturday July 30<sup>th</sup> Cake walk**  
 The cake walk will be on Saturday, the 30<sup>th</sup>, from 2-3 pm on West Main Street. Decorating for the cakes will be on Friday morning after the 9 am Mass. This is a fundraiser for the youth so all youth are encouraged to come help.

**Retirement Party for Father Joe:**  
 You are cordially invited to a Retirement Open House for Fr. Joseph DeCrans on Thursday, August 11<sup>th</sup> at St. Joseph's Church in Ada, MN. Mass at 5:30pm followed by an Open House with a short program. Please join us as we celebrate Fr. Joe's retirement!

**Adult Choir Practice:**  
 The adult choir will be singing for Mass July 30<sup>th</sup> and 31<sup>st</sup> and August 20<sup>th</sup> and 21<sup>st</sup>. Practice is at 4pm on Saturday's and 8am on Sunday's.

**2<sup>nd</sup> Marriage Banns:** Luke Matthew Sailer and Ciarrin Marie Covington.