

# Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544

My dear friends in Christ Jesus,

In June, I offered a weekend retreat in Buffalo, MN, to all the deacons of our diocese and their wives. Christ the King Retreat Center is an ideal place to do a retreat. We had such nice weather conditions. In that weekend I experienced such a deep presence of God in my life and that of everyone gathered there. The joy of God's indwelling presence was hovering over me throughout that weekend. It was mainly due to the prayers of so many people who were holding me spiritually together that helped me to share good spiritual insights with 45 good servants of God. The recipients were also in a spirit-filled mode, fostering a meaningful spiritual conversation. One of the themes discussed in the retreat was the need to get out of ourselves in order to become true missionary disciples of Jesus.

Pope Francis reflects in one of his homilies asking this question: Why our prayers are sometimes so boring? Our prayers are boring because they are so much about ourselves. True prayer should move in two directions. One direction is toward the wounds of Jesus. The other direction is toward the wounds of our suffering brothers and sisters. It could be easy to direct our prayers toward the wounds of Jesus, teaching us how to be compassionate and find solidarity with our suffering brothers and sisters. When we pray with wounds of Jesus, we are naturally led to the sufferings of our brothers and sisters, helping us to come out of our discomfort to confront the wounds of others. Most of us are too intimidated to reach out to the wounds of others because they may remind us of our past wounds. But praying with the wounds of Jesus emboldens us to reach out to one another's wounds. Then our prayer life becomes alive because we are not chained to our personal needs alone in our prayers, but extend ourselves to the greater needs of everyone else.

This is just a beginning exercise in our spiritual life to get beyond ourselves. This is what Jesus repeatedly says: Unless wheat of grain dies, it will never have life. Dying to ourselves is the basic call in discipleship. We all struggle with it throughout our lives. I think when we don't start right there, we don't really intend to be true disciples of Jesus. Every morning when we wake up, let us think of this: How am I going to die to myself in the many things I am going to do today? Seek our Lord's grace to be like Him. Then live joyfully. We can find great joy in doing this because there is nothing greater in this life than to lay down one's life for his/her friends.

Your brother in Christ,  
Fr. Xavier Ilango

## Weekday Mass Schedule July 7-13

Mon: 5:30 p.m. Christian Mothers  
Tues: 9:00 a.m. +Cecil Cook, Jr.  
Wed: 9:00 a.m. +Bette Daggett  
Thurs: 9:00 a.m. +Annette George  
Fri: 7:30 a.m. +Virginia Quiggle  
Sat: 5:30 p.m. +Gary Pfeiffer  
Sun: 8:30 a.m. Pro Popolo

**PASTOR**  
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Office Hours:  
Tuesday/Wednesday  
8:00 am—3:30 pm

**Youth Ministry/DRE:**  
Cheryl Stegmaier  
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**Music Director:**  
Kathryn Karg  
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**Diocesan Victim Assistance Coordinator:**  
Louann McGlynn  
Confidential Line:  
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**Mass Times**  
Monday 5:30 p m  
Tuesday-Thursday  
9:00 am

Friday 7:30 AM  
(Care Center)  
Saturday 5:30 pm  
Sunday 8:30AM

**CONFESSIONS:**  
Saturday 4:30PM

**ADORATION:**  
Tuesdays: 9:30AM-6 PM

**Frazee Fire Department Pancake Breakfast**  
Sunday, July 6, 8 am—1 pm at the Frazee Fire Department on Main Street. Free will donations!  
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Patriotic Rosary will be recited after the 8:30 am Mass on July 6th.  
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As of July 1, the official hours for the Parish Secretary have changed. Marlys will now be scheduled into the office from 8:00 am until 3:30 pm on Tuesdays and Wednesdays.  
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Please continue to submit the UPC's from "Our Family." Nash Finch Co. extended the program through July 2016. We mailed 1,000 UPC's this month and will receive a check for \$50.

We also thank everyone for donating the grocery receipts from Central Market in Detroit Lakes. In 2013 we received at total of \$717 from Central Market.  
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There will be a **Parish-Wide Bake Sale** the weekend of July 5 and 6. We ask everyone in the parish to contribute. Proceeds will go to the steeple/window expenses.  
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Father Ilango will be the Spiritual Director for the Women's Cursillo at Fosston, MN, September 25-28, 2014. If you are interested, application forms are in the vestibule.  
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Due to insufficient sign-up, the July 12 Marriage Pilgrimage to the Crookston Cathedral is cancelled.  
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**KC's: Knights of Columbus Sportsman Raffle tickets** are in. See Mark Byer, Tim Stenger, Dave Riewer or Jim Jaroszewski for tickets.  
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## Parishioners' Prayer Requests

Parish families have asked us to keep in our prayers their loved ones who are ill  
Please pray for:  
-Jim Wallace -Emily Martin  
-Luella Baumgart -Dan Hodgson  
-Casey Courneya -Ron Jensen  
-Dave Goebel -William Swan  
-Ken Jacobson -Roger Wolden  
-Tammy Soyring -Norman Buseth  
-Kenny Sprouls -Lisa Flynn  
-Clem Neisen -Paula Stegeman

Collections	July 6, 2014	Attendance:	Needed per Week to Reach Budget:
<b>Collection Basket</b>		353	
Adult	\$2,254.00		\$4,202.29—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, etc), not just the Sunday collections.
Loose	443.00		<b>This week's Total:</b>
Children	4.00		<u>\$2,701.00</u>
<b>Total:</b>	<b>\$2,701.00</b>		<b>\$ 5,381.03</b>
<b>Other Budgeted Income</b>			
Vigil Lights		\$ 22.50	
Building Fund		840.00	
Steeple Fund		660.50	
Window Fund		660.50	
Bible Study Books		50.00	
JP II Book		2.00	
Diocese of Crookston		444.53	
<b>Total</b>		<b>\$ 2,680.03</b>	

**Non-Parish Collections: Peter's Pence—\$40**

## UPCOMING:

Jul 5: **The 3 M's (Mass, Meal, and Movie): After 5:30 pm Mass**  
Jul 6: **Patriotic Rosary after Mass**  
Jul 5/6: **Parish-Wide Bake Sale after each of the weekend Masses**  
Jul 16: **St. Thomas Aquinas Book Club 7:00 pm at Church**  
Jul 19: **The 3 M's (Mass, Meal, and Movie): After 5:30 pm Mass**  
Jul 21: **KC Officers' meeting 7:00pm at Church**

## Ministry Schedule for July 13, 2014

	5:30 PM	8:30 AM
<b>FCC—Mark Byer and Barb Rice</b>		
<b>Ministers</b>	Russell Karasch	Nancy Christensen
<b>Of Holy</b>	Kathy Ulschmid	Paul Guck
<b>Communion</b>	Jill Mickelson	Sharon Guck
		Virginia Thompson
		Dallas Flynn
<b>Lectors</b>	Jim Courneya	Mary Flynn
<b>Ushers</b>	Carey Alger	Kyle Wothe
	Mike Hiemenz	Bud Hensel
<b>Servers</b>	Brett Alger	Madison Ketter
	Carson Alger	Chelsey Hofer
	Ethan Wothe	Sarah LaSart
		Max Matejka

Circle 6 is in charge of donuts in July  
Circle 7 is in charge of donuts in August

July 2nd Collections: 6th—Building Fund; 13th—Peter's Pence; 27th—FACC

July 6 2014

\*\*\*Youth\*\*\*

## Safe Environment

All that have done or are new to ministries that need Safe Environment: The new test and Acknowledgement Consent forms are available online. Go to frazeesacred-heart.org. Click on the Safe Environment, and it will take you through the test etc. If you are new or have not done SEP in 2 years or more, you must use the New Volunteer option. Even if you did the SEP last week you MUST do it again. This needs to be done before September 27, 2014. Any questions— contact Cheryl. Thank you!

**Youth will be running the Cake Walk at Turkey Days:** Anyone that would like to donate cake mixes, frosting, disposable pans (the small ones), decoration items (candies etc.) or would like to help make and decorate the cakes...we would really appreciate the donations. Thanks

## Christian Mothers:

Our annual **Cedar Chest** raffle tickets are available after weekend Masses. The drawing will be held on July 27, 2014. Items you would like to donate for the Cedar Chest may be dropped off in the church hall. Thank you.

## Parish Funds Special Collections for June 2014

- Building Fund: \$3,024
- Window Fund: \$2,601.25
- Steeple Fund: \$3,309

Mark your calendars for 2014 to be a very musical year! **The Diocese of Crookston's 2014 Year of Marriage introduces the Love & Life Concert Series:**

- Karl Kohlhase - Saturday, July 12th at 7:00 PM, St. Mary's Catholic Church, Warroad. Free and open to the public!
- Sarah Hart - Sunday, August 24th at 7:00 PM, Cathedral of the Immaculate Conception, Crookston. Free and open to the public! Free-will donations accepted to benefit the 40 Days for Life Campaign.
- Danielle Rose - Saturday, October 4th at 7:00 PM, Cathedral of the Immaculate Conception, Crookston. Free and open to the public!

For more information, please visit [www.crookston.org/YOM](http://www.crookston.org/YOM) or call Amanda Zurface at (218) 281-4533, ext. 425.