

(From *Spiritual Life, A Journal of Contemporary Spirituality*, Fall 2013, p 89.)

Action: How to be like Pope John XXIII



Live with a sacred optimism. John practiced a “cheerfulness at all times” and rejected voices of “those prophets of gloom, who are always forecasting disaster, as though the end of the world were at hand.”

Ask others to pray for you. When it became known that John was to be made a cardinal, he wrote his family to share the news requesting:

“Ask [God] to make me a good cardinal, a peace-loving and gentle cardinal.” Whenever you face a difficult decision or a major life challenge, ask those close to you for their prayers.

Curtail criticism. “See everything, overlook a great deal, correct a little” was John’s philosophy. Curtail criticism. You’ll be happier. So will your family and friends.

Practice self-restraint. Follow John’s lead—“It is my nature to talk too much. A ready tongue is one of God’s good gifts, but it must be handled with care and respect, with moderation, so that I may be welcome and not found to be a bore.”

Read biographies of spiritual lives. One of the best ways to deepen your own spiritual life is to read about others who are models of spirituality. Pope John loved St. Francis de Sales, calling him the “gentlest of saints” and a “magnificent figure.” He wrote: “I have read his life so many times!”

Practice what you preach. In all your relationships be a model of integrity by practicing what you preach. “I really must make sure that I never tell others to do what I do not try to practice myself,” John noted in his journal.

Be kind. This as a lifelong goal of John: “My dealing with others must always be marked with dignity, simplicity, and kindness, a radiant and serene kindness.”

Observe yourself. John called this an examination of conscience and was something he did all his life. From time to time, take a deep and honest look at yourself so that any issues may be addressed before they enlarge. After one period of self-study John wrote: “Having made a general examination of my behavior during these recent days, I have found good reason to blush and feel humble.”

Remember: you are a role model. We are visible to family, friends, colleagues, neighbors, acquaintances. Be a positive influence. That’s the sentiment John expressed: “One learns Christian behavior in social and economic matters by actual Christian action in those fields.”

Don’t take yourself so seriously. A few days after he was elected Pope, John’s family were granted a special audience. The Roncalli’s entered the papal apartments timidly and nervously dropping their gifts. Peasant bread, ham, and wine, packed in brightly covered cloths tumbled to the floor. Their embarrassment was eased by John who smiled and said reassuringly: “Don’t be afraid. It’s only me.” The lesson from John for us: Lighten up. Don’t take yourself so seriously.

Weekday Mass Schedule Jan 27-Feb 2

Mon. 5:30 p.m. No Mass
 Tues. 9:00 a.m. Communion Service
 Wed. 9:00 a.m. No Mass
 Thurs. 9:00 a.m. No Mass
 Fri. 7:30 a.m. Gary Wright Children & Families
 Sat. 5:30 p.m. Jeff Sorlien
 Sun. 8:30 a.m. +Carol Lormis

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 Louann McGlynn
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Mass Times
 Monday 5:30 pm
 Tuesday-Thursday
 9:00 am
 Friday 7:30 AM
 (Care Center)
 Saturday 5:30 pm
 Sun ay 8:30AM

CONFESSIONS:
 Saturday 4:30PM
ADORATION:
 Tuesdays: 9:30AM-6 PM

Sacred Heart Catholic Church

As with most things, our prayer life becomes more comfortable and complete with practice.

Have you ever given any thought to joining other Sacred Heart parishioners for Adoration on Tuesdays? We need more people to accept the commitment to be in our chapel on Tuesdays for an hour of adoration. We also need volunteers to assume the hour when the scheduled person is not available. Please give some thought and prayer to making this commitment. There is a sign-up sheet available in the Hall of Saints. It would be wonderful if we could have multiple people scheduled every hour.

The parish is looking to hire someone to shovel the church sidewalks. If you are interested, please contact Tim Stenger (218.847.2912) or Tom Mickelson (218.346.3292).

Remember our Building Fund collection next Sunday.



Parishioners’ Prayer Requests

Parish families have asked us to keep in our prayers their loved ones who are ill

Please pray for:
 -Barbara Hanson -Emily Martin
 -Luella Baumgart -Sue Turnbull
 -Casey Courneya -Ron Jensen
 -Dave Goebel -Diane Quiram
 -Tammy Soyring -Henry Schreiner
 -Ken Jacobson -Debbie Ehler
 -Norman Buseth -Kylee Jean Miller
 -Harry Schurmann -Dan Hodgson
 -Cecil Cook

Collections Jan 19, 2014		Attendance:	Needed per Week to
Collection Basket		296	Reach Budget:
Adult	\$ 2,623.00		\$4,202.29—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, etc), not just the Sunday collections.
Loose	698.13		
Children	3.00		This week’s Total:
Total:	\$3,324.13		\$ 3,324.13
Other Budgeted Income			525.00
Vigil Lights	\$ 3.00		\$ 3,849.13
Building Fund	400.00		
Youth Fundraiser	48.00		
Youth Bibles	74.00		
Total	\$ 525.00		

Non-Parish Collections: Cemetery Fund—\$600; Church in Africa—\$103

UPCOMING:

Feb 2: Pancake Breakfast, Circles 5 & 6; Circle 5 in charge
 Feb 3: Christian Mother’s meeting @ 7:00 pm
 Feb 3: Knights of Columbus meeting 7:00 pm @ Church
 Feb 17: KC Officer’s meeting 7:00 pm @ Church
 Feb 18: Finance Council meeting 6:00 pm @ Church
 Feb 18: Pastoral Council meeting 6:00 pm @ Church

Ministry Schedule for Feb 2, 2014

	5:30 PM	8:30 PM
FCC—Christine Daggett and Kristi Roers		
Ministers	Jeanie Wothe	Marlys Jacobson
Of Holy	Ruth Ann Lehmann	Barb Rice
Communion	Kathy Ulschmid	Mark Byer Kathy Peichel Heather Mitchell
Lectors	Keith Adams	Bev Roberts
Ushers	Don Ulschmid Carey Alger	Kyle Wothe Bud Hensel
Servers	Cath. Jaroszewski Grace Jaroszewski Brett Alger Carson Alger	Ethan Wothe Madison Ketter Ricky Roforth Wesley Krupenske

**Note to ministers: This schedule does not reflect any recent changes or substitutions you may have made.*

Circle 7 is in charge of donuts in January
 Circle 1 will be in charge of donuts in February

February 2nd Collections: 2nd—Building Fund; 9th—DAA Commitment Sunday; 16th—FACC

*****Youth*****

January RE schedule:
 All grades—Jan 29

Youth Night January 26 (grades 9-12)

Teens interested in attending:
 Steubenville North-St Paul
 University of St Thomas • July 25 - 27, 2014—Cost: \$190 **Youth please register for Steubenville as soon as possible. If you have any questions please see Cheryl**

I have arrived safely on January 22nd around 4.35 am Indian Standard Time. Though my flight from Chicago was delayed by four hours, still I made it to my connecting flight to India. Coming back to USA was like back to my real home, and I always feel your warmth and love in seeing me back. Thanks for your wonderful love. Fr. Ilango

Area Churches

St. Henry’s, Perham: The Divine Mercy Eucharistic Holy Hour, Sunday, January 26, 3:00 pm.

Great marriages don’t just happen ~ Couples create them! Begin creating the marriage of your dreams by attending the February 15-16 Marriage Encounter. Weekends are held at Mt. Olivet Conference and Retreat Center in Farmington. Visit www.marriages.org for a listing of additional retreats or call 651.454.3238.

