

# Sacred Heart Catholic Church

202 West Maple, Frazee MN 56544

August 30, 2015

Website: <http://frazeesacredheart.org>

Here is a thought from last week's homily: *The exercise of true freedom is never about me, it is about freedom to embrace commitments that will help us to grow in holiness and lead us to eternal life.*

I want to thank all who will be involved in the religious formation and education of our children in the year to come. I want to share with you some information regarding our new Safe Environment Program, Circle of Grace

CONCEPT: Through the Circle of Grace program, children and youth are taught to identify and maintain appropriate physical, emotional, spiritual and sexual boundaries; recognize when boundary violations are about to occur; and demonstrate how to take action when boundary violations are threatened or violated. Along with a strong parent component, the program teaches children that God is with them at all times, especially in difficult situations.

Here is a summary of key Circle of Grace concepts:

GOD GIVES EACH OF US A CIRCLE OF GRACE WHERE HE IS ALWAYS "PRESENT"

- Raise your hands above your head, and then bring your outstretched arms slowly down.
  - Extend your arms in front of you and then behind you.
- Embrace all of the space around you, knowing that God is in this space with you
  - Slowly reach down to your feet.
  - This is your Circle of Grace; you are in it.

GOD IS "PRESENT" BECAUSE HE DESIRES A RELATIONSHIP WITH US

- God is with us when we are happy and sad. God does not cause bad things to happen to us. He loves us very much.
  - He desires to help us when we are hurt, scared or confused (unsafe).
- Our faith's greatest promise is not that faith gives us a perfect life, but knowing God is always "present," especially during the difficult times.

GOD HELPS US KNOW WHAT BELONGS IN OUR CIRCLE OF GRACE

- Our feelings help us know about ourselves and the world around us.
- God helps us know what belongs in our Circle of Grace by experiencing peace, love or contentment when something or someone good comes into our Circle of Grace.

GOD HELPS US KNOW WHAT DOES NOT BELONG IN OUR CIRCLE OF GRACE

- God desires to help us when we are hurt, scared or confused (unsafe).
- The Holy Spirit prompts (alerts) us that something does not belong in our Circle of Grace by giving us "a funny or uncomfortable feeling" that something is not safe. This feeling is there because God wants us to be safe.

GOD HELPS US KNOW WHEN TO ASK FOR HELP FROM SOMEONE WE TRUST

- God gives us people in our lives to help us.
- God wants us to talk to trusted grownups about our worries, concerns or "funny/ uncomfortable feelings" so they can help us be safe.

**Daily Mass Schedule –August 31-September 6**

Tues: 9:00 a.m. Neil O'Brien Family  
 Wed: 9:00 a.m. +Raymond and Lillian Buschette  
 Thurs: 9:00 a.m. +Bette Daggett  
 Fri: 7:30 a.m. +Cryil Courture  
 Sat: 9:00 a.m. +Bob Stroschein  
 5:30 p.m. +April Stenger  
 Sun: 8:30 a.m. Pro popolo

**PASTOR**  
**Msgr. David Baumgartner**

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**Secretary:**

Marlys Jacobson  
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 shfre@loretel.net  
 Office Hours:  
 Tuesday/Wednesday  
 8:00 am—3:30 pm

**Youth Ministry/DRE:**

Cheryl Stegmaier  
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 cheryls.shfre@arvig.net

**Music Director:**

April Spaeth  
 406.570.0079  
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**Diocesan Victim Assistance Coordinator:**

Louann McGlynn  
 Confidential Line:  
 218.281.7895  
[lmcglynn@crookston.org](mailto:lmcglynn@crookston.org)

**Mass Times**

Tuesday-Thursday  
 9:00 am  
 Friday 7:30 AM  
 (Care Center)  
 Saturday 9:00 am & 5:30 pm  
 Sunday 8:30 am

**CONFESSIONS:**

Saturday 4:30 pm  
 Sundays 7:45-8:15 am  
 Thursdays 8:30 am

**ADORATION:**

Tuesdays: 9:30AM-6 PM

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**All needing Safe Environment to do their Ministry must complete the new Component starting July 1, 2015, and before August 31, 2015.**

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If you are interested in sponsoring the restoration of a stained glass window, please pick up a brochure at the back of the Church.

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The Sacred Heart Church Window Fund Raiser will be Oct 9<sup>th</sup> to assist with paying for the storm windows. We are planning on a community event to take place at the Frazee Event Center. We will be having a Silent auction, Dessert auction, Dinner and a Live auction. Flyers and Tickets for the dinner will be available this week. We are also in need of items for the Silent auction. If you have an item to donate or can get a donated item, it would be greatly appreciated. We need the support of the whole Parish to make this a success. Contact Bud Hensel (334.2016) if you would like to assist or have an item for the silent auction.

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**Parishoners' Prayer Requests**

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for

- Bonnie Wallace
- Sandy Rausch
- Casey Courneya
- Connie Ulschmid
- Ken Jacobson
- Norman Buseth
- Tammy Wothe
- Barb Rice
- Jayden Wood
- Jacob Lowry
- Emily Martin
- Reid Courneya
- Bob Thompson
- Irene Adams
- Roger Wolden
- Bruce Moe
- Lisa Flynn
- Geri Jensen
- Justine Riewer

**Collection Aug 23, 2015**

Attendance: - 311

**Collection Basket**

Adult \$ 2,960.00  
 Loose Guest 302.00  
 Children 4.00  
**Total: \$ 3,266.00**

**Other Budgeted Income**

Vigil Lights \$ 27.50  
 Building Fund 66.52  
 Window Fund 60.00  
 RE Registration 360.00  
**Total \$ 514.02**

**Non-Parish Collections:** FACC--\$245

**Non-Parish Collections:** Peter's Pence--\$50

**Needed per Week to Reach Budget:** \$5,642.00—This figure includes all sources of parish income (i.e., funerals, flower collections, fall dinner, Building, Steeple, and Window Funds, etc), not just the Sunday collections.

**This week's Total:**

\$ 3,266.00  
 514.02  
**\$ 4,025.02**

**UPCOMING:**

**Sept 1: Window Fund Raiser meeting 6:00 pm @ Church**  
**Sept 1: Finance Council 7:00 pm @ Church**  
**Sept 5/6: Bake Sale after each of the weekend Masses**  
**Sept 14: Christian Mothers meeting: Rosary at 6:00 pm, light supper, meeting @ 7:00 pm**

**Ministry Schedule for Sept 6, 2015**

|                            |                   |                  |
|----------------------------|-------------------|------------------|
|                            | 5:30 PM           | 8:30 AM          |
| FCC—Dale and Tammy Sattler |                   |                  |
| <b>Ministers</b>           | Russell Karasch   | Marlys Jacobson  |
| <b>Of Holy</b>             | Linda Mack        | Heather Mitchell |
| <b>Communion</b>           | RuthAnn Lehmann   | Mark Byer        |
|                            |                   | Kathy Peichel    |
|                            |                   | Sandy Hofer      |
| <b>Lectors</b>             | Jim Courneya      | Kay Furey        |
| <b>Ushers</b>              | Adam Jaroszewski  | Kyle Wothe       |
|                            | Jim Jaroszewski   | Bud Hensel       |
| <b>Servers</b>             | Grace Jaroszewski | Chelsy Hofer     |
|                            | Cath. Jaroszewski | Zach Roforth     |
|                            | Hayley Courneya   | Ricky Roforth    |
|                            | Isaac Courneya    |                  |

Circle 5 is in charge of donuts in August  
 Circle 6 will be in charge in September

In the midst of all our pain and sorrows, we found the Lord is truly present in the hearts of all the people of our church and community who have supported us through this tragic time of losing our daughter April. Love Sue and Tim and family

**\*\*\*Youth\*\*\***

**Catechists, you are invited.**

Catechist Training--"Best Practices" Deanery Sessions: The Office of the New Evangelization is offering its annual training session, "Catechists' Best Practices," in each deanery this fall. In anticipation of the new teaching year, you are invited to attend a session. This will benefit all parish catechists and youth ministry volunteers, pre-K through 12th grade. The principles articulated will be relevant to RCIA Directors as well. Light snacks will be provided. Wednesday, September 16th, 7:00-8:30 p.m., St. Michael's Catholic Church, Mahanomen. Please RSVP to Cheryl so we know how many are going and can rideshare.

There will be a **Parish-wide Bake Sale** on Sat Sept 5 from 5pm-7pm and Sun Sept 6 from 8am-10am. Proceeds to go to Children's RE programs.



The Catholic Daughters of Holy Rosary in DL would like to extend a warm invitation to all the ladies of Sacred Heart Church to our "Beach Themed" picnic on Monday, August 31. Rosary is at 4:45 pm, Mass at 5:15, and the picnic at 6:00. Hope to see you all there. CDA Officers

**Sept 13, 2015: Assumption Catholic Church, Callaway, is having their annual Roast Beef Dinner, 10:30 am-1:00 pm. All are invited. See the bulletin board for more details.**  
**Aug: 30, 2015: Divine Mercy Holy Hour, St. Henry's Perham, starting at 3:00 pm.**  
**Sept 18, 2015: Toast to Tamarac—Wine Tasting & Live Music, 4:00-8:00 pm at the Richwood Winery (see bulletin board for more details)**  
**Sept. 19, 2015: 100-year Centennial Celebration at St. Ann's Catholic Church, Goodridge, MN—Begins with Mass at 4:00 pm.**